

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hoodia Gordonii – One Reason To Take It

By Paul Callis

When Hoodia was discovered the very first animal trials to test it was with Rats. The rats that were fed with Hoodia stopped eating completely. Rats are well know as animals that will eat anything and everything. Can you believe that an animal who loves to eat anything simply switched off its desire to eat, even when foods that rats love were placed in front of them.

When the first clinical human trial was conducted with Hoodia, several morbidly obese people were placed in a unit which was a closed off area were all that they could do was to read, watch television, interact with each other, and of course eat. Half the people were given Hoodia Gordonii to take, and half were given a placebo. After fifteen days, the group that had been taking Hoodia Gordonii had reduced their calorie intake by 1000 calories a day – despite taking no exercise and not being on a diet

This is due to the active ingredient in Hoodia Gordonii, the molecule known as P57, as it imitates the effects that glucose has on your brain, signaling that you are full. Your brain has what is called a Hypothalamus. This part of your brain controls your appetite. When you eat, the glucose levels in your body rise. As these levels go up, the hypothalamus sends off a signal to your cells to stop eating. This is when you start to feel full. Hoodia Gordonii's molecule, P57, tells your brain the same exact thing, even if you haven't eaten a bite. By mimicking the effects of glucose on your brain, the hypothalamus starts to send messages to your cells which in turn, make you feel full

Hoodia is grown in the Kalahari Desert region of South Africa, Hoodia Gordonii is an all natural appetite suppressant, derived from a cactus like plant with prickly spikes. Scientists have been researching the Hoodia plant for almost a decade, and have found it to be completely free of harmful side effects.

Paul Callis is extremely knowledgeable in the field of sports and nutrition in the UK . You can visit Paul's web site, and read his recommendations and advice at Hoodia Gordonii –

<http://www.hoodiagordonii1.com>

9 Terrible Facts About Hoodia Gordonii

By George Alarcon

Everyone has been hearing the news and buzz on the semi miraculous plant called Hoodia Gordonii which helps to reduce your appetite. The weight loss gurus are betting their shirts that people who are very challenged in losing weight will benefit in a big way by regularly digesting hoodia. I will now spell out straight and harsh facts about Hoodia Gordonii that I found online while conducting research about this exotic plant.

Fact #1

There are several species of Hoodia. Hoodia Gordonii in particular, is a rare plant that grows in South Africa.

Fact #2

Hoodia Gordonii is difficult to grow and only grows under certain climatic conditions that the South African region offers.

Fact #3

Hoodia Gordonii is on the Red List of endangered species; it may become extinct in the near future.

Fact #4

Only Hoodia Gordonii has the molecule that effectively suppresses one's appetite.

Fact #5

Because of its scarcity, authentic Hoodia is expensive; so if you see Hoodia in ads advertised for \$20–30.00 per bottle, close your wallet and run!

Fact #6

The current supply of pure Hoodia is quickly diminishing; thus, it's growing tougher to find 100% pure Hoodia any where.

Fact #7

Because of the rising demand for Hoodia and the fast depleting supply of the real stuff, many dishonest vendors are brazenly lying in their promotional ads and selling either fake or inferior Hoodia Gordonii under popular brand names. Be extremely careful which Hoodia product you consider ordering.

Fact #8

The FDA does not regulate the supply of real Hoodia which means that you can easily end up buying fake Hoodia at your local health store or online.

Fact #9

There exists an overabundance of counterfeit Hoodia in comparison to the 100% pure stuff available through a few honest vendors.

Your absolute best bet to avoid buying fake or inferior Hoodia is simply to properly educate yourself about this amazing plant before you place your first or next order.

Learn about honest Hoodia vendors and

Hoodia Gordonii Burn Desert

or

Acuzine / Actimine reviews



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!