

"How Internet Marketing Made Me 'Drop-Dead' Gorgeous!"

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By Jo McNamara

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"Those who know their minds do not necessarily know their hearts." La Rochefoucauld

Internet marketing fascinates me. It fascinates me so much that I am at the computer 12 hours a day. However, after a few months I noticed that my posterior was beginning to spread out and fit the contours of my desk chair a bit too comfortably. I was getting very pale and for the first time became aware that gray was now my natural hair color.

Action was needed and this is what I did:

- Because I was getting up at 4 a.m. to be able to spend 12 hours a day on the computer, I found that I was getting hungrier during the day. But instead of eating Fritos, I started having boiled eggs and apples as snacks. I quit putting chips on my grocery list. My husband complained about not having munchies in the house. I told him if he wanted them that much, he could buy them himself.
- Because I was getting up earlier in the morning to spend 12 hours a day at the computer, I started eating my dinner earlier in the evening. That meant my husband and I no longer had dinner together. He started bellyaching that there wasn't anything prepared for him when he got home from work. I told him it was about time he learned how to cook.

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· Because I was spending 12 hours a day sitting in front of the computer, I decided I needed to spend at least half an hour on the exercise bike. So I got it out of the garage and set it up in the living room so that I could listen to the stereo while I exercised. My husband objected about having to look at it while he watched TV. I told him that was too bad and HE could use some exercise himself.

· Living in Florida, I've always had a tan and I like having some color. But because I was spending 12 hours

a day on the computer, I didn't have time to spend in the pool. So I started using self-tanning lotion. My husband grumbled that he didn't like having to smell it at night. I told him he could sleep in the spare bedroom if it bothered him that much.

· Sitting in front of the computer for 12 hours a day, I was smoking cigarette after cigarette. By the end of the day I could barely breathe; my lungs felt so heavy and congested. I decided I would have to give up smoking. Of course, nicotine withdrawal made me v-e-r-y irritable. My husband said he wished I would start smoking again because I was so miserable to be around. I told him to go to #&*%!!!

· With the money I made from my e-business, I got an expensive new hair style, bought a new wardrobe (in a much smaller size), traded in my glasses for contacts and had just "a little bit" of plastic surgery done on my eyes. My husband griped that we could have used that money to fix up the house. I told him I was the one sitting in front of the computer 12 hours a day and I would spend my money as I pleased.

Now months later I'm thin, toned and tanned; I look and feel "drop-dead" gorgeous. Of course, no one has noticed because I spend 12 hours a day in front of the computer.

P.S. My only regret is that my husband is not here to see the "new me." He left me seven months ago...

Jo McNamara lives in Orlando, FL and is STILL married to her best friend of 16 years. Jo is a proud

member of the: Internet Marketing Success Arsenal "Can YOU Afford 24 cents A Day For Net Marketing Success?" <http://www.what-works-online.net> or [Mailto: jomc@what-works-online.net](mailto:jomc@what-works-online.net)

Glossary Of Poker Terms – Part 2

By Eric Madsen

Call: When a player matches the prior bet on the table, that action is termed the call.

Cap: The last permitted raise in a betting round is called the cap. We allow three raises beyond the initial bet in limit games. The third raise is the cap.

Check: If there is no bet on the table and you do not wish to place a bet, that action is termed a check. You may only check when there are no pending bets.

Client: The term for the software that you download to your computer, allowing you to interact with the poker room's servers.

Collusion: A form of cheating where two or more players attempt to gain an unfair advantage by sharing information. We do not tolerate cheating.

Community Cards: Face up cards on the table that are shared by all players are termed community cards. Texas Hold'em and Omaha always have community cards. In stud games, a community card is dealt in place of the last down card when too few cards remain in the deck for each player to receive a down card.

Dead Blind: In a situation where you have missed your blinds and wish to re-enter the game before your turn to post the big blind. You must post both blinds and the small blind is termed a dead blind, meaning it does not count towards calling a bet.

Dead Hand: A hand no longer in the game.

Door Card: The first face-up card dealt with the two down cards in 7 Card Stud games.

Down Cards: The face-down cards dealt to a player.

Drawing Dead: This describes the situation when a player is trying to draw a card to complete a hand when there is already a hand that will beat it, even if made.

Drop: To drop your hand when you decide not to go further with your hand; to return your cards to the muck. Same as fold.

Face Down: Dealt cards that are not visible to other players.

Face Up: Dealt cards that are visible to all players.

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Fifth Street: The term for the fifth card in 7 Card Stud and the fifth board card in Hold'em.

Flop: In Texas Hold'em, the set of 3 face-up community cards; the first three cards on the board, all dealt at the same time.

Flush: Any 5 cards in one hand that are all the same suit.

Fold: Withdraw from further participation in the current hand. Also see drop.

Forced Bet: A mandatory bet. In certain games, a player is required to bet, having sat-in the game. Also see bring-in.

Four of a Kind: A great hand ... all 4 of one rank. For example, 4 Tens.

For more poker information go to



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