

This Free E-Book is brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Holiday Decorating Ideas And The Environment

By Jeanette Joy Fisher

Have you thought about how your holiday decorating affects the environment? What can you do about your holiday decorating to improve your happiness and at the same time be kind to the environment?

The good news, taking action to decorate your home and office for the holidays, while keeping respect for the environment, makes your workload easier.

Conquer holiday stress with simplicity. Keep your decorations to a minimum. Simple holiday decorating makes your life easier to manage.

Simple decorating doesn't mean no impact. You can use Environmental Psychology strategies to achieve a stunning display with less work. At the same time, you can save money on new holiday decorations.

Eight Environmental Psychology Holiday Decorating Tips

1. Too many small items in a small space tire the eye and overload the brain. Don't go over the top with holiday decorations. Don't spend your money foolishly on a lot of cluttering ornamentation.
2. Choose a few large holiday decorations to make a bold statement. Bright and deep colors take up more visual space.
3. Make a gorgeous framed note on parchment that says: "We love the earth and choose to celebrate with nature."
4. Work with the holiday decorations you already have. Renew tired ornaments with non-toxic craft paint.
5. Decorate with consumable food, like nuts, fresh fruit, and cookies.

Holiday Decorating Ideas And The Environment

6. Decorate with Mother Nature. Cuttings of evergreens bring respite to tired eyes and fresh aroma to enclosed stale air.

7. Increase your office productivity and business prosperity. When people feel happy, they accomplish more. Take a tip from music therapy expert Enicia Fisher: Play easily-recognized soft music without voices. This encourages signing or humming to oneself to fill in the lyrics.

8. Instead of hanging lights all over your home, concentrate on the front entry to attract the eye and make all feel welcome.

Defeat holiday stress this year. Use holiday decorating ideas that protect the environment and yourself.

Happy Holidays!

© Jeanette Fisher

Free holiday decorating ideas teleclass, "Interior Design Secrets to Glorious Holiday Decorating" and more holiday decorating tips Joy Holidays Decorating

<http://JoyHolidays.com>

Environmental

Psychology

<http://environmentpsychology.com>

Ideas For Your Interior Christmas Decorating

By Adam Peters

There are many different ideas for interior Christmas decorating. Interior Christmas decorating is an important part of most people's holiday festivities. For many people, the interior decorations are what defines the season of Christmas. Your home will feel warm with the proper interior Christmas decorating scheme. There are a variety of decorating ideas on the market today, but the best way to complete your interior Christmas decorating is to make the items yourself or with your family. The holiday season is about spending time together, and making things to warm your home will only help signify that to your family. There are several great ideas for your interior Christmas decorating needs.

Make yours the perfect holiday home with interior Christmas decorating

· First, create a diorama of bears or dolls dressed in festive seasonal clothes. You could put a small tree with little presents in your display. This is a great way to get your kids involved in the decorating process. Just be sure you don't use a favorite security object, as it might prove difficult to disassembly

the diorama throughout the course of the season.

· Second, meet your interior Christmas decorating needs by creating bows from Christmas print ribbon and putting them in various places around your house including your curtains. · Third, hang stockings throughout your house, even if you know they aren't your stuffing stockings. It offers a festive feel to your home.

Next, use fabric paint and a traditional white table cloth to make a holiday patterned table cloth. This is another great activity to do with your little ones. Just be sure to express to them that they are not allowed to paint on the tablecloth on a year round basis. Next, dress your bathroom for the holidays by attaching ornaments and other decorations(of the unbreakable type) to a clear shower curtain with a hot glue gun. Another decorating idea is to get your houseplants into the swing of the season by hanging ornaments on them after you decorate your tree. For a quick ornament idea, try hanging a cookie cutter with a bit of Christmas ribbon. To help with your decoration as well as your Christmas trivia knowledge, place a basket of seasonal books on your coffee table or end table. It will look festive, and it may just help you win a quick family game sometime.

Interior Christmas decorating does not have to be difficult or expensive with ideas like these.

Adam Peters writes regularly for

<http://www.home-decorating-reviews.com>

. Peters contributes adding

reviews very often on decorating and design topics. You can also reach interesting articles on easter and christmas decorations at his site (

<http://www.home-decorating-reviews.com/christmas/christmas-decoration.html>

)



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!