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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Helpful Hair & Beauty Tips

By Rahul Mehra

Hair has been very important aspect for individual personality and this hair fashion is here to stay.

The first signs of grey hair always triggers the panic button, which is when one resorts to the innumerable beauty aids.

I thought the internet is invaluable when it comes to information about just anything so why not the hair, hair styles, hair tips. So with the help of Nadeem Ahmed, hair stylist who is also a computer wizard and also featured in Limca book of records 2005 by cutting hair with candle, blindfolded we have gather links to websites that talk about your hair in detail, giving you tips for its care and treatment.

Boss hair:

<http://www.bosshair.com>

Hairstyle divas combing through the net for hot tips, cool tools, and trendy new hairstyles that girls like us wanna wear. Best for hair tips, hair styles everything related to hair. They say they're number 1! They're hairologists in overdrive, combing through the net for hot tips, cool tools, and trendy new hairstyles that girls just like to wear.

Salon Web:

<http://www.salonweb.com>

Another very good site for the hair care, In other words it world's hair site!! Hair Vitamins for better hair styles. Hair care relating to great short to longer hair styles. Whether you have dry hair, frizzy hair, slow growing hair or color treated hair this is a great place to start. Hair message board, hair newsletter, and hair care tips will all be found at Salonweb. The site also gives you articles on hair loss treatment. It has an hair expert page where you can ask questions and get answers.

Behind the chair:

Helpful Hair Beauty Tips

<http://www.behindthechair.com>

This site is devoted to serving the professional salon industry with original content, resources, and education for hairstylists, manicurists, estheticians, massage therapists, and other beauty and wellness professionals. Find information about hair, nails, skin, make-up and fashion, the latest collections and trends from the experts.

All about hair:

<http://www.geocities.com/HotSprings/4266/hair.html>

This is a must see hair site. Hair tips, hair advice, hair styles seriously its the best, you will have all the knowledge of hair, hair chemistry and everything even the details of the ingredients, chemical services & chemistry. All about hair' solves many of your concerns about shampoo, conditioners, styling, dry hair, perms and colour.

Hair Boutique:

<http://www.hairboutique.com>

Its hair Care & Hairstyle Consumer Oriented Site on the Web!! everything is there on this site and for everyone from consumer to professionals! Shop for hair & beauty care products, Lots of articles on hair care, special column of the expert and above all the best hair style gallery for the latest styles and yeah daily hair tips

Web Store:

<http://www.folica.com>

It is one of the most popular webstore specially beauty products. This site gives you information about hair loss treatments and lets you order products online and make sure you check all the security information first before buying the products!! The site also has information on hair loss, hairstyling, treatments, fashion accessories, and natural health and beauty.

Modern salon:

<http://www.modernsalon.com>

MODERNSALON.com is the official web site of MODERN SALON Media, which includes MODERN SALON, SALON TODAY and PROCESS magazines. MODERN SALON Media is the professional salon industry's most complete connection between salon professionals, salon owners and providers of professional salon services and products. you will find lots of good stuff here

Nadeem's Lounge:

<http://zulfmakers.8m.com>

Its the website of one of Nadeem, who helped us in writing this article! Nice site with more information about this record holder hairstylist, his credentials!

Free lancers fashion journalist

Invigorate Your Damaged Hair With Split Ends Prevention Tips

By Alan Anderson

Hot air and dry weather makes your hair loose its moisture and become brittle. The worst condition to every girl's eye is the occurrence of split ends on hair.

Split ends generally mean the splitting of hair fiber. It happens when the protective portion of the hair called cuticle, gets damaged. They can occur anywhere on the hair shaft, but mostly they are seen on the tips of the hair.

First of all it is important for one to understand what causes the hair ends to split. There are various causes of split end in hair. Over dispensation of the hair with gels, chemicals etc. and brushing the hair harshly can cause split ends on hair. Using a brush on wet hair or combing the hair with uneven teeth in combs can also harm the hair. Coloring the hair often, also damages them.

Split ends stop hair growth and result in broken hair. You can make your hair glossy and grow longer by simply following a certain tips on hair care to prevent split ends and broken hair. To keep your split ends in check, you do not require going to a salon every week. Fashion and beauty industry has invented certain home remedies for treating your dry and damaged hair.

Follow the subsequent hair care tips to rejuvenate your broken hair.

• Split ends once occurred cannot be repaired. They have to be removed. Take small sections of hair and twirl them gently in a downward motion. The split ends will automatically split out. Then carefully shear the split ends with a sharp scissors. Be cautious while removing the damaged cuticles and do not cut the thick layer.

• Make a protein–shake recipe. Mix 2 tablespoons of soy protein powder with a cup of milk, ½ cup of fresh fruits in a blender. Make a smooth paste. Apply this paste on your hair once a week to silken them.

• Do not go in to the open heat without covering your hair.

• Take a balanced diet.

• Drink plenty of water.

Helpful Hair Beauty Tips

i½ Trim your hair at regular intervals.

i½ Do not forget to apply a conditioner after shampooing your hair.

i½ Massage the scalp with warm oil at least twice or thrice a week.

i½ Using mayonnaise or beer on your hair can add up to the lost moisture.

i½ Do not use a brush on wet hair. Use a wide toothed comb instead.

A variety of hair care products are also available in the market. Shop around and select an appropriate product for treating your damaged and broken hair.

Healthy hair adds grace to your beauty. Take good care of your hair to avoid the occurrence of split ends. Follow the split ends prevention tips and enjoy having long silky hair.

Alan Anderson writes on health, beauty and hairstyles. He has been working in the same field and writes informative articles for Hair Care subject. To learn more about Hair Care tips, Hair Care Products, Hair Loss treatment visit

<http://www.haircaretips.net>



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