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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Hair Loss**

**By Ray Cunningham**

To all bald-headed men.

When you drive at night do you have to turn your head down to low beam?

Yes, there are many such thoughtless jokes about baldness, in both males and females. However, loss of head hair really is a problem, which causes a great deal of worry and unhappiness, to those afflicted.

Hopefully, there may be some help and answers for you, within this web site. It is often easier to reduce the ageing and thinning of healthy hair, than to regrow into follicles that are already dormant.

Reversing and preventing further hair loss may also be possible. Some products and techniques could be:

Topical ketokonazole, an anti-fungal/5-alfa inhibitor of reductase. Finasteride and/or minoxidel, known in the United States as propecia and Rogaine, or Rogeine, respectively. Placebos have average results, but not usually as high as other specific products Hair cloning, or multiplication, using self replenishing follicle stem cells. Hair transplants have been used for many years. To lower androgen levels, aerobic exercises may be beneficial. This may also help stress reduction which can be an aid to slow the loss of hair. Senanoa repens/saw palmetto, a DHT inhibit talk and a herb. Fewer side-effects and less expensive than products such as dutasteride, or finesteride. Resveratrol is a lipase inhibitor, made from grape skins. Chinese herbs and Chinese medicine may be tried. Seek help from qualified acupuncturists, herbalists and holistic medicine practitioners. Beta Sitosterol, found in oils of seeds, may also help by lowering cholesterol. Use an extract, as the heavy consumption of oils can aggravate the hairloss problem.

As we all know, baldness in males, is more common than females - thank goodness!

Baldness can be caused by a number of factors, including the trigger, an enzyme called 5-alfa reductase, which converts testosterone into dihydrotestosterone - DHT, which can inhibit growth in genetically fine hairs. Some female baldness may be a result of an oestrogen reduction. Oestrogen

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usually counteracts testosterone's balding action. Tight ponytails and corn rows, could also contribute to female hair loss, as may constantly wearing a hat.

This short article can, in no way, cover the wide spectrum of causes and treatments for hair loss. Search the internet through search engines such as Google, etc and seek help from alternative health practitioners, as well as traditional western medicine.

Ray Cunningham is an owner of two diplomas of acupuncture. One from Australia. The other from Hong Kong. At the moment he resides in Central Florida, U.S.A.. For more information, go to his website at:

<http://hair.raygc.com/>

### **Best Male Hair Loss Products**

**By Oliver Turner**

The worse part of getting older is joint aches and loss of hair. Chances of getting bald are more if you are a male and your age is more than 45. Alopecia or male pattern baldness is genetic in character. Medical hair transplants are used by many people every year with surprising results to overcome this problem. But hair transplant is the last solution of hair loss problem. Some hair loss remedies are available in the market for hair loss prevention. Moreover, you can stop hair loss with the use of best hair loss products (allopathic). With the use of hair loss products, you can simply stop hair loss, no new hair growth will occur.

Alopecia or male pattern baldness is not a scalp related problem. Alopecia occurs as a result of chemical reaction between oil glands found in the hair follicle and testosterone. When testosterone (male hormone) transforms into DHT, reaction causes follicle to shrink. But there are hair loss products available on the market, which works against the production of DHT. You must buy a hair loss product, which contains ingredients like pro-vitamin B5, saw and palmetto zinc. These kinds of hair loss product are designed to keep your hair on your head.

If you want to stop hair loss, you are recommended to use hair loss products like Propecia and Rogaine. These hair loss products are available at drug stores and you can even order Rogaine online. If it is already late and you are bald or have significant thinning, then you must think for a hair loss treatment. Medical hair restoration will be the best option for your problem. Results will be full head of natural hair. This process is not painful, but you will feel some swelling and discomfort. Your dermatologist will help you to select a hair loss product or hair transplant process, which will meet your expectations.

We have made a research to find the best hair loss products. Find the results only on

[http://www.leandernet.com/Hair\\_loss/Hair\\_loss\\_treatment.php](http://www.leandernet.com/Hair_loss/Hair_loss_treatment.php)

. All about Hair loss on

<http://www.leandernet.com>



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