

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Help Your Children to Love Reading**

**By Tracy Catarius**

**Help Your Children to Love Reading**

by: **Tracy Catarius**

It is so important to create an environment that promotes the love of reading. Not only is reading necessary for survival in today's world, it is educational, it sparks imagination, it is a stress reliever, provides entertainment and enjoyment, the list goes on.

Here are some ideas to help you help your child love reading.

The most important thing a parent can do to teach a child to love reading is for the parent to let the children see how much you love reading. You need to set the example.

Set aside a time each day when everyone in the family reads. Perhaps it is for half an hour after school or before bed every day. Be consistent.

Read to your children. Even after they are old enough to read themselves, it is still a treat to have a parent read to them.

Never punish your child by taking away books.

Share books you loved growing up.

Create a tradition of reading one chapter from a book each night before bed. I remember a teacher in the fifth grade would read a chapter each day from "Mrs. Frisby and the Rats of Nimh" by Zena Bernstein (Illustrator) and Robert C. O'Brien (Author). I looked forward to class every day so I could find out what happened next!

Start a family book club. Everyone reads the same book and pick a night to discuss it. I suggest checking out copies from the library, I wouldn't want to buy several copies of the same book. Or you can take turns reading from the same book.

## Help Your Children to Love Reading

Every child should have a reading nook in his or her bedroom. A simple beanbag chair or other cozy chair, a small table with a reading lamp and a small bookcase are all that is needed. If space is especially limited, just a comfy chair and reading lamp will suffice.

Creating a calming, relaxing space in your child's room is also important. There should be no television or video games in the bedroom. The room should also be neat and not have a lot of stuff. Studies show simplicity and neatness are calming where a lot of stuff or messiness can clutter the mind.

If your children are small, perhaps the reading nook should be either in a common room or the parent and child should each have a chair in the child's room.

Let your child choose his or her own books. Don't limit the reading material (within reason) they choose. If s/he wants to read educational books, comic books or music magazines, let him/her. The

goal is to let your child love reading.

If all your child wants to read is magazines or other reading material you consider not great, then perhaps you can find something your child is very interested in and find books on that subject. If your son is only interested in reading music magazines, perhaps you can buy books such as a biography on one of his favorite musicians, books on musical history, books that teach how to play music, etc.

I hope you find some useful ideas. Remember, the family that reads together, stays together. Have fun!

Tracy Catarius is the owner of Greatest Kid's books, a site devoted to children's education and Mattcmama's, a resource site for parents. You can visit these sites here:

and

. She lives in Massachusetts with

her husband and is the mother of one son and one daughter. She also has a personal family library of approximately 1,000 books on various subjects.

### **The Importance of Teaching Children to Love Reading**

**By Paula Wilson**

Alot of children today are not developing a love of reading that will help them be successful adults. As parents, our fundamental duty is to prepare our children for adulthood. We give them our love and our time, and by doing this we are preparing them to face the world. Teaching them to read and to love reading will also help prepare them to face the world with confidence and to be successful. Let us not forget what our job is as we continue to help our children grow into healthy and happy adults.

One of my favorite pictures of me was taken when I was about 11/2 years old. I was sitting in a little

## Help Your Children to Love Reading

red rocking chair made by my grandfather reading a book to a big orange a white cat who was sitting in my lap. I am 28 years old now and two of my greatest loves are reading and cats. Ok, maybe my love for cats has not made me successful, but I know that my love for reading has helped me become the person I am today. I am so grateful to my parents for instilling in me a love for reading and education. I don't remember sitting in that little red chair reading that book, but I do have very fond memories of my mom and dad reading to me, helping me learn to read, and later on helping me with my homework. Because of that healthy respect I have for education, I was able to succeed in college and graduate school. I have a 11/2 year old son now, and I know how important it is to teach him to have a love for reading. I hope that all parents will realize this and will get their children involved in reading at an early age.

Paula Wilson is the mother of a 1 year old son. She has developed the WAHM website

. She is an Independent Consultant for Usborne Books, and her

website can be found here:

### Related Content:

The Importance of Teaching Children to Love Reading

Let's Read! The Benefits of Reading to Your Children

Learn Ways To Read To Your Child

Need To Recapture The Magic Of Christmas? Try Inspirational Christmas Stories!

A Child Bookshelf: A Treasury Of Tales

Read more Content at

### Related Products:

Help Your Child Succeed In School

The Alphabet of Birds

Bread And Biscuit Baker's And Sugar-Boiler's Assistant

Disaster Preparedness and Crime Protection Manual

Use and Abuse of Steroids

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**[100% Effective Natural Hormone Treatment](#)**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**