

How Many People Does It Take To Change A Light Bulb?

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By Jan Tincher

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How many people does it take to change a light bulb? One, but the light bulb has to want to change.

How many people does it take to change a bad habit. One. You. *But you have to want to change.*

And you have to go a step farther. You have to realize that you *must* change.

*** Even more than you *want* to change, or *should* change, but that you MUST change.***

And you have to go one more step farther. You have to believe you CAN change.

Do you want to change something about yourself? How badly? What do you see on the screen of your mind, when you think about changing?

***To help you make an accurate picture, read the article *What Is Your Power Picture?* You can find it at <http://www.tameyourbrain.com/powerpicture.htm> ***

Now, that you have an excellent Power Picture, keep that Power Picture in your mind at all times.

Now, when you think about making that change, what do you think? Can you do it? YES!

Great!

One thing you need to remember. If you can think, you can change. There is always hope.

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Jan Tincher, nationally recognized expert in Hypnotherapy & Neuro–Linguistic Programming, teaches strategies and techniques to help you live a better, happier life! She studied under Richard Bandler and Anthony Robbins, and has a successful practice in Forest City, Iowa. She is an award winning author, and you can read many of her articles at <http://www.tameyourbrain.com/articles.htm> . You can read what people say about her at <http://www.tameyourbrain.com/testimonials.htm>

### **Lamp and Lighting Facts**

**By Jim Hoyle**

#### **Lamp and Lighting Facts by Jim Hoyle**

A– Thomas Edison did not invent the light bulb.

He bought the patent and improved it.

B– 3 way light bulbs work like this:

1st click – The smaller filament is turned on alone creating the lower light level.

2nd click – The larger filament is turned on alone (and the smaller off) creating the higher light level.

3rd click – Both filaments are turned on creating the highest light level.

C– 3 way light bulbs burn out faster because:

Alternating cooling/heating of the two metal filaments shortens their lifespan.

D– Watts is not a measurement of light output. It is the electricity usage.

E– Lumens is the measurement of brightness or light output.

F– 2 way lamp has two separate bulbs with 2 levels of light.

(Hoyle Fine Lamps have optional hi–lo in–line switch that provides 2 levels of light from just a single ordinary bulb.)

G– 3 way lamp has a 2 circuit socket and bulb that provides 3 levels of light (B above).

H– 6 way lamp has a combination of 3 way lighting (G above) and 3 additional bulbs which are controlled by a 2 circuit switch: 1 bulb on, 2 bulbs on, 3 bulbs on, then off.

I– Lamp Finial is the very top cap piece that sits on top of the shade.

J– Lamp Harp is the "U" shaped wire piece that holds the shade onto the lamp.

K– Lamp Harp size must be matched with the shade size for a proper fit.

L– Lamp Shades are measured: top diameter, bottom diameter, side length along with a description of the shape.

## How Many People Does It Take To Change A Light Bulb?

In 1979 Jim Hoyle began selling lamps, home accessories and furniture to retail stores as a sales rep traveling the beautiful states of North and South Carolina. Now the company ships lamps and home decor worldwide.



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