

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How To Discover And Prevent Aquarium Fish Illness

By John Gorecki

Aquarium fish fall ill just like any other pet. The illnesses are as a result of disease. The common diseases that affect aquarium fish are mostly stress induced.

The micro-organisms which cause these diseases may be present in the water as part of the normal micro fauna and grab the opportunity to infest or infect the fish when it is stressed and its normal defense are weakened.

Different ways aquarium fish suffer from stress

- Aquarium fish usually start experiencing stress starting from the time it's about living the breeding farm till when the end purchaser finally picked it from retailer. Most beginners don't really know how to handle fish.
- The quality of water is another cause of aquarium fish stress. Different fish species have different water quality that will make the environment conducive for them. Quality parameters like pH, water hardness, high nitrite and carbon dioxide level, low dissolved oxygen salinity of water, water temperature and others.
- Any change in environment like physical damage, leaches, lice and introduction of new fish that is not quarantine could lead to stress in aquarium, thus making life non conducive for fish in aquarium tank
- Change in weather condition is another factor that leads to aquarium fish stress. When there is heavy downfall as you know the weather will become cold and this could lead to stress in aquarium.
- Poor Diet as a result of lack in nutritional requirement always leads to poor performance in fish immune system. Fish immune system will struggle to operate efficiently. This will result in a stressed fish.

Warning signs of illness in aquarium fish

How To Discover And Prevent Aquarium Fish Illness

You can easily know when your fish are going through stress if you watch them very well and often. You will notice signs like fish swimming with clamps up (closed) in their fins, hovering in a corner, heavy breathing and fish brushing its body against objects. These are warning signs you need to act on immediately.

How to reduce stress in aquarium

To reduce stress in aquarium, you need to guide against factors that lead to stress. The following are tips on how to prevent stress that ultimately leads to illness:

- Make sure you have detail information about the fish species that you will be introducing to your tank. Enquiring about its requirements before you buy it will help you a lot. Thus, ask lots of questions before making your purchase.

- Knowing the right food for your fish is another important thing you have to know as this may vary from species to species. If you have this knowledge you will be able to provide foods that are rich in nutritional ingredients that your fish require.

- Keep the environment clean.

- When you want to introduce new fish, make sure it's quarantined to reduce the risk of disease.

For more great aquarium related articles and resources check out

<http://tropicalfish.aquariumspot.com>

Some Of The Best All Year-round Aquarium Tips

By Grange Aquatics

When it comes to looking after your aquarium you need to be focussed on providing care all year-round. Below we look at some of the most important points

Temperature Control For Your Aquarium When it comes to caring for your aquarium fish, temperature control is one of the most important aspects. Although we may really feel the weather outside, your aquarium fish are more likely to suffer from any drastic changes to temperature which occurs inside the aquarium. So the following tips are worth noting:

- 1) Ensure that you switch the lights off during the hottest part of the day.
- 2) Check that your heater is properly working and keeping a steady temperature. Water which is too warm may result in the fish suffocating.
- 3) If you need to make any change in temperature always do so gradually.

How To Discover And Prevent Aquarium Fish Illness

Regular Care and Maintenance of Your Aquarium

Regular care is needed if you have an aquarium. This regular maintenance should involve vigorous aeration and filtration. Make sure that you clean your tank out regularly to ensure that the fish remain healthy.

Aquarium General Tips

Following these general tips should lead to a better environment for your aquarium fish:

- 1) Limit the number of fish in your aquarium to maximise the amount of oxygen for each fish. It will also help minimise the number of times you will need to clean the aquarium.
- 2) Make sure that you think about the positioning of the aquarium - it shouldn't be in direct sunlight as this may increase the amount of algae.
- 3) Research the fish before you buy. You need to check that each fish you put into the aquarium is compatible with the general environment and with the other fish.
- 4) You should change 25% of the water in the aquarium weekly to help maintain a healthy water balance for your fish

Grange Aquatics have been in business for over 20 years and have a dedicated team of staff on hand to share their expertise in pond equipment and water features. Visit their website

<http://www.grangeaquatics.com>



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!