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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Home Remedies For Eye Infection

By Sharon Hopkins

Different kinds of ailments attack your eyes causing eye infection. It can be due to many reasons

but some of the common reasons for this infection is bacteria, viral or foreign object. It is known that people who wear contact lenses are more prone to eye infection due to presence of bacteria.

Some common eye infections are

Pink Eye (Conjunctivitis): It is one of the common infections which causes irritation and leads to redness of the eye. It is an air-borne disease so one has to be very careful.

Stye – Medically known as hordeolum, it is a small harmless lump formed at the base of an eyelash or inside the eyelid.

Blepharitis – It is an inflammation that affects the eyelids, causes itching, burning and irritation.

Orbital Cellulitis – It is the inflammation or infection surrounding the eye. This can get very serious, like losing your eyesight if the required treatment is not provided.

Keratitis (Corneal ulcers) – This is caused due to an injury to the cornea by a foreign body.

Dacryocystitis – An infection which happens to the tear duct.

Some common sign and symptoms are

Redness of eye Yellow, green discharge Irritation of the eye Pain in the eye Blurred Vision Watery eye Swelling of eye Photophobia Constant itching

Home remedies for Eye infection

To get rid of stye you can use hot compresses on the swollen lump with the help of hot cloth.

Home Remedies For Eye Infection

You can make herbal eyewashes by using 1 tsp dried eyebright herb steeped in 1 pint of boiling water. Cool and strain this liquid and use it as eyewash.

Avoid swimming in chlorinated water.

You can make warm compress by using chamomile, lavender or rose oil for conjunctivitis.

Soak aloe vera juice in a cloth to be placed over your eyes to soothe them. Aloe vera juice can be used as eyewash by following similar procedure.

To reduce inflammation and itchiness you can keep cold bread over your eyes.

Make an elderberry blossom tea and use it as eyewash, to soothe your eyes.

Use artificial tears to moisten your eyes, to flush out the foreign body.

You can put honey directly in your eyes or make honey eyewash by using three tablespoons of honey in two cups of boiling water.

For pink eye(conjunctivitis) fill a glass jar with distilled water and in that add 7–8 Jasmine flowers. Cover it with a lid and leave it overnight. The next morning pour drops of water in your eyes with the jasmine flower. Keep repeating till your eyes get soaked. Do this at least three times a day to notice the difference.

Warning: The reader of this article should exercise all precautionary measures while following instructions on the home remedies from this article. Avoid using any of these products if you are allergic to it. The responsibility lies with the reader and not with the site or the writer.

Sharon Hopkins has been managing number of natural home remedies websites, such as

<http://www.home-remedies-for-you.com>

, which provides information on different uses of the home

remedies and natural cures. Eye infections are caused due to many reasons which can be treated with simple home remedies.

What Bacteria Causes Eye Styes?

By Melvin H.Gill

Styes are caused by staphylococcal bacteria. This disease appears due to debilitated condition of the system. An Eye stye occurs when staphylococcal bacteria infect one of the tiny glands at the base of the eyelid hairs and then becomes inflamed. A chalazion can sometimes be mistaken for a stye.

Home Remedies For Eye Infection

A chalazion or sty is a small lump on the eyelid due to a plugged oil gland. This can occur on any eyelid. The eyelids contain many oil producing glands called meibomian glands. In some people, these glands become plugged, much like a pimple might develop on the skin. This is not related to any disease and is not harmful to the eye or vision.

Sties are the result of an infected oil gland at the base of the eyelash. You can get more than one sty at a time or several in succession because the infection can spread from one hair follicle to others. Infection can occur, for example, when a contaminated mascara or makeup brush gives bacteria a free ride into the oily pores along the lashes.

To help prevent styes, internal hordeola, and chalazia, which are minor problems of the eyelid:

1. Do not rub your eyes. This can irritate your eyes and spread infection.
2. Protect your eyes from dust and air pollution by wearing safety glasses when outside, particularly when doing dusty chores like raking or mowing the lawn.
3. Avoid areas where dust and air pollution are heavy.
4. Replace your eye makeup, especially mascara, at least every 6 months. Bacteria can grow in makeup.
5. Treat any inflammation or infection of the eyelid (blepharitis) promptly. If you do not, the infection may spread to the oil glands of the eyelid and cause a sty.

Eye Sty Remedies Chalazions may be treated with any one or a combination of antibiotic or steroid drops or injections; warm compresses for 5 to 10 minutes, 3 or 4 times a day; gentle massage to express the glandular secretions; or surgical drainage. Chalazions usually respond well to treatment, although some people are prone to recurrences and may require continuing medication.

What is an Eye Sty and how did i get it? Come find out more about Eye Sty and Eye Sty Remedy at

<http://EyeSty.ewhy.info>



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