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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Have Fun While Having Car Travel**

**By Susan Wong**

It is fun when you are taking road trips. Even the gasoline's price is keeping rising, families are still

taking road trips. Or maybe because of the higher air fares caused by higher gas prices, people are opting to take more trips by car. Kids get bored riding in the car. If the children are bored, they start to pick on each other or insist on asking the dreaded, "Are We There Yet?" question that all drivers love to hear every 10 minutes. Below are some suggestions to keep your ride fun and most importantly, peaceful!

Assuming your children are old enough to read or at least recognize letters, alphabet game is a great game to keep young travelers occupied. There are a few variations. They must find the alphabet, starting with A - on signs, billboards or license plates. You can make up the rules if you'll use a combination of sources or just stick to one (it's harder and takes a lot longer if you limit it to just license plates.) The next big decision you need to make is whether or not the word must start with the letter you're searching for or if it just has to contain the letter. For example, if you're looking for B, and drive past a Burger King restaurant, then you have your B, and can begin looking for C. If you decided it's ok to find the letter anywhere within the word, then you could also claim the E, in Burger King. The key is that you must find these letters in sequence. You can't claim an E if you haven't found a D yet. Nor can you say "There's a D on the street sign Doors R Us... and there WAS an E on Burger King." There are no retro rules allowed.

Another variation of the alphabet game is that you have to find objects that begin with each letter. If you drive past a red barn, you could probably claim either an R (red) or a B (barn), depending on which letter you need next. There's always the trusty I SPY game. I spy something green and it's outside (as opposed to inside the car). Riders take turns looking outside for something green. If you're driving, chances are the object will pass by quickly - so participants have to be alert. Or perhaps you spy something black and inside. Possible guesses would be the steering wheel or Mom's purse.

Equally important to the entertainment is the intermission. Take frequent stretch breaks. Even if you're on a tight time frame to get to your destination, if you let others have a chance to get out of the car, to tap a kidney, have a snack and get some fresh air, your road trips will be much more enjoyable for all involved! Have fun!

## Have Fun While Having Car Travel

Susan Wong maintains many interesting websites about travel, including

<http://www.chicagolimousinesecrets.info>

,

<http://www.hummerlimousines.info>

, and

<http://www.limosecrets.info>

.Please visit her websites and find many more information about travel.

### **Travel Safe With Adequate Car Insurance**

**By Elizabeth Newberry**

Americans love to travel, there's no doubt about it. Whether we're headed to one of the coasts for some fun in the sun at a beach, or to the mountains to hit the ski slopes, we're traveling all over the country every season of the year, which makes having adequate car insurance even more important.

Today, all 50 states require some form of financial responsibility when it comes to automobiles. Some states require actual car insurance from a licensed car insurance company, and some merely require us to provide proof of financial responsibility should we find ourselves in a motor vehicle–related accident one day.

Even though it's illegal to skip out on your state's car insurance or financial responsibility requirements, the fact is that many people do skip out. This is why it's so important for you to protect yourself with adequate car insurance or financial responsibility, especially if you frequently travel. When we travel, we aren't always familiar with the interstate highways and smaller town roads we drive to get to our destinations. Other drivers may be just as unfamiliar with the roads as you are. This unfamiliarity can lead to motor vehicle–related accidents.

If you're involved in a motor vehicle–related accident with a driver who doesn't have any car insurance, much less adequate car insurance, you'll be able to rest assured that you'll at least be covered. You can do this by not only meeting your state's car insurance or financial responsibility requirements, but by exceeding them. Consider going beyond just purchasing liability insurance and purchasing full coverage insurance. You should also look into underinsured motor insurance coverage - this will protect you in the event that you're involved in an accident with a driver who has no insurance, or not enough insurance, to cover physical and property damages.

Whether you plan to travel across the country or down the street, make sure you're protected with adequate car insurance!

<http://www.myquoteguide.com/Car-Tips.shtml>

<http://www.ezquoteguide.com/home/>

<http://www.ezquoteguide.com/car/>



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