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How To Dream Solutions

By Judi Singleton

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Carey was flying through the black night sky. She felt the wind in her hair and smelled the dampness below her. When she looked down she knew how high she had flown and was afraid. Yet it is exhilarating too. She sees someone down below looking up at her. He can see her flying she wraps the black cloak she wears around her so he will not be able to see her flying. Then she woke up. Rubbing her eyes, wondering for a moment where she was. Oh, it was only a dream or was it a dream? It seems so real.

Whether they are illusionary like the one above or profound dreams They often can help us to actualize our waking goals Dreams often. indicate personal growth spurts. They are not prophesy like in the bible but if you can detect within their illusionary, spiritual atmosphere a clue they can help you to know which way you want to go.

When my friend Carey first told me about this dream, her goal was to start writing again. She had lost touch with the creative side of herself. She had a good job. She had a happy marriage with two wonderful kids.

She used her creativity in her job as a window designer. She was creative with her children. But none of this was

enough. She wanted to write again. Only her writing had ever made her

feel the full extent of her creativity. She loved every minute of the process. She loved the research, the words. Oh how she loved words. Through words she found her personal power. She loved the act of writing down the words it seemed to her that she was manifesting something new into physical reality. It made her feel like she was flying. So back to the dream of flying through the night. She also feared that she was not good enough to become a freelance writer

that could make a living with her stories. She wrapped the cloak around her so no one could see her flying.

Realizing this Carey was excited but afraid. Change can be very frightening but she could no longer hide her need to be creative by writing. Not the black night sky would hide it or the black cloak she wrapped around her. Her creativity was surfacing and would not be denied. So she talked unendingly arguing with herself about why she could not quit her job and just start writing. She actively listened and listened to her what she was saying. When writing she talked about starting to take class so she would have people to give her feedback about writing. She set some moderate goals for her transition to at least

start writing a little each day. The class would give her support and structure to do that. At the class she started making friends with other writers who didn't feel they could write full time. They provided the support she needed to keep talking about her need to write. She felt comfortable talking about it after class because they were all in the same boat.

Later Carey dreamed of a talking owl. Now owls are very wise and this one could talk. Owls also can fly in the dark and led the way as they see in the dark. The owl told her to follow him and he would lead her where she needed to go. He told her she was not alone. Some people come along and challenge her for talking to the owl. They say kill that bird. She refuses she will not kill the creativity within her or the support she has now she no longer feels alone. Carl Jung said that dreams were the gateway to the subconscious mind. Though they may not be prophecy they can

lead you along life's Journey they are a part of you and should be recognized and nurtured as all parts of you. So use your dreams to fuel and unbraided your creativity.

about the author: Judi Singleton is the publisher Judi Singleton is the publisher of Jasmine's Journal Creative Imagination Edition. You can subscribe to her ezine at <http://www.motherearthpublishing.com>

Discover Your Niche Marketing In Your Sleep

By Dave Czach

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Imagine waking up in the middle of the night. The most brilliant marketing idea for your business pops in your head. You write down every little detail. You put it into action. You're more successful than ever – with very little effort.

That scenario can be standard practice. No more lucky guesses. No more racking your brains. No more losing sleep. By tapping into the Reservoir of Prosperity, you can create fantastic marketing solutions, carve out your own niche and do it effortlessly.

The Reservoir of Prosperity is available to everyone. In fact, you tap into it every night while asleep. It's the twilight realm where you access your higher self. Where you dream, mentally travel, relive memories and create solutions. By adding a few simple steps to your nightly routine, you could direct your thoughts and receive astounding marketing solutions.

Here's how... 1). Keep a notebook and pen on your nightstand, 2). Just before sleeping, write down all the benefits of what you sell, 3). Write down the following, "I request incredible marketing strategies tailored just for me. To better serve my current and potential customers. To reach markets and perceptions I haven't discovered." and 4). Take a few deep breaths. Clear your mind. Go to sleep.

During your sleep, your mind will analyze your writings and find a specific solution just for you. It will consider the benefits of your product or service, your request, your strengths and your unique "spin" that only you can offer your customers.

The Reservoir of Prosperity will return great marketing strategies almost like magic. When the idea pops in your head, write down everything – no matter how crazy it may be. Then put it into action without skipping a step or questioning the idea. Remember, some of the wildest ideas are the most successful. Your new marketing method may come to you in a dream, day dream or just while driving. You never know. But be always be prepared with pen and paper. If you seek a more in-depth explanation, download Dream Solutions

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