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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hemorrhoids Description, Symptoms and Treatment

By Mike Mansell

What are Hemorrhoids?

Hemorrhoids (or piles as they are more commonly known) are simply the veins in your anus which have become distended (swollen with blood). This is very similar to varicose veins, where the vein becomes large and lumpy, only these veins are around the anus which makes it a bit more embarrassing.

The vein swelling can affect the part of the anal canal just above the sphincter where it is less well supported and protected causing Internal Hemorrhoids. Or it can affect the veins at the lower end of the canal causing External Hemorrhoids. Either of these types can exhibit the same kinds of symptoms and are generally quite uncomfortable in most cases.

Hemorrhoids affect approximately 50% of the population and appear to be distributed evenly across both male and females although anecdotally, it appears that pregnant women are quite susceptible to this condition.

What are the symptoms of Hemorrhoids?

There are a number of symptoms of Hemorrhoids which as is usual with most medical symptoms could be any one of a number of medical conditions. The best advice anyone could receive if they're not sure, is to see a doctor as soon as possible. Some of the other conditions which have similar symptoms to Hemorrhoids range from things like threadworm and colon cancer. It is always best to go to your doctor and find out that you have nothing to worry about than to not go and only find out when the condition has become a lot worse than it could have been.

The main symptoms of Hemorrhoids are

Passing bowel movements are painful.

You have an itchy anus.

Hemorrhoids Description, Symptoms and Treatment

There are one or more painful or tender fleshy lumps in the anus area.

There is a feeling that your bowels are never empty.

Normally these symptoms are at worst uncomfortable and don't stop you from conducting your day to day business. However, in a few rare situations, they can be very painful if they are associated with a splitting of the anus (known as an anal fissure).

What is the treatment for Hemorrhoids?

In most instances, Hemorrhoids can be treated successfully without any professional medical intervention. Despite that though, as I mentioned earlier, it is always best to consult a doctor if you're unsure or the condition lasts for more than a couple of weeks.

Some examples of the treatment for hemorrhoids are to eat a lot of foods rich in fibre. This can help to prevent constipation which can aggravate the condition.

Closely related to constipation, is to avoid straining and to use soft toilet tissue. Then wash the area with warm water.

From all pharmacies, you should be able to buy some creams over the counter called Corticosteroids which contain a local anaesthetic and will soothe the pain and discomfort. They are not recommended for long term use though.

There are three other treatments which all require you to visit a medical practitioner.

The first is where a chemical is injected into the hemorrhoid which causes them to shrivel up.

The second way, is called Banding. Where a rubber band is placed around the base of the hemorrhoid. The Hemorrhoid then shrinks and eventually falls off.

The final option is surgery called hemorrhoidectomy which is only conducted very rarely as less traumatic methods named above are used. This option would normally be used on internal hemorrhoids which are very large.

If you want to read more about this subject from other people visit my website

Hemorrhoids Info

where you'll find lots of useful information on the treatment and symptoms of Hemorrhoids. Also related to this topic are

Constipation cure

Hemorrhoids – What Do I Need To Do?

By Rudy Silva

Hemorrhoids – What Do I Need To Do? by Rudy Silva

There are many unpleasant symptoms and diseases associated with constipation. Hemorrhoids is one such symptom and many doctor or practitioners say, "it's not a serious condition." As a natural nutritional consultant, I say, "Hemorrhoids is a condition you need to treat or better yet eliminate."

You need to listen to all symptoms you have to decide if you need to take some action to correct the cause. Some times just acknowledging a simple symptom is enough for symptom and the cause to disappear. Hemorrhoids, whether simple or severe, are telling you there is something wrong somewhere and "I hope you take care of it before it get worse."

Taking care of hemorrhoids or the hemorrhoid symptoms is the first thing you should take care of. Then, you want to concentrate your effort on the cause of these hemorrhoids. In this way you can help to eliminate your hemorrhoids and prevent them from coming back.

The first signs of hemorrhoids are when you need to take action. Don't wait until your hemorrhoids get large, give you pain, start bleeding, or protrude.

The first question you should ask about hemorrhoids is what caused them.

What causes hemorrhoids?

It is always the cause of an illness that you try to eliminate. Doctors don't always have the time to determine what the cause is so they will treat the symptom to get rid of it. The result is that your illness will come back or the symptom will come back or appear as a different symptom.

Hemorrhoids are cause by excess pressure in the rectal veins and the veins in the surrounding area.

There are many causes of hemorrhoids of which constipation is a major cause. By first using some natural hemorrhoid remedies that I will discuss in future articles, you can eliminate or diminish your hemorrhoids. Then by using some natural remedies for constipation, you can prevent hemorrhoids from coming back.

Using natural remedies for treating your hemorrhoids is the best way to deal with this condition. In their book, *Natural Prescriptions*, 1994, Robert M. Giller, M.D. and Kathy Matthews, gives you their opinion of drugstore medications:

"If you are suffering from hemorrhoids right now, you want immediate relief. What about all those over-the-counter remedies? Just last year the FDA clamped down on the manufacturers of these products, and some of them are being removed from the market because they've never been proven to be effective. Other must limit their claims. Those that claim to shrink tissues must carry a warning because people with diabetes or heart disease, for example, shouldn't use them. In the final analysis,

while you may get some temporary relief from these products, you could do as well by applying zinc oxide, petroleum jelly, or witch hazel, which are just as effective and far cheaper."

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Rudy Silva has a Physics degree from the University of San Jose California and is a Natural Nutritionist. He writes a newsletter called "Natural-Remedies-ThatWork.com" and he has written an ebook called "How to Relieve Your Constipation with 77 Natural Remedies." You can get more information on this ebook and more hemorrhoid remedies at this site:

<http://www.hemorrhoid-remedies.for--you.info>



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