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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hoodia Diet Pill: Hoodia Gordonii Or Voodoo To You And I

By James Zeller

For every diet pill fad there are millions of disappointed users that have been cheated by the guru

charlatan with the latest wonder working diet wiz pill. With the reflex flinch of one of those victims we poke the stick of revelation at hoodia.

Walking the Kalahari Desert doesn't seem the obvious place to start a diet when thirst is foremost on the mind. Native San Bushmen featured in the movie "The Gods Must Be Crazy" live and thrive here for real. Thousands of years ago their ancestors discovered the magical properties of a specific cactus that thwarts hunger pains. 10, 000 times stronger than glucose, hoodia fools the brain into thinking you are full and not hungry.

This all-natural appetite suppressant is made from pure hoodia cactus pulp and seeds. Hoodia gordonii is the specific cactus that has the appetite suppressant qualities. Hoodia can be taken as a pill, powder or a tea. Obesity has never had a foe of this gigantic magnitude, than that of the natural herbal hoodia diet pill!

The secreted cactus, called Xhoba by San Bushmen, collection sat in a laboratory for 30 years after it was discovered before its' properties were analyzed. The mega-behemoth pharmaceutical company, Pfizer (producers of Viagra) introduced "hoodia" to the media while they were in preliminary studies. Pfizer terminated all research on hoodia when terms could not be agreed upon with Phytopharm that owned the patent. Phytopharm bought up the rights from the San Bushmen of Kalahari to harvest, test and produce a laboratory drug called P57. This synthetic Hoodia has the same active ingredient as the real cactus and contains the previously unknown molecule named P57. Phytopharm decided to sell the use of their patent to Unilever, which owns Slim Fast. The sale was for 21 million U.S. plus royalties, that remain undisclosed. The hoodia laced P 57 products by Slim Fast may show up on the market in 2007.

The hoodia works in this way: In your mid-brain called the hypothalamus; you have glucose sensing nerve cells. As you ingest food, your blood sugar rises, and the glucose sensing nerve cells activate, sending an electrical signal that we recognize as, "now I am full".

Hoodia has been tested and proven to work overwhelmingly against the double-blind placebo check. Individuals taking pure hoodia extract diet pills ate 1000 fewer calories than those in the placebo check. 3500 calories = 1 pound of body fat. So every three and a half days you would lose a pound of fat by taking Hoodia.

There are natural products for sale that are made from real hoodia pulp that are from hoodia farms or naturally collected cactus. The hoodia plant may take up to six years to grow to harvestable size from seed. In 2005 CITES (Convention on International Trade in Endangered Species of Wild Flora and Fauna) decided to include hoodia gordonii in their list of protected cactus from South Africa and a permit is required to export this cactus from its' homeland. It is estimated that by 2010 there will be a shortage of this product as demand outgrows the supply.

Although there are no registered side effects from taking hoodia, the native San Bushmen claim hoodia is also an aphrodisiac. The most heralded use of hoodia by the African bushman is an appetite

suppressant, but they also use it as a thirst quencher. The San consume hoodia to end abdominal cramps, apply Xhoba for hemorrhoids, and drink hoodia tea for indigestion. Hypertension and diabetes are hoodia treated by the San Bushman, as well as tuberculosis.

Now that we know it works, will they let us have it?

James Zeller writes for numerous alternative health websites and blogs. Unbiased evaluation of health and diet supplements are included in most of his articles. Natural products are always best for the body and usually chosen as a last resort.

<http://www.n-ergetics.com>

9 Terrible Facts About Hoodia Gordonii

By George Alarcon

Everyone has been hearing the news and buzz on the semi miraculous plant called Hoodia Gordonii which helps to reduce your appetite. The weight loss gurus are betting their shirts that people who are very challenged in losing weight will benefit in a big way by regularly digesting hoodia. I will now spell out straight and harsh facts about Hoodia Gordonii that I found online while conducting research about this exotic plant.

Fact #1

There are several species of Hoodia. Hoodia Gordonii in particular, is a rare plant that grows in South Africa.

Fact #2

Hoodia Gordonii is difficult to grow and only grows under certain climatic conditions that the South African region offers.

Fact #3

Hoodia Gordonii is on the Red List of endangered species; meaning it may become extinct in the near future.

Fact #4

Only Hoodia Gordonii has the molecule that effectively suppresses one's appetite.

Fact #5

Because of its scarcity, authentic Hoodia is expensive; so if you see Hoodia in ads advertised for \$20–30.00 per bottle, close your wallet and run!

Fact #6

The current supply of pure Hoodia is quickly diminishing; thus, it's growing tougher to find 100% pure Hoodia any where.

Fact #7

Because of the rising demand for Hoodia and the fast depleting supply of the real stuff, many dishonest vendors are brazenly lying in their promotional ads and selling either fake or inferior Hoodia Gordonii under popular brand names. Be extremely careful which Hoodia product you consider ordering.

Fact #8

The FDA does not regulate the supply of real Hoodia which means that you can easily end up buying fake Hoodia at your local health store or online.

Fact #9

There exists an overabundance of counterfeit Hoodia in comparison to the 100% pure stuff available through a few honest vendors.

Your absolute best bet to avoid buying fake or inferior Hoodia is simply to properly educate yourself about this amazing plant before you place your first or next order.

Learn about honest Hoodia vendors and

[Hoodia Gordonii Burn Desert](#)

or

[Acuzine / Actimine reviews](#)



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