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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How TCA Skin Peels Work

By David Maillie

While it is true that physical beauty is just skin deep, it is still no reason why people, particularly women, should disregard basic skin care. Since the skin is our outermost layer, it is exposed to the harsh elements of the environment. And because it is not uncommon for people to base judgments from our cover, with the face being the first thing they look at, it is only proper that we go to great lengths to keep our skin looking clean and fresh.

There are a lot of skin care products in the market today. Unlike before when a normal bar of soap was used for skin cleansing, cosmetic companies are now producing a wide variety of skin care treatments that can address various skin concerns. However, there are cases when treatments need to be more aggressive, especially for those who have aging or blemished skin. Most, if not all, of the over-the-counter products are topical in nature, meaning it only affects the epidermis or the outer layer of the skin. Aging or blemished skin needs to be treated down to the root of the problem to see definite changes.

This is where skin peeling comes in. While OTC medicines treat minor skin irritations, skin peeling makes use of more concentrated drugs to accelerate the removal of dead skin cells from the surface of the skin, thus producing regeneration of new and younger-looking skin cells. Out of all the skin peeling procedures available, the TCA skin peel is the most popular.

TCA Peel, which stands for Trichloroacetic Peel, used trichloroacetic acid to remove superficial blemishes such as post-acne scars, correct pigment problems (melasma) and smooth out fine surface wrinkles. On some occasions, TCA Peel has even been used to remove and prevent the growth of pre-cancerous lesions. It is an intermediate to deep peeling agent that is normally used in 10 to 35% concentrations, depending on the extent of peeling that the patient wishes to achieve.

According to Dr. Jean M. Loftus, an American plastic surgeon who is recognized as an expert in the field of cosmetic surgery, claims that the TCA peel is "perfect for women who want to have more than superficial peel but cannot afford the expense or recovery time of a deeper treatment. A good alternative to having the treatment done at a clinic would be through one of the medically-certified kits available online at sites such as

<http://www.bestskinpeel.com/>

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Unlike more aggressive modes of treatment, the TCA skin peel is considered as a minor office procedure and can be done within 15 minutes to an hour. Since TCA is a chemical that will slough off the dead surface of the skin, patients may feel a burning sensation once it is applied. Some surgeons offer their patients pain killers or sedatives in order to tolerate the pain of the procedure. After taking the medicine, TCA is then applied to the problem areas, one area at a time. It is only normal that the face turns slightly red after the chemical has been applied - this means that the TCA is already working its purpose. Iced saline is applied on the face after the procedure, to avoid further discomfort brought about by the chemical. The face will achieve to its normal color after 15 to 45 minutes. To finish off the procedure, an oil-based or steroid ointment will be slathered on the face to prevent the skin from being overly dry and to retain its normal moisture level.

David Maillie is a chemist with over 12 years experience in biochemical research and clinical analysis. He is an alumni of Cornell University and specializes in biochemical synthesis for public, private, and governmental interests. He can be reached at M.D. Wholesale:

http://www.bestskinpeel.com

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Treating Acne, Scars, And Wrinkles With A Tca Trichloroacetic Acid Skin Peel

By David Maillie

Everyone has heard of skin peels and there are many – lactic, glycolic, salicylic, TCA (trichloroacetic acid), and phenol. Of these there are basically 3 levels:

Minor, superficial peels – lactic, glycolic, salicylic. Medium depth peels – TCA, Jessner's Deep peels – phenol.

We will only deal with medium strength TCA peels here as they are the easiest to apply (Jessner's can require multiple concurrent applications and taping to aide in skin penetration), safest, and, by far, the most effective against numerous skin ailments/conditions. They are also one of the most effective treatments for acne currently known to the medical community.

The most common treated area is the face. TCA is applied usually in a cream. Doctors will mix Obagi, Apeel, or other previously prepared cream with TCA and then apply this mixture to the face or body area to be treated. The creams tend to have a skin dye of green or blue so the doctor can easily see what areas have and or have not been treated. It is usually applied with a cotton or foam applicator. This is then left on for 10–20 minutes. Some doctors prefer to use a straight (non-cream) solution of TCA. This works much faster and penetrates deeper and is used for deeper peels.

How TCA Skin Peels Work

After application and proper time for the desired depth is achieved, the doctor will apply a neutralizer. This is usually just a mixture of baking soda and water made into a paste. Some doctors will add chipped ice to further cool the skin. The skin will now be inflamed and if no dye was used will look like a bad sunburn. This will last 2–4 days until it starts to peel off and reveal new, clean, younger looking skin. Depending on the skin problems treated it may take several treatments, but a major difference will be seen immediately.

The results from a TCA peel are far more reaching than with a regular, superficial peel. Results can last 6 months to a year and it has been known to keep acne at bay, shrink and lessen acne scars, reduce and tighten up wrinkles, improve color, pigmentation, etc... A TCA peel cannot be applied as often as a more superficial peel. Generally speaking, a superficial peel can be applied every 2–5 weeks. A Stronger, medium depth peel needs more time between peels for the skin to properly heal and regenerate. Doctors like to wait 2–6 months or more between these peels.

This process of chemically exfoliating the skin is more rapid and deeper in a TCA peel than in most peels. Many skin peels, like lactic, glycolic and salicylic are good at reducing oily buildup (overactive sebaceous glands), and very minor skin imperfections. but they cannot effectively treat acne, wrinkles, fine lines, etc... TCA has been proven to treat these deeper skin conditions and is offered at almost every dermatologist and plastic surgeon office. The improvement in skin color, tone, etc... is so drastic that women, even men are lining up in droves to have this done all over the world.

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