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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hair Extensions - The Long And The Short Of It

By Lucy Bartlett

Our hair often reflects the state of our health. Healthy, long and silky hair can radiate fitness, youth and beauty.

To make our dream of long and beautiful hair come true, try the very popular instant hair extensions. To make hair grow long, it will take at least five to six years since hair grows at a very slow rate of 1 centimeter per month. You can get your hair extended to 21 inches just in few hours. You can use either synthetic hair or real human hair for hair extensions. Human hair extensions look more natural than the synthetic hair extensions. Synthetic hair cannot be exposed to hair driers or blowers, which is one of the drawbacks in using them. Synthetic hair is cheaper than human hair extensions. The Price of human hair extensions depends upon the style, length and quality. The uncolored and untreated hair extensions are often the most durable.

Tape-on hair extensions and clip on hair extensions are very easy to apply in the comfort of your own home. Adding length, volume, fullness or highlights are also very easy. These undetectable hair extensions can be taken in or out in few minutes. Without any chemical processing or damage to the hair, highlights can be added personally and save money and time too. There are a lot of different varieties and designs of clip-on or tape-on hair extensions available for selection.

The first and foremost choice of many is a hundred percent human hair extensions, which comes in lengths of 18 inches and 22 inches and in ten different colors. The two unique designs are body wave or silky straight. You can wear the body wave either straight or curled. It feels very soft to the touch and adds fullness. It can be used in long or short hair. Silky straight hair extensions remain straight and soft to the touch. It also holds a slight curl. It should be added on long hair only.

Braids are a comparatively cheap and easy way to extend the hair. It is one of easiest "do it yourself" styles if you have packets of synthetic hair, time and strong arms. If you have a friend to help you with the braids in the back, it will be easier still. If natural hair is around 3 inches long, then adding braids to it is easier. Do not waste your money by using expensive monofibre synthetic hair. Around six to 9 bags of synthetic hair is needed to do a full head of braids.

Lucy Bartlett is a proud contributing author. Find more articles at

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For more info visit

<http://hairextensionworld.info/>

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<http://hairextensionworld.info/human-hair-extensions.html>

Hair Extensions – The Fast Way To Grow Your Hair Out

By Julia Brown

Some people who weren't blessed with good hair are actually envious of those people who have the luxury of being able to wear their hair long and keep it that way in spite of whatever hassles that long hair may bring to a person. From taking a longer time in taking a bath as well as having to deal with all sorts of monthly hair treatments just to keep that long hair in tip, top, shape.

Fortunately, for those who are at times in the mood for longer hair, there are actually hair extensions that are proven to be a safe and fast way for people to be able to have longer hair. Through hair extensions, people will be able to have the length of hair that they want whichever time they want their hair to be long and for only several days (which means people who have hair extensions need not to worry about the hair extensions upkeep in the long run). Hair extensions are actually great for people who are thinking of growing out their hair into a long, luxurious mop from a short, boyish style hair cut.

Have you even noticed that a lot of celebrities nowadays tend to sometimes have longer hair then shorter hair the next? Well, it certainly is not a work of magic but a breakthrough in the field of both beauty and fashion wherein top hairstylists nowadays are doing these hair extensions on people who do not have the patience nor time to grow their hair long. When it comes to growing one's hair, there are certainly a lot of things that a person needs to do in order to keep it looking beautiful. Of course, when it comes to growing one's hair, it is highly important that you actually maintain it in a good condition otherwise long hair will just make you look untidy.

Through hair extensions, having long hair is really a breeze. You just come in the salon and have it made and after a few hours, you have perfectly nice long hair. Hair extensions are actually highly in demand hair treatments at the salons nowadays wherein a lot of their clients all want to have some hair extensions added to their natural mane in order to look a little more girly, sophisticated and even a bit sexy.

For most people who come to the salons for a hair extension treatment, they usually opt to have the human hair extensions in order to achieve a natural look as compared to the synthetic type of hair extensions that actually has a different texture. And since human hair extensions are highly in demand

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nowadays, be prepared to shell out a little more cash for these human hair extensions, because human hair extensions can actually set you back around \$1,000.

If you are worried about having to spend the whole day at the salon while having your hair extension treatment, then you really need not worry about a thing since having a hair extension treatment is actually a quick and easy method wherein you will end up with a wonderfully dramatic fix for your hair and the hair extensions can actually last you for five full months (but of course, you need to be go on a little easy when you brush, style or wash your hair).

Another popular option when it comes to having hair extensions, is to have the synthetic type of hair extensions which is the less expensive choice as compared to the human hair extensions and contrary to what other people might say, synthetic hair extensions actually looks just as natural as the human hair extensions that are extremely pricey.

But how are the hair extensions actually applied to your natural hair anyway? Well, the hair extension

is actually placed on a small part of your hair. Your hair and the hair extension will be sort of braided together so that the hair extension will have something to hold onto. Next, after the braiding session of the hair extension treatment comes the bonding session wherein a bonding solution for your hair extension is applied then heat will then be applied to the treated area which will secure the hair extensions to your natural hair.

For more great wig and hair extension tips and ideas check out:

<http://www.lookingforwigs.com>

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