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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## How To Get Rid Of Unwanted Hair Permanently

By Marcus Grant

If you want to get rid of unwanted hair, there are all kinds of techniques to help you to do so -- from waxes to razor blades and from lasers to electrolysis. But if you want to get rid of it for good, the preferred method nowadays is laser treatment.

Why is laser treatment preferred?

It's preferred because this method has very low risks and can't damage your skin unless performed by an unskilled quack. Electrolysis also works, but requires too much time because each and every individual hair is removed, one at a time. And that often costs a lot more than laser treatment.

How does laser hair removal work?

Laser hair removal works through a selective process called Photothermolysis. It sends a beam of laser light right down to the hair follicles and the light's focussed power is used to destroy the roots. It is a selective treatment because it will only disable the hair roots, and not affect the surrounding skin. It uses light and heat to get rid of hair, which is actually the meaning of the name 'photothermolysis'.

What kind of person is the best candidate for laser hair removal?

Because this method works by seeking out melanin, which is the pigment that gives color to our hair and skin, laser hair removal treatment is best suited for people who have dark hair and light skin. Unfortunately, laser treatment cannot be used very successfully on tanned skin because there it can cause marks similar to sunburns. It is usually advised that you wait until the tan is gone before you use laser hair removal treatment. Also, persons that have grey hair or are naturally blonde cannot use this technique as yet, because the melanin in their follicles is not so easy to target.

Does it hurt?

Laser hair removal will not hurt, but can sometimes create feelings of discomfort, and in some cases the after-effects are similar to sunburn. To prevent this, laser hair removal clinics will use ice-packs,

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cooling gels or sprays to help relieve the discomfort and you are usually advised to use sun block cream for a week or two after the treatment. Also, you can ask for a 'test' before beginning the treatment, and clinics often provide spot tests so the customers can see what the treatment will be like. Try one of these to be sure that your skin will not have some kind of allergic reaction to it.

How much will it cost?

The price for laser treatment varies according to the size of the area that you want treated, and the number of sessions. Laser hair removal centers often recommend 4 or 5 sessions, but the number will vary according to your skin type, hair color and the target area of the body. The fee may seem large initially, but you'll probably come to realize that it's a sum worth paying, because you'll be saving yourself a lifetime of investment in time, money and care.

Marcus Grant

<http://www.Hair-Growth.co.uk>

<http://www.hair-growth-treatment.com>

### **The Benefits Of Professional Laser Hair Removal**

**By Colin P**

Unwanted hair is a problem for both women and men. While historically women have primarily sought out professional assistance for hair removal, more and more men are seeking such services in the 21st century. The preferred method of professional hair removal at this point in time for both men and women rapidly is becoming laser hair removal.

There are a number of definite benefits to obtaining professional laser hair removal as opposed to some of the other common methods of dealing with unwanted hair. The only major drawback to professional laser hair removal really appears to be the cost associated with the process. However, as technology has improved, the costs associated with the laser procedure has become to drop over time.

The most basic, primary benefit of laser hair removal is found in the fact that for most people only one treatment is required. Once a person submits to the laser hair removal process, unwanted hair normally is removed permanently. In a few isolated cases a person does have to come back for a follow up treatment. With advances in laser technology in the past decade, repeat appearances for additional sessions is becoming more rare all of the time.

The fact that unwanted hair can be removed permanently in most cases through laser hair removal contrasts starkly with other treatment regimens. As an example, waxing to remove hair continues to be used by a considerable number of women and men who want to banish undesired growth. For many people, waxing is at least a monthly if not more frequent process.

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Another of the benefits associated with laser hair removal is found in the fact that it is largely pain free. In some instances, a person who has undergone this procedure will experience some skin irritation following the procedure. Certainly, there will be some mild yet temporary redness of the skin following laser hair removal. However, the procedure itself is painless.

Again, you can contrast the pain free removal of unwanted hair with waxing. Depending on what part of your body is being waxed, the process of hair removal in that fashion can be downright painful. Other forms of hair removal, such as shaving, can irritate the skin for a significant period of time. Rashes and other types of unsightly skin blemishes are common following the shaving off of unwanted hair at certain locations on body.

Laser hair removal is also a convenient and time saving method for dealing with unwanted growth. As mentioned previously, more often than not one treatment will work to permanently rid a person of unwanted hair. While a single session under the laser will take longer than one waxing treatment, when all is said and done you will end up saving a great deal of time by undertaking laser hair removal as opposed to other forms of hair removal. You will not need to make continual appointments and interrupt your already full schedule to deal with unwanted hair growth.

In the final analysis, more and more people are turning to laser hair removal as the most reliable, convenient and reasonably priced alternative for the removal of unwanted hair. Indeed, most experts in the field of cosmetics and related services believe that in the very near future, laser hair removal will be the primary means through which both women and men deal with the permanent removal of unwanted

hair growth.

For more information on laser hair removal, please visit

<http://www.hair-removal1.info>



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