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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Homemade Beauty Recipes

By Kenia Morales

Homemade Beauty Recipes

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Three All-Natural Homemade Facials

By Donna Monday

Apple Facial Mask (for oily acne prone skin)

Grate 1 medium sized apple. Mix the apple with

Banana Facial Mask (for dry skin)

Mash together one half cup of plain yogurt,

1 tablespoon of honey, and 1/4 ripe banana.

Apply mask to face and neck. Leave mask on for

10 minutes. Rinse with warm water.

Peach Facial Mask (for normal skin)

Apply mask to the skin. Leave mask on for 10 minutes. Rinse with cool water.

Homemade Beauty Recipes

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