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Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

Home Theater Furniture & Seating

By Matthew Seigneur

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Home theater seating can vary widely and depends on the experience you want and your budget. You can make do with folding chairs or that garage sale sofa, but the better your seating is the better your home theater experience will be.

The first thing to think about is how many people your home theater will host for viewing on a regular basis. It isn't economical to get twice as many seats as you will regularly have guests, but neither is it wise to short yourself on seating that you will have use for. Also think about the space you have in your home theater. This will effect what sort of home theater seating will be best for your space.

The next thing to think about is how much use your home theater will see. If it will see frequent use, you will want seating that is ergonomic, as well as made of durable materials that are easy to clean. Ergonomic seating is important so that the viewers do not get any sort of strain or aches during viewing. If you do not plan to use your home theater frequently you can choose seating that isn't as comfortable or as durable or easy to clean, but keep in mind that this sort of seating may not be worth it in the long run.

Also think about what you want your home theater to look like. If you want it to look like a regular movie theater in miniature, then you will most likely prefer home theater seating that closely emulates that found in a regular theater. Alternately, if you wish to have more of a 'honey' look, you may wish to go with seating that is more like traditional armchairs.

Finally, keep in mind the features you want in your seating. This will affect not only price, but ease of use, ergonomics and comfort, and ease of cleanup. Rocker and reclining seats will be more expensive, but more comfortable. Seats with cup holders in the arms may also be more expensive, but will save space by eliminating the need for side tables, and may keep cleanup low. Viewers will have a stable place to put their drinks, rather than trying to balance them on their laps and then find a place to put the drink when they need a bathroom break. Some home theater seating even has massage units built in!

More home theater seating information:

Home Theater Furniture Seating

Leather Home Theater Seating:

<http://www.home-theater-reviews.co.uk/furniture/leather-home-theater-seating.shtml>

Matinee Home Theater Seating:

<http://www.home-theater-reviews.co.uk/furniture/matinee-home-theater-seating.shtml>

More information available at

<http://www.home-theater-reviews.co.uk/>

<http://www.home-theater-reviews.co.uk/> – For all your home cinema system needs and reviews.

Home Cinema Room Setup

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The best home theater experience is achieved with proper home cinema room setup. A home theater cannot be setup like any regular living room or den – it has special requirements so you can get the full experience from the sight and sound of the movies you watch. There are very specific things you can do to make your viewing experience the best it can be.

While it may be tempting to put your seating and equipment at interesting angles and your speakers on whatever is handy, this will degrade the sound and view of your home theater. The best set up, of course, is one much like that of a full sized movie theater. The room should be carpeted or have an area rug to give the best acoustics, and the walls should be decorated with non-reflective items – blankets, tapestries, and other similar wall hangings are good for absorbing sound.

The seating in your home theater room setup should be thick and comfortable, with thick upholstery to absorb sound waves. It should be positioned in the rear center of the cinema facing the center of the screen.

The display itself should be centered and facing the viewing area. The center speaker should be either above or below the display and aimed at the center of the seating. Left and right speakers should be to the side of the display, and the left and right surround speakers should be alongside and just behind the seating, elevated a few feet above the viewer's head.

Light should be as controllable as possible. Use opaque curtains to block all incoming light, and make sure all lights can be turned off. If nothing else, view only at night. Blocking out all light is essential to getting the best picture. Also try to minimize noise in your home theater room setup – it should be as close to completely quiet as possible when no movies are playing.

Good home theater room setup will give you the best most full size theater-like experience.

Home Cinema Systems & Reviews available at:

<http://www.home-theater-reviews.co.uk/>

<http://www.home-theater-reviews.co.uk/> provides home cinema systems reviews and much more, see the full range at:<http://www.home-theater-reviews.co.uk/systems/>



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