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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How Mind Implants Increase Business Success

By Dave Czach

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If your business isn't as successful as you envision, what's holding you back? You might say it's a lack of capital, a lack of employees, a lack of *great* employees, a lack of time, a lack of inventory, a lack of ... whatever. But these and similar reasons is not what causes your lack of business success. These reasons – or excuses – are merely the results of a greater cause ... your thoughts.

A Buddhist proverb states, "Thoughts are things. As you think, so you become." In other words, if you're thinking, "I wish I had sales like him," then you have put yourself in the state of mind of wishing – not having. If you say, "I'm trying to increase sales," then you have put yourself in the state of mind of trying – not doing. If you say, "I increase my sales 10% every month," then you have put yourself in the state of mind of doing and having!

Do you see the difference? Trying and wishing are tasks that never get completed because your focus is not on achievement. It's on "attempting" achievement. Whereas "I increase..." is present tense and action-oriented. It's doing and having.

A great example is the University of Michigan football team. When I was growing up in Michigan, I cheered for the Wolverine's football team every year. But it seems almost every year they would get to the Rose Bowl and lose. Later while studying psychology and perceptions I reflected on the statements made by the coach on television, "We will make it to the Rose Bowl!" Guess what? The "doing" and "having" were focused on playing in the Rose Bowl. NOT WINNING THE ROSE BOWL! Why do you think they

lost the Rose Bowl?

Success is the way you think about things and the words you choose. As world-renowned psychologist Dr. Wayne Dyer says, "When you change the way you look at things, the things you look at change." This means you have to alter your perceptions, thoughts and words. If done correctly, the results will be business success. But ...

Changing your thought patterns must be repetitive to be effective. You just can't change your mind once and expect permanent results. Afterall, I'm talking about modifying habits. Which is a daunting task to many people. Fortunately, after years of researching

successful business men, noted author Napoleon Hill discovered a common thread. To be a success at anything in this world, you need at least desire, belief and action. If you lack the desire or belief, you're in "luck" because he also discovered those fundamental attributes can be learned through AutoSuggestion (now called affirmations).

Affirmations are very effective. But you must be careful which words you choose because you are literally implanting new thoughts to run your life. Affirmations need to be written as a positive, present-tense, action-oriented statement. For example, if you're writing for self-confidence, you might state: "I am self-reliant everyday. I have great inner courage. I do whatever I desire." And so on. Napoleon Hill suggests you read your affirmations aloud once in the morning and once at night until you feel, believe and live your affirmations. The down side is most people get bored and quit before they experience any real results. Fortunately ...

Affirmations are now automatic. You don't need to write your own affirmations. Professionals have pre-written many affirmations. You can purchase a hypnosis CD, a guided meditation CD or even software.

In conclusion, your level of business success is completely your decision. You can think your way to billionaire status like Tom Monaghan – founder of Domino's Pizza (Ann Arbor, MI). Or barely pay the bills as a part time home business owner. In either case, it's your desires, beliefs, thoughts and action that produce business success. A lack of anything is simply a result of negative, unresourceful thinking.

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Using Pillar Implants To Avoid Snoring

By Jason Rickard

Snoring may not seem to be a nuisance to someone who actually snores, but to everyone else, it's completely disturbing and can be the cause of sleepless nights. Snoring is more evident in men and in adults. Snoring is something that should never be overlooked for it can lead to a more serious problem which is sleep apnea.

If you are a heavy snorer, then you need to seek medical medication as soon as possible. Good sleeping habits and eating a balance diet could improve things but if and when you realize that no sleeping tips can send you to bed without the irritating z's, then it is time to head to your doctor.

Pillar implants are getting more popular nowadays. You can discuss with your doctor if implants are suitable for you. Pillar implants are also considered as palatal restoration but patients do not need to undergo a surgical operation. What the implants do is to stiffen the snorer's palette tissue which when moved causes vibration. This vibration is what we know of as snoring.

Doctors would place three inserts in your mouth and the procedure would take no longer than an hour. After a few hours, you can be allowed to eat solids but you must stay clear of hard foods for a certain time. Pillar implants are known to be without serious side effects as they use non-toxic materials and safe to use regularly.

The effect of pillar implants can last a long time. It can prevent chronic snoring permanently. You can also ask for the implants to be removed in case you become uncomfortable or if you feel you no longer need one. If you need implant extrusion or need to check on the placement of your pillar implants, you should visit your doctor immediately.

Pillar implants are the next best thing to surgical treatment. You don't need to visit your doctor as often to complete several sessions. Besides, it's a cheaper way to prevent snoring. Pillar implants are definitely one of the most practical and effective ways to a soothing and quiet sleep.

Jason Rickard is the owner of Your Favourite Shop –

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