

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How To Create A Stunning Updo

By Jenny Andrews B

With prom season right around the corner, you are no doubt already thinking about how you want to

wear your hair for the special night. While many of your friends may end up spending a fortune getting their hair done at a salon, you can easily do your hair at home and achieve stunning results. The key is in the details.

When creating updos at home, one of the hardest things to do is craft perfect twists and dramatic effects. But you can have equally stunning results by taking a few shortcuts. Here are a couple of ideas that you can do yourself at home.

Loose, Romantic Updo

Remember Kate Winslet's hair in the Titanic? This classic, romantic updo is very simple to pull off at home. All you need is a medium sized curling iron, some bobby pins and super-hold finishing spray.

To begin, start with dry hair. Give your hair a once over with the hairspray and start to curl your hair in ringlets. You can do this by taking ½" sections starting in the nape while pinning the rest of the hair up. After completing each section, pull down another ½" parting and curl until the whole head is covered in Shirley Temple ringlets. (Don't worry; it's not going to stay like that.)

Next, pull hair in 1" sections from around the hair line. Twisting slightly and loosely, pull the sections up and back toward the top of the crown and pin into place. Continue around the entire perimeter of the head until all of the hair is pinned up. If the curls on the crown look a bit funky, rearrange them to where you would like them and pin into place. You can also leave tendrils of soft hair falling around the face and neck of this updo to create a wispy effect. Spray to hold.

Fun and Modern Updo

This updo is extremely easy to create. Start again dry hair. First, create a dramatic design parting in the front and top of the head. You can do a zigzag parting or an angled parting, really any parting that adds interest. Sleek the rest of the hair down and back to the nape of the neck in a temporary ponytail.

How To Create A Stunning Updo

Holding the ponytail in your fist, twist up until the end of the hair are pointing up and over the crown leaving only about 1" of hair to play with. Hold with a clip and fan the ends out with some pomade or styling wax. Spray to finish.

You see, it's not that hard. And when your friends all show up with cookie-cutter hairdos and less money in their pockets, you can smile with the knowledge that you not only have an individual updo but that you also have more money to burn.

Jenny is a hair expert, and the author of an incredible free minicourse, that explains how to find your unique style, how long or short you should have your hair, how to find the right hair color for you, how to find the right salon, and a lot more. Go to

<http://www.hairstylevillage.com/>

now and get this amazing

hair minicourse - absolutely free.

How To Add Special Touches To Updos

By Jenny Andrews B

If you want to create a special and dramatic look for that special occasion, the last thing you want to do is look like a cookie-cutter Barbie doll when it comes to your hairstyle. And the truth is that many of your formal hairstyles were probably just that, exact replicas of styles that were worn on every special occasion for years stretching back into time. But it doesn't have to be that way. You can create a different and exciting new updo for each and every formal occasion even if you only know how to do one type of formal hairstyle.

You see, the key to creating a different look lies in the details. You could actually style your hair in a French twist without having the same look twice if you added special touches and elements to your style. Here's how:

- Straighten instead of curl - In many updos, the free pieces are curled with a curling iron. You can change your look simply by using a flat iron to sleek down these pieces instead of curling them up. You can even alternate using a crimping iron and flat iron to create a dramatic effect.
- Leave pieces free for effect - You can also experiment by leaving different pieces of your updo free. For example: try leaving a ½" section of hair around your complete hairline free from the updo. Pull your hair up into a simple pony tail. Then, take ½" sections of the free hair and crisscross it in a basket-weave style on top of your updo. Pin into place, and you've created a unique look with little effort.
- Use accessories - By using simple accessories such as hair extensions of a different color than your hair and ribbons, you can add a lot of interest to your updo. Simply insert small strands of hair or ribbon

How To Create A Stunning Updo

into your style to create splash of color and drama. You can color coordinate these with your dress or use natural colors that will compliment your hair color.

· Flowers - Inserting a small floral accessory into your updo is also a good idea as long as you don't take it overboard. Choose very small flowers and use them sparingly. Using too many will make you look like a flower arrangement. Remember, accessories are used to compliment your style, not overpower it.

In addition to these ideas, there are many more that you can experiment with. Just remember that small changes make a big difference when it comes to adding that special touch to your updo. So, even if you don't have a lot of creativity and talent, you can still create breathtaking updos that will be envied by all who see them.

Jenny is a hair expert, and the author of an incredible free minicourse, that explains how to find your unique style, how long or short you should have your hair, how to find the right hair color for you, how to find the right salon, and a lot more. Go to

<http://www.hairstylevillage.com/>

now and get this amazing

hair minicourse - absolutely free



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!