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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hair Replacement And Restoration Techniques

By David Riewe

There has been a great deal of progress in the field of hair replacement and restoration in the past

few years. Surgical techniques have improved greatly from the days when hair replacement first began. All hair replacement techniques involve the use of your own hair; therefore, hair replacement candidates must have some healthy hair, usually at the back and sides of the head. The process is a relatively safe procedure when performed by a qualified surgeon, however as with any surgery there are risks. Candidates must be checked for uncontrolled high blood pressure, blood-clotting problems, or skin that scars excessively, as these conditions may make healing difficult. Small pieces of hair growing scalp grafts are removed from areas of the scalp with healthy hair and are placed where hair is thinning. There are three major types of grafts: punch grafts, mini-grafts, and micro-grafts. Punch grafting takes about 10-15 hairs and places them in the scalp. This was the first type of technique to be developed, and when first developed caused a patchy look in many candidates. The technique has been improved since the first days of being developed, and the new mini-graft technique has also been added as an option. Mini-grafts contain only 2-4 hairs per graft, and therefore look much more natural. Micro-grafts are still smaller grafts that contain one to two hairs each. To maintain healthy circulation of the scalp, grafts are placed 1/8th of an inch apart. Local anesthesia is usually sufficient for these procedures, and several procedures are usually required to achieve the desired result. Post-surgery, a period of approximately 10 days of no sexual or strenuous activity is recommended, as strenuous activity may cause bleeding from the graft areas.

Of course surgery is a serious option, and often an expensive one as well. For those not wishing to undergo surgery for either reason, the option of non-surgical hair additions is often explored. Many professionals have developed techniques to add hair to existing hair on your scalp that look very natural. Weaves, fusions, bonding, cabling and micro linking are some of the techniques used to bond hair to the existing hair or scalp non-surgically.

Many jokes were made in the past about wigs and toupees, and they have gained an unfavorable light amongst many people because they were so obvious on the wearer. Today's toupees and wigs are often made of real hair and are very well styled, causing them to look ore natural on the wearer. These hairpieces are held in place by affixing adhesive to the scalp and stay in place through vigorous exercise. Of course you will need to seek a professionally made toupee in order to make it worth your

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while, and you should purchase at least two so that you can maintain them properly, servicing one while wearing the other. A professionally styled and fitted toupee is expected to cost upward of \$600 to \$1000 in today's market. Of course no one wants to go through the embarrassment of wearing the obvious "rug" on top of your head, so if you are not willing to spend the money it takes to purchase a professional toupee then it is probably best to not wear any hairpiece at all.

Structured hairpieces as they are called are a semi-surgical approach that permanently attaches hair to the scalp by stitching the hair to the bald scalp. This procedure is not recommended, as it is a process that involves introducing a foreign material to the scalp. Most ethical surgeons do not perform this procedure any longer as they are generally deemed to be ethically inappropriate. If this procedure is recommended to you, get a second opinion from a trusted physician.

A much safer procedure is hair weaving, yet this can only be used if hair is thinning and large balding areas are not present. The process is also called hair intensification or hair integration. Strands of

synthetic or real hair are braided or weaved into your own existing hair giving an appearance of a full head of hair. This procedure does have its drawbacks, because it can make the scalp difficult to access, interfering with proper hair and scalp maintenance necessary for the health of your remaining natural hair, and this method can also stress existing hair since the artificial hair introduced through weaving is attached to it. This method is usually expensive, costing several thousand dollars per application, and being that because of the aforementioned drawbacks it can only be left in for a few weeks at a time it is usually impractical for the average person.

It is highly recommended that one seek professional assistance with these procedures from licensed beauticians or barbers, and have a patch test done to the skin if using adhesives to test for skin sensitivities. Extra care must be taken to maintain cleanliness of the hair and scalp when wearing added hair in order to maintain the health of existing hair and the scalp in general. Of course, if you are undergoing chemotherapy or are in the early stages of diagnosed alopecia areata then these procedures should be avoided as the hair they are connected to is likely to fall out as well. Either waiting for a period of time or obtaining a full prosthesis is recommended in these cases.

Yet still there is another type of treatment which is a spray of micro fibers made up of the same substance that hair is made of: keratin. If your hair is simply thinning, while you are investigating a more permanent solution to your hair loss problems or in the process of employing a particular process that takes some time, you can use these substances to cosmetically produce the appearance of thicker and fuller hair. The substance is marketed under several different names, one such being Topik®. Being a temporary solution it is relatively inexpensive, and can provide some immediate aesthetic results to bolster confidence and optimism as you work on more permanent solutions.

David Riewe is the Editor of Daves Health Buzz. Daves Health Buzz covers a wide variety of health and wellness related topics. Warning: This report may be helpful to your hair!

<http://www.daveshealthbuzz.com/hairlossprevention/>

Hair Replacement - 10 Things You Need To Know When Considering A Hair Replacement

By Paton Jackson

Hair replacement is becoming more and more popular in the recent years among people who suffer from hair loss. Due to the advance of medical technology, hair replacement became more common - its prices got more reasonable and its outcome got better.

If you consider having a hair replacement, read the following first:

1. Permanent hair transplant surgery is not new. Actually, the first hair transplant surgery was held over 30 years ago.
2. Hair replacement transplant uses only your existing hair. That's why in order to get a hair replacement transplant you must have hair in good condition at the sides and at the back of your head ("The donor areas")
3. If you have almost no hair left over your head, hair replacement could not help you. There are different techniques of hair replacement transplant according to the ratio of hair fullness required.
4. Hair replacement is not only for men - It could be a good solution for female hair loss in some cases.
5. Hair replacement surgery is usually safe and has no side effects. However, in some cases there could be infections like any surgery.
6. Hair replacement surgery is normally performed using a local anesthesia; you should little or no pain at all.
7. Hair replacement process requires several sessions with an interval of a couple of months between them. All the process can take up to two years.
8. You will be asked to refrain of any sport activity after each hair replacement session.
9. Make sure that your physician has performed a lot of hair replacement processes and that he knows and has an experience using all the different techniques.
10. Hair replacement is a completely individual process. You must ask the physician how your hair will look after the process.

Hair replacement is a legitimate hair loss solution. However, it is an extreme one. We strongly advice you try other hair loss solution before trying this one.

911 Corp. executed an independent research to find the best hairloss solutions. Find out all about the results and other hair loss information on

<http://www.911stophairloss.com>

- All about hair loss



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