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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Home Remedies For Diaper Rash

By Sharon Hopkins

Baby's skin is the most sensitive and soft. At some time or another, most of babies do come down

with diaper rashes despite our efforts to prevent them. As the name implies, diaper rash is what appears in the area covered by a diaper. And almost every baby is affected by diaper rash at least once. For some it is rare occurrence, while for some babies, diaper rash is quite a frequent unwelcome guest.

The common cause of diaper rash is that the diaper area is usually covered 24 hours with a diaper; that is often wet and messy as urine mixes with feces. The warm moist setting is just perfect for diaper rash eruption.

Diaper rashes happen irrespective of whether your baby is wearing a disposable or cloth nappy.

Preventing diaper rash –

– Change diapers as soon as they get wet and messy. – Wash and dry baby's bottom, paying special attention to creases and skin folds at each change. – Avoid using too much pressure or scrubbing to the bottom of the baby. Wipe or pat gently. – Wipe from front to back, as you will avoid transferring bacteria to the genital area. – Don't tie or secure the diaper too tightly. Allow some room for air to flow inside. – Avoid using harsh or perfumed soaps while washing cloth diapers. – Avoid plastic diaper covers. – Rinse cloth diapers thoroughly with very hot water. – Change your baby's diaper frequently – Let your baby go bare bottom from 15min–30 min a few times a day. Exposing the baby's skin to air is a natural way to healing.

Home remedy for treatment of diaper rash – Wash the baby's bottom with running tap water after every bowel movement to give diaper rash relief.

– Dab dry rash area with a soft cloth and apply Vaseline or any rash-free creams or gel.

– Put some oatmeal in the bath water. Keep swishing the water around the area that has the diaper rash for about 15 minutes.

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- Mix corn starch & Vaseline to make a paste. Put it on the rash and rash will be gone by the next diaper change unless it is really bad.
- Generously rub the lanolin oil over affected area. The lanolin forms a waxy coating over the area allowing it to heal and not become re-irritated with every diaper
- Pour milk of magnesia all over the rash and next diaper change, the rash will be almost healed. Use until rash is disappears.
- Wash the baby's bottom with warm water and dry it very good. Take vegetable oil and pour it in your hand. Then apply it to the diaper rash.
- Put plenty of Vaseline on baby and diaper. This forms a waterproof layer between baby's skin and diaper.

The reader of this article should exercise all precautions while following instructions on the recipes from this article. Avoid using if you are allergic to something. The responsibility lies with the reader, not the site, and the writer.

Sharon Hopkins manages

<http://www.home-remedies-for-you.com>

that provides information on home

based remedies. Diaper rash are the most common for any new born. Try these remedies to relieve your infant from diaper rash.

Special Natural Skin Care For Babies

By Sherry Frewerd

We spend hours and countless amounts of money on our own personal skin care, trying different lotions and potions to find the perfect product for our needs. Our babies deserve the same special attention when selecting skin care products as well.

Babies and little children seldom actually need lotions and creams unless they have dry skin. Commercial products on the market contain synthetics and chemicals that can be harsh on tender skin, so many parents are opting for natural skin care and bath products for their babies.

For babies and toddlers especially, the skin care product most frequently used are baby wipes, and the perfumes and dyes found in commercial brands can play havoc with their sensitive bottoms. Parents use baby wipes not only at diaper changes, but for all sorts of reasons, cleaning little faces and hands

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being two very common tasks. Although possible to find brands with little synthetics, another alternative is to make home-made baby wipes to make certain the ingredients are all natural.

Another skin care problem parents with babies face is diaper rash. Even with the best of changing routines, diaper rash can occur, and frequently applying chemical rash creams can often aggravate the problem even more, causing prolonged discomfort for baby. Help prevent diaper rash with frequent diaper changes and cleaning baby with natural soap and water.

Natural Baby Wipes

1/4 cup aloe vera juice 4 drops lavender essential oil 1/2 roll paper towels cut lengthwise 1/4 cup water 2 drops tea tree oil

Simply mix the ingredients and store in a plastic container.

There are many natural baby and child skin care products available online. Marlo Quinn is a new natural skin care company with impeccable skin care products for families. It's also possible to prepare natural baby wipes at home using the recipe above. Products made from natural ingredients are the best choice for babies and children.

Sherry Frewerd is a Founding Team Leader for Marlo Quinn natural soy candles and skin care products for Women, Men and Children

<http://www.marloquinn.net/index.asp?consultant=15>

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