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How To Avoid Complications With LASIK Surgery

By Nicola Kennedy

As with any surgery, LASIK has a few complications. Scientific studies conducted in the late 1990s depicted that a meager 5% of LASIK eye surgeries resulted in some sort of complication. However, expert eye surgeons claim that the complication rate drops well below 1% if the patient is thoroughly examined prior to the surgery, so as to ensure that the procedure is feasible and beneficial.

Though quite rare, complications due to LASIK do occur. The following are some of the frequently reported complications of LASIK eye surgery.

- Dry eye syndrome
- Light sensitivity
- Halos or glare around light sources at night
- Over/under-correction
- Ghosts/double vision
- Induced astigmatism

LASIK eye surgery involves the cutting of a flap in the cornea, which is lifted for laser re-shaping of the eye. The flap is then replaced to form a type of natural bandage. Complications may arise if the flap is not cut correctly, which may result in an uneven eye surface and a vision defect called irregular astigmatism.

The above stipulated complications may give an impression that LASIK is a risk-prone surgery. However, much to the patient's relief, LASIK complications can be rectified through laser re-treatments or enhancements of the eye. Furthermore, it is very much a rare exception that a LASIK surgery would cause significant vision deterioration. That is, there have been only a scant few cases that the corrected vision was actually worse than it was before surgery. Such rare cases can be attributed to the eye surgeon's inexperience and the lack of a through pre-operative examination.

Though LASIK does have potential side effects, all such complications can be averted by opting for an experienced eye surgeon who takes that extra precaution while performing the surgery. The truth is that LASIK is by far the most efficient procedure when it comes to corrective eye surgery. With a

minimal complication rate, LASIK is a near risk-free proposition.

Nicola Kennedy publishes articles and reports and provides news, information and views about

Laser

Eye Surgery Complications

at Your Lasik Information. <http://www.Your-LASIK.info>

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Educate Yourself – LASIK Eye Surgery Could Be For You

By Nicola Kennedy

It might be the case that you are tired of wearing glasses, or you believe that it cramps your style. You also don't want to use contact lenses, in order to avoid infection or inflammation due to overuse. In such a scenario, you are likely to consider LASIK eye surgery, which is one of the most prevalent vision correction procedures. And therefore, you require some basic LASIK education, in order to get a clear picture of what you can expect from LASIK if you want to know whether you should do eye laser surgery.

If the light rays don't focus on the retina (light-sensing cells), the image you see is blurry. This is termed as refractive error, and may be caused due to an irregularly shaped cornea. LASIK surgery involves carving of the cornea in order to give it the perfect shape, thereby making light rays focus on the retina. LASIK surgery employs a high-precision laser, named Excimer, which is an ultraviolet chemical laser.

Scads of people have undergone LASIK, and most procedures have been successful. But as with any surgery, LASIK has associated risks and complications. However, LASIK has a relatively low complication rate, between 1% and 5%, which is among the lowest in the eye surgery field. Another trivia from the chapter on LASIK education is that LASIK may not result in perfect vision. That is, not all patients achieve a 20/20 vision.

If you suffered from myopia and have undergone LASIK as a corrective procedure, you would still require reading glasses (for near vision) in your late 40s. LASIK is an irreversible procedure, and most insurance companies do not cover LASIK surgery. Therefore, make sure that your surgery is performed by an experienced ophthalmologist. Also note that only eye MDs (ophthalmologists) are permitted to perform LASIK surgery.

Now that you are aware of the ins and outs of LASIK surgery, decision making is much easier. Have a discussion with an experienced ophthalmologist. It might be the case that you could very well forego the surgery. But if need be, LASIK is a superlative option to correct your vision.

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