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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

Household Pollution...There is a Solution

By C. Andy

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Every day, people everywhere, unwittingly expose themselves and Mother Earth, to hazardous materials. I say unwittingly, because these chemicals are found in the household products that we use every day. Scientists now believe that exposure to these every day products, is a key factor in the increase of certain chronic illness in children. Illnesses including cancer, asthma, ADD; birth defects, and many other problems. And if they are toxic to us, they are not helping the environment either. As consumers, we are left in the dark as to what are really in the products we use. Manufacturers are required to list the ingredients, but how are you supposed to know what those items do? Most of them you can't even pronounce! We all know that when it comes to Corporate America, profit usually wins out over consumer protection.

YOUR HOME IS THE NUMBER 1 SOURCE OF TOXIC CHEMICALS

Because we spend 80–90% of our time indoors, that is where we are more likely to come in contact with toxic chemicals, residues and vapors.

Children drink more water, eat more food, and breathe more air per pound of body weight than adults. This is one reason children are more likely to suffer; another is that children put things in their mouths. Even things you think are "clean" often have harmful residues left on them by the very products you used to clean them with! Furthermore, children are less developed, their bodies are effected more severely than an adult's. And, just because something has proven safe for adults, doesn't mean it's safe for kids. Most products are tested without any consideration for the exposure of children, save the small warning to keep out of their reach. Each year FIVE to TEN MILLION accidental poisonings are reported to the U.S. Poison Control Center. Many are fatal; most are children.

What is under your kitchen sink? Bleach, dishwasher detergent? What's in the bathroom? Perfume, mouthwash, and hair color can kill a child! Among children under the age of five, the most common poison is a household cleaner or personal product.

Would you keep a handgun under your sink? No way– but you keep products down there that are statistically even more dangerous. According to the National Safety Council, more children, under the

age of four, die from household poisoning than are killed by accidental shootings in the home. And we want more legislation for guns.

Ok, we know we can't depend on the government to protect us, so what can we do to protect our planet and ourselves? Is there any good news? YES! There are alternative products out there that are safer, healthier, and more natural. Several companies have sprung from the need for healthier living, and offer great products that work as well, or better than supermarket brands you commonly buy. In most cases they are even less expensive to use as well.

If you would like more information regarding safer products for your home and environment, where to get them, and how to turn this information into a successful home business, please visit my site:

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Air Pollution And Air Purifiers

By Jason Uvios

It doesn't matter where you are, as long as you are not in one of those hi-tech labs or anything, you will be encountered with polluted air. These days air purifiers are being sold with the promise of cleansing this air. But before you invest on an air purifier it helps if you understand what are the sources of pollution and how air is actually polluted.

A) Pollution due to Particulates: Generally not visible to the naked eye particulates would be made up of dust, dust mites, dust mite feces, pet dander, skin flakes, pollen, smoke particles and allergens.

Generally a purifier with HEPA filters and the ionizers together are good enough to deal with the particulates.

B) Pollution caused by Odor: The source of odor can be wide ranging. It can be coming from food, pets, our own bodies, cigarettes, clothing, etc. Although odors are not necessarily dangerous, but they can leave you with an unpleasant feeling which you wouldn't want.

The purifiers which have active carbon filters in them are the best to deal with the problem of odor.

C) Pollution caused by Microbials: Microbials would include bacteria, fungi, mildew, mold spores and

viruses. Normal filters wouldn't be able to deal with them as some of them can be as small as .001 microns. Compared to that HEPA filters can be effective for anything above the size of 0.3 microns. Microbials have their homes in warm, damp places like under the carpet, in the walls and in the heating and air conditioning ducts of our homes.

The best way to deal with microbials is to have those devices that can produce oxidation. They help in killing these microbials.

D) Pollution caused by Chemical Fumes and Volatile Organic Compounds (VOC): The source of this pollution are chemicals like benzene and formaldehyde. The fumes of these are constantly being released by our carpets, upholstery, furniture, draperies, household cleaning products, etc. Other sources would include cigarette smoke, construction materials, etc. Many of them have been identified as carcinogens.

The best available solution today in the market are those devices that produce oxidation. This is a serious kind of air pollution and must be dealt adequately.

Now that you are acquainted with all the major types of air pollution you are in a better state to deal with them. Knowledge brings power, and now you have the power to choose rightly, to choose the exact air purifier you will need.

Jason Uvios writes about on Air Pollution and Air Purifiers to visit :-

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