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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hawaii Volcanoes

By Gayle Olson

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The Island of Hawaii is made up of five volcanoes. Each began to grow beneath the sea and eventually joined to form a single island. The volcanoes grew from a hotspot beneath the sea. The chain of volcanoes were created as the Pacific Plate moved northwestward over the hotspot. Kohala was the first to emerge from the sea followed by Mauna Kea, Mauna Loa, Kilauea, and Loihi. Activity has ceased at Kohala and now the most activity has been occurring at Kilauea and Loihi.

Loihi is still beneath sea level about 20 miles off the southeast flank of the island. A scientific team has installed underwater cable to Loihi. On October 12, 1997, the cable was laid and scientists discovered that Loihi was in full eruption. The communication cable provides a direct connection to Loihi. In the past, instrument experiments had to be dropped off at the seamount and later physically picked up by a submersible research vessel to recover the data.

What sort of results have scientists received from the communication cable? An underwater microphone called a hydrophone is sending back sounds of popping, booming and crashing. This may be the first real-time monitoring of an undersea eruption. Once the cable was installed and tested, scientists linked up the communication system to carry data first to the Hawaiian Volcano Observatory and then to Oahu where it is available for researchers.

Entire article and related Internet resources:

<http://scienceforfamilies.allinfo-about.com/features/hawaii/volcanoes.html>

Hawaiian Cruise Guide

By Jonathan Medcalfe

Experiencing an Hawaiian cruise is a dream come true for many people around the world. Very few travel adventures can live up to the thrill of sailing out into the depths of the Pacific Ocean on a luxury

Hawaii Volcanoes

cruise liner in search of a paradise that is Hawaii and her neighboring islands. And what a paradise it is too!

Golden sunsets, sun-drenched sands and palm trees swaying in the warm gentle breeze await all who take a Hawaiian cruise. Is there anything on Earth that could rival sipping your favorite poison while watching the sun dip down below a watery horizon – all to the gentle sound of wavelets breaking on the golden sands of Hawaii? For many, this is paradise found!

For U.S. and Canadian citizens, Hawaii cruises depart from numerous seaports along the west coast of North America. Vancouver, Seattle and San Diego are the main ports of departure to Hawaii, although several of the other ports up and down the coastline offer cruise services to Hawaii too.

Hawaiian cruise vacations normally comprise of a round-trip of 15–18 days and take in Hawaii and one or two ports on the other islands in the group. One-way cruises can also be booked where passengers opt to fly back home from Hawaii. Many companies also offer extended Hawaiian cruise vacations of 25–30 days or more. These extended cruises are an excellent choice for those wishing to experience a more intense adventure in Hawaii and also for those who would like the opportunity to spend some time on the other islands of Maui, Lanai, Oahu and Kauai.

Aside from lazing on the pool deck and soaking up the sun on the beautiful beaches of Hawaii, a Hawaii cruise offers many shore excursions to satisfy even the most restless of vacationers. On the Big Island itself you can turn intrepid adventurer and explore the dormant volcanoes of Mauna Kea or the smaller Kilauea crater. If you don't fancy the hike you can always do a Circle of Fire tour by helicopter.

On the south side of the Big Island near the port of Kona is the Kona Cloud Forest botanical walk. You can also enjoy many varied types of watersports here, as well as taking a passenger submarine down to explore the 25 acres of coral reef in the vicinity.

Further afield, a Hawaii cruise lets you relive the drama of Pearl Harbor on the island of Oahu, as well as providing an opportunity to explore the beautiful city of Honolulu. You can go in search of whales off the shore of Lanai Island, and even head off into the rainforest of Kauai in a 4x4! So, whether you want endless days of relaxation, the ultimate in outdoor adventure or a bit of both, an Hawaiian cruise could be the dream vacation for you.

Jonathan Medcalfe is a freelance writer and researcher and is dedicated in bringing information on cruise related issues. If you want more information about interesting cruises then visit his web site here:

<http://www.fgcruise.com>



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