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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## How Is Tuberculosis Treated?

By Gray Rollins

### Tuberculosis Treatment

Tuberculosis, commonly referred to as TB, is an infection that affects the lungs and may also affect bones, joints, the circulatory system and central nervous system. This disease can be highly contagious if left untreated. In 1993, the World Health Organization declared TB to be a world health emergency because of the frequency of infection and the ease in which it spreads. It is estimated that nine billion new cases are reported each year.

As with any disease, it is better to ensure prevention. TB vaccinations are common and highly effective, especially in children. TB vaccinations are very common in the United States as well as other countries. Although a higher percent of children are successfully protected, if adults have not received a TB vaccination it is recommended they get one.

Symptoms of TB include chest pain, coughing, inability to breathe and pneumonia-like symptoms. However, it is also common to be infected and show no outward signs. Diagnosis of the disease will occur with a complete examination including a TB skin test. It is important to minimize the damages by early detection and prompt treatment. This can mean the difference between full recovery and possible death.

Treatment of this disease can be complicated, especially if there are other factors such as HIV. It is recommended that quarantined hospitalization occur to monitor progress and reduce the risk of spreading. Common drug therapies include antibiotics specifically designed for TB treatment such as Isoniazid, Rifampin, Pyrazinamide, Streptomycin and Ethambutol. Unfortunately, there are many strains of tuberculosis that have become resistant to the medications. It is very important for continued monitoring to ensure effectiveness of a drug or combination of drugs.

In the instance where the body is resisting drugs, surgery may be necessary. The portion of the lungs affected may be removed. Also, chest tube drainage may be required. In these cases, recovery percentages are very low. In order to reduce this risk, treatment as early as possible is advised. Patients who have an early diagnosis or are not immune to the drug treatments have a high success rate of complete recovery. Relapses are extremely rare with proper treatment.

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With over two billion people affected with tuberculosis in the world, the seriousness of this disease can not be denied. Prevention of the disease is the best way to keep the spreading of it in check. This includes ensuring children are properly vaccinated and all shots are kept up to date. Early detection and treatment are also key factors in guaranteeing complete recovery and minimizing risk of relapse.

Gray Rollins is a featured writer for TuberculosisHelp. To learn more about tuberculosis, visit

<http://www.tuberculosishelp.com/>

and

<http://www.tuberculosishelp.com/treatmentsfortuberculosis/>

## What Causes Adult Acne?

**By Kerwin Chang**

What Causes Adult Acne?

Regardless of age, acne is a condition of the sebaceous glands. These glands are attached to hair follicles and produce an oily substance called sebum. An acne lesion forms when a hair follicle becomes plugged with sebum and dead cells. The pathogenic (disease-causing) events in the sebaceous glands are believed to be due in large degree to changes in levels of androgenic (male) hormones in the body—a circumstance usually associated with the growth and development that occurs between the ages of 12 and 21. Therefore, it is important to look for an underlying cause of acne that occurs for the first time in adulthood.

Acne that appears after 25 to 30 years of age occurs for one of these reasons:

1. Recurrence of acne that cleared up after adolescence
2. Flare-up of acne after a period of relative quiet—for example, during pregnancy
3. Occurs for the first time in a person who had never previously had acne.

Acne that appears for the first time in adulthood should be examined by a dermatologist who can investigate the underlying cause. Some causes of adult acne are:

\* Medication. Some medications that can induce acne include anabolic steroids (sometimes used illegally by athletes to "bulk up"), some anti-epileptic medications, the anti-tuberculosis drugs isoniazid and rifampin, lithium and iodine-containing medications.

\* Chronic physical pressure on the skin. Chafing from the straps of a backpack or tucking a violin between the jaw and chin can cause chronic physical pressure on the skin and may induce a condition known as acne mechanica.

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\* Chlorinated industrial chemicals. These may induce the occupational skin disorder known as chloracne.

\* Metabolic conditions. Changes in the hormonal balance, such as those brought about by pregnancy, menstruation or hormonal abnormalities can induce acne.

It is also important to know that some lesions which appear to be acne are not acne at all. One skin condition that resembles acne is folliculitis, which occurs when the hair follicles become infected and inflamed. Folliculitis requires different treatment than acne.

Acne that occurs in adulthood may be difficult to treat if there are multiple recurrences. Some patients with severe recurrent acne have undergone repeated courses of treatment with the potent systemic drug isotretinoin.

Since adult acne may be difficult to treat, acne that appears for the first time in adulthood should be examined and treated by a dermatologist.

Kerwin Chang writes for

<http://www.acnestuff.net>

where you can find out more about

acne

and other

skin care topics.

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