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**How To Be Safe While Traveling**

**By Scott Flint**

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The most dangerous time in your life, when you are most likely to be attacked is when you are traveling in an unfamiliar area.

Tourists are the favorite prey of the goblins of the world for the following reasons:

They are easy to spot. Tourists make the mistake of not blending in, wearing clothes that stand out. Shorts in a climate where everyone else is wearing pants. Brand-new clothes with bright colors. A camera around the neck, and a generally lost look on the face.

They're not armed. It is illegal to carry most weapons on common carriers such as airliners. Goblins know this and purposefully go after the tourist.

Tourists make the mistake of flaunting wealth. They wear expensive jewelry, and carry large amounts of cash.

False sense of confidence. When people travel from developed countries such as Japan, the United States or England to third world countries they incorrectly assume the country they are visiting has the same overall safety as the developed country. Those tourists are often unpleasantly surprised at how dangerous the country is that they are visiting.

Tourists are assumed to be rich. People in most third world countries do not have the money to travel. So they think that anyone who can travel must be rich. They often resent that supposed wealth, and are willing to take drastic action to take it from tourists.

So, what is the answer? Never travel to new areas? No, that would be an awful way to live your life. Travel is fun and exciting, and no matter what the possible threats are, you shouldn't let a few dirt-bags ruin your fun.

## How To Be Safe While Traveling

The key is to avoid trouble by not standing out as a lost, vulnerable tourist.

Learn about the area you will be traveling to. The more familiar you are with the new area, the more confident you will be as you stroll down the street. Use the Internet to get maps of the area, and information on the sights you want to visit. Find out as much as you can about the culture of the people you will be visiting. Your primary goal is to blend in.

Find out what people usually wear in the area you will be visiting.

Hopefully you will already have similar clothes. It is best not to wear brand new clothes.

Go with a group if possible. There is strength in numbers for tourists.

Being with a group is especially important if it is your first time to the new country. A tour group is a great way to go because the tour guide will only take you to areas that are "safe" for tourists. Do not venture out on your own, unless you know for certain the area you are going to visit is relatively safe. Stay in the neighborhoods that are set up for tourists.

Consider arming yourself with weapons that can be carried on common carriers. A good solid three foot walking stick is an example. A goblin would think twice before trying anything with you carrying such a weapon.

Don't carry cash. Use credit cards, or travelers checks. If they are stolen, you can get them replaced. If you normally carry your wallet in your back pocket, change it to your front pocket. Pickpockets have a very hard time getting your wallet from the front. Carry a little extra cash in your sock or shoe, just in case you need some emergency money.

Don't tempt fate. Even if you think you are in a very safe area, do not leave valuables out in plain sight. Some desperate people might attempt to kill you in order to get your valuables.

Whenever you travel you must continually be in a heightened state of awareness. If you slip out of that aware state, you could find yourself in serious danger.

By using the aforementioned concepts you should be able to have a safe, enjoyable trip with little chance of being attacked.

This article was written by Scott Flint a 5th degree Black Belt with 27 years of experience teaching Self-Defense.

This article is from the Travel Safe chapter of Scott's Self-Defense book titled: Waking The Tiger Within—How To Be Safe From Crime

You can order this book at:

This is a 136 page comprehensive Self Defense Manual. This book sells at the site for only \$9.95 25%

off of the retail price.

You can contact Scott Flint at

Scott Flint, a 5th degree Black Belt, holds the title of Master Instructor, has taught over 3500 students during 27 years. Has learned from experience exactly what women, men, and children must know to be safe in all environments.

Scott is also Senior Chief Instructor of West–Wind Kung–Fu Schools in California. He is Director of the Taipei Chinese Kung–Fu Association United States Of America Branch.

Besides traditional Kung–Fu, Scott teaches a course in Personal Protection using the Combat Pistol

### **Travel Safety Tips: Things To Consider When Traveling**

**By Ketut Sukarya**

Traveling is, indeed, one of the most indulging activities one could ever experience. People get to discover the most exciting beaches, the undiscovered taverns, and the virgin forests.

However, along with all of these great places are the risks of getting into trouble, especially if the person is not yet familiar of the new surroundings and environment.

Here's a list of some safety tips that one can use when on travel.

1. Do the homework.

Like any kind of decisions people have to make, it is always important to know the area they will be visiting so as to familiarize themselves with the laws, locations of best tourist spots, and the kind of people they have to deal with.

Going to a place without having the slightest idea what it is all about is just as bad as going to the wilderness with beasts lurking everywhere and there's no gadget to protect them.

2. Never travel alone.

Of course, there are times when people just want to be alone and unwind so as to shed off all of the hustle and bustle of urban living.

However, with the imminent danger lurking everywhere, it is better to travel with someone than to risk their lives traveling alone.

After all, people will never know what will happen next as soon as they arrive at their destinations, especially when it is their first time on the area.

## How To Be Safe While Traveling

### 3. Planning.

When traveling, it is extremely important to plan ahead. This will give the traveler enough time to decide on which things need to be on top priority and which should be considered at a later time.

Besides, when a person has enough time to plan things ahead, he or she will be able to think on things that will protect them when they are on travel already.

### 4. Always be prepared for emergencies.

It does not necessarily mean that people must be pessimistic on the way they plan their travels. It's just that they have to consider any possible emergencies and be prepared for it.

As they say, an ounce of prevention is always better than a pound of cure.

### 5. Be aware of hotel accommodations.

It is best to choose hotels that are equipped with the best innovative safety equipment. This is to ensure that travelers will be safe once they are alone in their room.

So, whether a person is traveling for the first time or for the nth time, it is still best to keep in mind safety traveling tips such as these one so that the experience will always be a gratifying one.

Ketut Sukarya is the owner of Bali Suci Tours. For more information about Bali travel, please visit  
and

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