

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How To Deal With A Whiplash Injury

By Mohammad Latif

Having the right accident solicitor makes all the difference in the world when you make a whiplash injury claim. Choosing the wrong one means you're back behind the wheel, at the accident.

It happens all the time: long, tiresome travel, a moment of distraction or a sudden meeting with a road-hog – and suddenly you end up in a crash. Whiplash injury is very often, maybe 80% of the time, the result of car accidents.

It's an injury caused when the neck suddenly jerks backwards and forward or vice versa during a collision. A small percentage of whiplash injuries can cause traumas lasting many several years with many chronic problems. Each year British insurers deal with approximately 250,000 claims for this kind of injury! That's a quarter of a million claims.

Recognise The Symptoms!

There are no two identical accidents and the symptoms of a whiplash injury may vary depending on e.g. vehicles' speed, kind of collision (whether it's front, rear or side), etc. Saying all that, there are some symptoms, which may often vary on a day-to-day basis. Victims can suffer from headaches, dizziness and nausea together with vomiting. Shoulders and arms become stiff or numb or one can feel neck and back pains or 'pins and needles' type of feeling. Blurred vision and ringing in the ears may also occur.

The Whiplash Injury Claim

As you will see, whiplash injury may result in long months of health problems and discomfort. Wearing a collar support, living on pain and anti-inflammatory medications – is not an easy time for anyone. Not mentioning how it can affect your daily job making it difficult or even impossible to perform the simplest task. Don't you think that you deserve some solid compensation for all your health problems and frustration?

How To Deal With A Whiplash Injury

You deserve to make a whiplash injury claim in the fastest, easiest and least stressful way possible. It's hard to deal with insurance companies when you're injured and simply tired with the present situation.

So How Would You Handle It?

The answer is very simple: make use of a good accident compensation solicitor. They not only become your legal advisor – their job is to take care of all the process of claiming your accident compensation.

First, they grant you professional medical examination of your injury. Then handle all the procedures – pays the bills and fees, represent you in court, etc. You don't have to worry about anything – it's the solicitor's duty to make your claim successful and to win the compensation for you in the most comfortable manner.

Companies hassling injured people and offering their services in brazen and insolent ways belong in the past. Nowadays, the methods of an injury claim is customised to make the process of claiming

compensation stress-free. In cases of painful and lingering health problems, like whiplash traumas, making it as easy as possible, is just priceless.

Priceless? But Really, What Is The Price Of It?

Probably the most important aspect for you is, the services of an accident solicitor doesn't cost you anything at all. If you successfully claim your injury compensation, you get 100% of it – no tricks.

All the bills and payments are paid by the party who lose the case. On the other hand, if you lose, you don't pay for anything either – the solicitor makes all the payments.

Why should you pay for something that wasn't your fault? It's logical, isn't it? So there is no risk involved in cooperating with an accident solicitor.

Whiplash injury itself is painful enough. Why would you add the pain of handling all the compensation claim by yourself, if you can make use of a quality solicitor?

It's easy, stress-free and free - don't forget about the last one. Solicitors are not a leech wishing to suck your wallet dry – you don't pay a single penny for their help as it gets recovered from the other party insurers. But instead, as a 'friend' in need, makes your life easier when the troubles comes upon you.

It's easy to make a whiplash injury claim with a quality accident solicitor on your side. Discover, the 12 'Revolutions' in a positive whiplash injury culture at

<http://www.compensationsecrets.co.uk/whiplash-injury.html>

Whiplash Compensation Claim – Take These Actions

By Mumtaz Shah

What steps will you take when you wake up the next morning, after a car accident with aches and pains? Some say it's nothing, some say it's the bed and some say it's whiplash, but what do you think?

Even the most cynical of us would agree that occasionally accidents do happen. However, more often than not, an 'accident' isn't really an 'accident' at all and a certain level of fault for the accident has to be placed squarely on the shoulder of the person who caused the accident. The same is certainly true in the case of a car accident. So, how would you go about getting proper whiplash compensation following a car accident?

Unlike other injuries that can occur in a car accident, more often than not the symptoms of whiplash, such as a whiplash neck injury, will not manifest themselves until the morning after. Usually, the accident will cause the whiplash to manifest in the form of:

- a headache, most likely all over the head with particular emphasis on the back of the head, or the forehead, or behind the eyes of the victim; or
- neck pain; or
- both of the above, with the headache likely to be more painful initially than the neck ache, but with the neck ache likely to be more prolonged and with the chance of this developing into Osteoarthritis in the future.

So, with an accident injury of this nature, i.e. one that does not manifest itself immediately, you would think that making a whiplash injury compensation claim would be an extremely onerous task - as causation proof of the injury would be difficult. However, you can make it easier to make a compensation claim for whiplash if you adhere to the following guideline procedures following the accident:

1. As Soon As You Can, Write Down Exactly What Happened That Caused The Accident To Happen

When you write your notes about what happened to cause the accident, which you should try and do as soon as you can following the accident. You need to make notes of exactly what happened leading up to the accident, during the accident and subsequent to the accident. You should also take note of:

- where the accident took place
- what the weather conditions were like (e.g. was it foggy and slippery?)
- what the time was
- whether there were any witnesses who can verify your story
- exactly what you said to the other person(s) involved

If possible you should use your mobile phone camera to take photographs of the damage done to

How To Deal With A Whiplash Injury

your car and you, as well as of the road surface and the general weather conditions.

2. Have A Medical Examination Immediately

Even if you are not feeling too bad following your accident, it can take a few hours, even a sleep, for the symptoms of whiplash to manifest. However, the longer you leave it until you get a medical examination the more chance there will be that the person who caused the accident can say that your injuries could have been caused by something else other than the car accident. Or, worse, the whiplash injuries could have been mitigated if only you had sought medical attention earlier.

To protect both yourself and your potential whiplash injury compensation claim, you should take yourself off to the hospital and have a complete medical examination as soon as you can, following the accident. Once you have had the examination you should ask the doctor to write a report detailing the chances of you having suffered an injury as a result of the accident - including the chances of you having suffered whiplash.

If you do this, you may well find that it is a lot harder for the person who caused your injury to claim that the whiplash was the cause of anything but their actions.

Keep in mind that whiplash injuries can have lasting effects. They can also have a very dramatic effect on your life - especially if they manifest into Osteoarthritis. So do not take a potential whiplash injury lightly and make sure that you protect any future rights that you may have to bring a whiplash injury claim.

It's easy to proceed with a whiplash compensation and gain maximum results without the hassle, costs and confusion. Discover the 12 revolutions of whiplash injury claims at

<http://www.100percent-compensation.co.uk/articles/whiplash-compensation.html>



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!