

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**"How To Accomplish Anything You Want In Life"**

**By Roy Bartell**

**"How To Accomplish Anything You Want In Life" by Roy Bartell**

Building a Network Marketing business is like planting a garden. You till the soil, fertilise it, keep the weeds out and make sure it is protected from bad weather. But some seeds will grow while others will wither. The strong seeds will grow regardless of you.

If the seeds you plant are weak you will be forever propping them up and hoping they will grow. Don't fool yourself into believing a weak seed can be encouraged to grow into a strong and beautiful plant. That rarely happens. The real secret is to plant the strong seeds. The real reason why people join a Network Marketing business or any business is because they have a (PMF) Primary Motivating Factor.

Let's view a few.

- 1- Extra Income
- 2- Financial Freedom
- 3- Have own business
- 4- More spare time
- 5- Personal development
- 6- Helping others
- 7- Retirement

## 8– Leave a legacy

You see the point is you have to know why you want to build your business. You have to set a Goal, an accomplishment to be achieved. Having a mission is an important part of goal-setting process because a mission helps you focus the direction of the goals. Goals can be anything so long as they contribute to your mission (reason for being).

Goals identify the direction of your organization or you personally; they are ultimate "destinations" of our dreams,

needs, and desires.

Goals are developed from ideas, wants, needs, and desires. They can come from our business or our personal lives.

Goals should not change once they are set. However, objectives to reaching goals can and should change as conditions change.

Essential goals must be accomplished for your success.

Problem-solving goals ought to be done to correct ineffective conditions and thereby produce better results.

Innovative goals are those we like to do in order to make something good even better (faster, cheaper, or safer)

Try to find opportunities to achieve multiple goals by completing action plans that are common to two or more goals. Obviously, this requires careful planning and written statements that you can mix and match as needed.

Copyright (c) 2002  
All Rights Reserved

### **How to overcome negativity in your life?**

**By Ajay Pats**

### **How to overcome negativity in your life? by Ajay Pats**

A positive attitude may not solve all your problems, but it will annoy enough people to make it worth the

## "How To Accomplish Anything You Want In Life"

effort. A strong positive mental attitude will create more miracles than any wonder drug. Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives. I know I'm not going to get that job. I need to lose weight, but I can't. Everyone keeps telling me walking and exercise will help me to lose it, but I know it won't work for me. Nothing works for me. I'm overdrawn on my checking account and I have no way of getting any money to put back in there.

All of these things you say you can't do or won't happen for you will not happen with that attitude. Thinking negatively will keep you from getting the things you want or being where you want to be in life. The only person who can remove all that negativity out of your life is you.

How do you remove negativity from your life? The most important thing you can do to remove negativity from your life is to have a positive train of thought about every situation. What you think is what will happen. Thinking you can't accomplish anything will keep you from doing that. Having negativity in your life is a major downfall. You can't accomplish anything without having positive thoughts. Anything you want from a new job, losing weight or gaining financial stability require you to think positive thoughts to succeed. Negative thoughts will develop into negative actions. That's when you physically won't go after the things you want because your thoughts will keep you from doing something to get it. Since you think you can't do it or have something anyway, you won't go after it and you will never get what you want.

We usually have negativity in our life from low self-esteem and lack of confidence. This is when we don't believe in ourselves and feel we don't deserve things. The first thing you have to do is build your self-esteem back up to believe in yourself. Believe that you can accomplish anything in your life and you have the reliance to go after it to get it. This will help you lose a lot of negative thoughts right there. You have to remove all negative thoughts and actions from your life.

Think positively about everything you want to do and it will come to you. Develop the attitude you can get anything you set out to have and once you decide this, nothing can stop you from accomplishing that. With keeping your thought train like this you are removing all the negativity from your life. Surround yourself with positive people in your life. If you are around negative people you can't help but to be negative, too. There is no one to encourage you to have positive thoughts if everyone you are around is negative like you. Birds of a feather flock together. Remove yourself from negative people.

It takes time to develop and keep a positive train of thought. Once you decide that you don't want negativity in your life anymore and disconnect yourself from the people who have nothing but negative thoughts, you can accomplish being a positive person. Whenever something happens in your life don't automatically think negatively about the situation, no matter what it is. Practice to think only positive thoughts and eventually this will become a part of you. Once you have no more negativity in your life, you will have the tremendous life you want and deserve

Ajay Pats is a professional manager. He runs inspirational ezine available at <http://www.topica.com/lists/venturemall>. He also runs community for home based business entrepreneurs available at <http://groups.msn.com/venturecon>.

"How To Accomplish Anything You Want In Life"



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**