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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Hosting A Dinner Party Hire A Personal Chef!

By Geoffrey Cook

Think only the rich and famous have the privilege of having a personal chef wait on their every craving or gourmet pleasure? Think again.

Personal chefs are now helping couples and families to present fabulous home cooked dinners to their guests. And it's not as expensive as you think!

Why hire a personal chef?

A personal chef will bring the food, create a nutritious and balanced meal, figure out the servings needed (so you don't need to deal with leftovers) and most of all give you the freedom to focus on other aspects of entertaining while still providing the best food for your guests.

Are you hosting a business lunch? An intimate wedding reception? Or even an intimate dinner for two that just HAS to be the best? A personal chef can handle any order. You can usually choose from a selection of courses they provide or arrange for a customized menu.

How much does it cost?

Prices will vary but you can expect a weeks worth of meals (containers, food and cooking included) to be about \$350 for a family of 4 (20 meals of entrees and side dishes) or \$175 for a couple (10 meals of entrees and side dishes).

Some services will prepare all the meals at once while others will deliver or prepare the meal in your home throughout the week.

How do I find a personal chef?

Finding a chef is easy by using the USPCA (United States Personal Chef Association –

<http://www.uspca.com>

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) or the CPCA (Canadian Personal Chef Alliance –

<http://www.cpcalliance.com>

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Here you will find information on personal chefs as well as a directory of members in your area.

Will they do meals just for my family?

Personal chefs are more than just a catering service. For busy professionals who are looking for quality meals and more time with their family, a personal chef will prepare several entrees and side dishes, store them and clean the kitchen. For the rest of the week all you have to do is take them out of the fridge or freezer and reheat to enjoy gourmet meals all week. For families who turn to fast foods and restaurants the cost may actually be less than what they are currently paying.

Some personal chefs also can be booked for private or group cooking lessons. Invite a group of your friends to learn the art of creating delectable pasties or sumptuous seafood from an expert!

While not everyone needs the daily services of a personal chef you may wish to treat yourself to the luxury of a fabulous dinner at home – no cooking, cleaning or experience necessary!

You too, can manoeuvre in the unfamiliar waters of gourmet cuisine, with just a few well-learned techniques that are easy to master, and build a repertoire of literally hundreds of dishes and deserts. Let Geoffrey set you on the path today, to gastronomical delights!

<http://www.free-recipe-books.com>

What's Your Party Style?

By George Meszaros

Do you know your party style? It is important to answer this question before you begin planning your next party. If you are comfortable cooking gourmet dinners for your guests, invite your guests for an haute cuisine extravaganza. If you can only cook chips and salsa, you can still have a great party.

You have to know what style makes you feel comfortable. After all, you want to be able to relax and have fun. You may be more comfortable with a pizza or BBQ party.

Before you do anything else in terms of party planning. Figure out what makes you comfortable, but keep the needs of your guests in mind. Just because you enjoy a certain kind of theme, your guest may prefer something else. Even though you may prefer a formal dinner party your guests may prefer something casual like a pool party. If you enjoy theme parties, the possibilities are endless.

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When planning a formal dinner party you should remember a few important factors. Most importantly, it is your dinner party so you can do whatever you wish. You are the one throwing the party, the one planning the party, and the one paying for it. You can put in as much or as little effort as you deem appropriate.

The other factor you should keep in mind is what your guests want. Your guest may not enjoy a formal dinner party as much as you. Your guests may not enjoy getting dressed in a suit and tie for a party. Know who your guests are, what their likes and dislikes are.

There is no correct or incorrect party style. Whatever party style you choose, be sure you are being yourself. Don't try to create a party where you feel uncomfortable. After all you are trying to have fun and enjoy yourself. Your task is to figure out what suits you best.

Unless you are a full-time party planner you don't have a lot of time to plan your party. Make sure you don't take on a larger project than you can handle. You don't want to get overwhelmed by party planning. Your friends and family will enjoy your company no matter what kind of a style you have for your next party.

Author: George Meszaros with

<http://www.partyfantastic.com>



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