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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Holistic Junction's featured School of the Week: American Association of Naturopathic Medical Colleges (AANMC)**

**By C. Bailey-Lloyd/LadyCamelot**

**Holistic Junction's featured School of the Week: American Association of Naturopathic Medical Colleges (AANMC) by C. Bailey-Lloyd/LadyCamelot**

Holistic Junction's featured School of the Week: American Association of Naturopathic Medical Colleges (AANMC)  
by C. Bailey-Lloyd

Holistic Junction's featured school of the week is the distinguished American Association of Naturopathic Medical Colleges (AANMC). The AANMC believes that "...Naturopathic medicine is a wonderful profession if you want to make a difference..."

Comprised of five member schools, the AANMC offers Bastyr University – just ten miles from Seattle, Washington. Firmly planted on fifty acres of beautiful landscaping and on the northeast shore of Lake Washington, Bastyr's 186,000 square foot academic facility is adjacent to miles of scenic wooded trails that wind through natural habitat and secluded beach in St. Edward State Park.

Bastyr's University's Mission is to "...educate future leaders in natural health education, research and clinical services, we improve the health and well-being of the human community."

AANMC's Bastyr University includes rewarding amenities like their facility Library which offers a comprehensive collection on complementary & alterative medicine books, journals, publications, a massive video and audiotape collection and valuable online resources as well. In addition to its library, Bastyr University also has a bookstore, natural foods cafeteria, and even an onsite chapel.

Bastyr University is a leading academic center for educational progression in natural health sciences and carries many accreditations: the Commission on Colleges and Universities of the Northwest Association of Schools & Colleges; the Council of Naturopathic Medical Education; the American Dietetics Association; the Washington State Department of Health; Accreditation Commission for

Acupuncture and Oriental Medicine; and is approved by the US Immigration and Naturalization Service to accept and enroll foreign non-immigrant students as well.

AANMC's Bastyr University offers multiple academic degree programs in Naturopathic Medicine, Acupuncture and Oriental Medicine, Nutrition, Herbal Science, Health Psychology, and Exercise Science & Wellness. Additionally, AANMC's Bastyr provides even more programs, such as CAM, and various Certification programs in Chinese Herbal Medicine, Japanese Acupuncture, Naturopathic Midwifery, Naturopathic Medicine Residency and much more.

AANMC's Bastyr University extends education and training to students so they may one day become natural health practitioners. Bastyr University's conception and growth is based on the principles of Dr. John Bastyr's teachings and examples. Renowned to "listen with his heart," Dr. Bastyr had a simple philosophy: "...the patient, not the doctor, does the curing...", and was revered as a pioneer and promoter in the field of natural medicine. AANMC's Bastyr University assures that his principles and

beliefs will be a curriculum mainstay.

To learn more about or to enroll in AANMC's Bastyr University, please visit: American Association of Naturopathic Medical Colleges (AANMC)

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The next member of AANMC, is the Canadian College of Naturopathic Medicine which rests in beautiful Toronto, Ontario, Canada. AANMC's Canadian College of Naturopathic Medicine is an established college which affords Canada's only accredited four-year, full-time Doctor of Naturopathic (ND) program. "The Canadian College of Naturopathic Medicine, since its beginning 25 years ago, has continued to provide scientific, academic and clinical training that has proven its leadership in the educational community. We are committed to ensuring that this education is accessible to all qualified applicants..."

Students at AANMC's Canadian College of Naturopathic Medicine receive more than 4,200 classroom and clinical training hours. Three major areas of study Basic Medical Sciences (including courses in anatomy, histology, physiology, biochemistry, microbiology and immunology); Clinical Disciplines (physical & clinical diagnosis, differential and laboratory diagnosis, radiology, naturopathic assessment and orthopedics); and Naturopathic Disciplines (Oriental Medicine/Acupuncture, botanical medicine, clinical nutrition, homeopathy, physical medicine, lifestyle counseling and prevention).

AANMC's Canadian College of Naturopathic Medicine additionally has an onsite Naturopathic clinic (Robert Schad Naturopathic Clinic) whereby students are afforded the opportunity to observe and perform certain treatments. Having a hand-on instructional environment with patients, Canadian College of Naturopathic Medicine allows students to apply academic knowledge to attain vital experience in their pathway to becoming a competent and respected naturopathic doctor.

Additionally, Canadian College of Naturopathic Medicine has a 'Learning Resource Centre' which is comprised of hundreds of natural health books and journals, and gives automatic accessibility to over 3,000 medical journals through its own electronic databases.

Accredited by the Council on Naturopathic Medical Education (CNME) through the US Department of Education, AANMC's Canadian College of Naturopathic Medicine additionally extends co-ed accommodations which conveniently parallels its main campus.

To learn more about or to enroll in AANMC's Canadian College of Naturopathic Medicine, please visit: American Association of Naturopathic Medical Colleges (AANMC) American Association of Naturopathic Medical Colleges (AANMC)

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National College of Naturopathic Medicine, situated in placid Portland, Oregon is AANMC's is yet another important member. The National College of Naturopathic Medicine meets or exceeds all pertinent regulatory standards, and is accredited by many organizations including: the State of Oregon's Office of Degree Authorization; the Council on Naturopathic Medical Education (CNME); the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM); and the Northwest Commission on Colleges and Universities (NWCCU). National College of Naturopathic Medicine believes in "...supporting the future of Natural Medicine..."

AANMC's National College of Naturopathic Medicine follows a curriculum that emphasizes the holistic spirit of classical teachings of Oriental Medicine. Founded on the healing wisdom of many cultures, National College of Naturopathic Medicine "...seeks to preserve and convey the classical modalities of

naturopathy and honor the principles that guide naturopathic care:

The healing power of nature  
Treating the whole person  
First do no harm  
Identify and treat the cause  
Prevention is the best cure, and  
Doctor as teacher..."

National College of Naturopathic Medicine offers versatile educational programs including four-year degree programs for Doctor of Naturopathic Medicine, and Classical Chinese Medicine Practitioner. Additionally, AANMC's National College of Naturopathic Medicine extends residency programs and continuing education series as well.

To learn more about or to enroll in AANMC's National College of Naturopathic Medicine, please visit: American Association of Naturopathic Medical Colleges (AANMC)

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AANMC's Southwest College of Naturopathic Medicine mission is "...preparing students to become naturopathic physicians educated and trained in the principles and practice of naturopathic medicine. To serve the public by providing quality education, research and natural medical care in the science and art of health promotion, disease management and prevention based upon these principles."

Located in Tempe, Arizona, Southwest College of Naturopathic Medicine is comprised of six-acres. Accredited by the Council on Naturopathic Medical Education (CNME) and the Higher Learning Commission of the North Central Association of Colleges and Schools; Southwest College of

Naturopathic Medicine has a refreshing, art deco–style campus, where students can tour its herb gardens, play tennis and peruse its library.

Founded in 1992, AANMC's Southwest College of Naturopathic Medicine '...educates in the art and science of naturopathic medicine to prepare students to be conscientious and caring health care providers.' Southwest College of Naturopathic Medicine offers a 4–year Naturopathic Medical Degree Program (ND); and non–degreed, educational programs including Historical Use of Plants as Medicine; Introduction to Homeopathic Medicine; Homeopathic Materia Medica & Case Taking; Principles of Hydrotherapy; History of Medicine; Philosophy & Practice of Naturopathic Medicine; and much more.

Students at AANMC's Southwest College of Naturopathic Medicine are trained in 'all modalities and methods of treatments, including botanical and homeopathic medicine, nutrition, acupuncture, manipulation and mind/body medicine.' Offering over 100 off–site and extended site experiences in clinical training, Southwest College of Naturopathic Medicine affords students with an integrative course to medicine 'while encompassing natural philosophies and emphasizing the practical information necessary to establish a successful practice.'

In addition, AANMC's Southwest College of Naturopathic Medicine includes a Medical Center, widely known as the 'green clinic' for its exemplary promotion of true health and environmental consciousness.

To learn more about or to enroll in AANMC's Southwest College of Naturopathic Medicine, please visit: American Association of Naturopathic Medical Colleges (AANMC)

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The American Association of Naturopathic Medical Colleges' final, prestigious member is the University of Bridgeport. The University of Bridgeport's mission is to '...offer career–oriented undergraduate, graduate and professional degrees and programs for people seeking personal and professional growth. The University promotes academic excellence, personal responsibility, and commitment to service. Distinctive curricula in an international, culturally diverse supportive learning environment prepare graduates for life and leadership in an increasingly interconnected world. The University is independent and non–sectarian.'

University of Bridgeport's 50–acre campus is located where else, but in Bridgeport, Connecticut. Situated near Seaside Park and Long Island Sound, its desirable location extends a myriad of advantages to its University community. Comprised of seventy–five buildings, University of Bridgeport includes the Arnold Bernhard Arts and Humanities Center, the John J. Cox Student Center; the Charles A. Dana Hall of Science; the Harvey Hubbell Gymnasium; the College of Chiropractic Building; the Magnus Wahlstrom Library and many others.

AANMC's University of Bridgeport is accredited by multiple organizations including the Council of Dental Education of the American Dental Association; the Commission of the Accreditation Board for Engineering and Technology; the Commission on Accreditation of the Council on Chiropractic Education; the Connecticut State Department of Education; the New England Association of Schools and Colleges; the Association of Collegiate Business Schools and Programs; and finally the

Connecticut State Bar Examining Committee.

Offering numerous Graduate and Undergraduate programs, University of Bridgeport is an excellent choice for those looking for an extensive academic and professional base. Including Undergraduate majors in accounting; biology; business administration; computer applications; martial arts studies; and multiple others. AANMC's University of Bridgeport also affords students with Graduate programs including doctoral programs such as Chiropractic (D.C.), Education Leadership, (Ed.D.); and Naturopathic, (N.D.). Furthermore, University of Bridgeport also incorporated Masters Programs in Acupuncture (M.S. Ac.), Education (M.S.), Human Nutrition (M.S.) and many, many more opportunities for students to excel in their chosen field of study and profession. As an added bonus, University of Bridgeport's School of Continuing and Professional Studies and its Office of Distance Learning gives students additional opportunities through a variety of online courses and certificate programs as well.

An internationally – recognized university, University of Bridgeport is a broad and comprehensive university, '...with award–winning academic programs.' AANMC's University of Bridgeport is by all means, a multi–versatile school that not only extends an extensive variety of curricular programs, it is followed up by its athletic department which encompasses athletic University teams in basketball, soccer, swimming and volleyball in which students may actively engage.

University of Bridgeport also offers housing options that include four residential halls. In addition to this, AANMC's University of Bridgeport extends health services, International Student Services, counseling services, career services and recreational activities.

Promoting an education experience for students from seventy–five countries from around the world, AANMC's University of Bridgeport is a leader in the advancement of educational opportunities.

To learn more about or to enroll in AANMC's University of Bridgeport, please visit: American Association of Naturopathic Medical Colleges (AANMC)

Holistic Junction is honored to have the American Association of Naturopathic Medical Colleges (AANMC) on board and salutes its quality standards for being one of society's vital pioneers and promoters in Natural Health Instruction.

To learn more about our, many listed, healing arts schools, visit Healing Arts School Directory

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## **Holistic Junction's Featured School of the Week: Lake Lanier School of Massage**

**By C. Bailey–Lloyd/LadyCamelot**

Holistic Junction's Featured School of the Week: Lake Lanier School of Massage  
by C. Bailey–Lloyd

Holistic Junction's featured school of the week is leading massage instruction school, Lake Lanier School of Massage . Lake Lanier School of Massage is settled in charming and historic Gainesville, Georgia near popular Lake Lanier. Currently, Lake Lanier School of Massage is one of the only massage schools in Northeastern Georgia whose philosophy is '...each client should leave the massage experience feeling as if she/he has been cared for.'

Accreditations include the Associate Bodywork and Massage Professionals; Integrated Massage and Somatic Therapies Accreditation Council; National Certification Board for Therapeutic Massage & Bodywork; and the American Massage Therapy Association. Additionally, Lake Lanier School of Massage has two continuing education providers: the Florida Department of Health Division of Medical Quality Assurance and the National Certification Board for Therapeutic Massage & Bodywork, as well.

Authorized by the State of Georgia Nonpublic Postsecondary Education Commission and approved by the Florida Board of Massage – Lake Lanier's School of Massage offers convenient day and evening course schedules, Classes include: Pathology, Anatomy & Physiology, Applied Kinesiology, Aromatherapy, Swedish Massage, Body/Mind, Business Marketing, Chair Massage, Cranial Sacral Therapy, Eastern Shiatsu, Myofascia Release, Neuromuscular Therapy, Hydro Therapy, Massage Theory, history, law & ethics, and much more. Upon successful completion of 560 required hours, graduates receive certificates of program completion, and earn the title of Professional Massage Therapist. To become a Certified Massage Therapist, graduates must take the National Certification Exam.

Affording students with business management course on how to develop necessary skills to initiate private practice – Lake Lanier School of Massage offers crucial employment assistance that not only instructs students on unique marketing techniques; but also assists students in finding professional massage therapist employment upon graduation.

If you're looking for an interesting and fulfilling career, Lake Lanier School of Massage may just be the right place for you to start your educational direction in life.

To learn more about or to enroll in Lake Lanier School of Massage, please visit: Lake Lanier School of Massage Today. Lake Lanier School of Massage Today

Holistic Junction is honored to have Lake Lanier School of Massage on board and salutes its quality standards for being one of society's vital pioneers and promoters in Professional Massage Therapy Education.

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How to become a Chef!

Stress The Silent Killer

People Finder Software

The Truth About Diabetes



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