

This Free E-Book is brought to you by Natural-Aging.com.

**[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!**

How To Look Great On Your Wedding Day

By Melanie Mendelson

How To Look Great On Your Wedding Day by Melanie Mendelson

Looking great on your wedding day means being radiant, relaxed, and ready to start a brand new existence with the person whom you've chosen to spend your life with. Your hair, nails, makeup, dress - and how you look in that dress - are all part of becoming the bride you want to be on that special day. Since pictures taken on that day remain part of your life forever, it's important to look and feel your best.

Your dress is one of the most important items in your wedding plans, so make sure you take enough time to choose one that suits you - not your best friend, not your bridesmaids, and not your mother. For the day of your wedding, you'll want a dress in which you can stand, walk and dance in without worrying about "wardrobe malfunctions" or causing you discomfort. Allow necessary time if you decide on having the dress made, but even if bought "off the rack," you'll need to factor in time for tailoring and any adjustments.

You don't want to overpower your dress and headpiece with a flamboyant hair style or color that overwhelms everything else. Keep it simple and classic, and remember to practice the look you want at home or with your stylist before the wedding day.

Have your nails professionally manicured the day before the wedding. This is one thing you don't want to do far in advance. Reduce the chances of a broken nail, chipped

How To Look Great On Your Wedding Day

polish, or if using applied nails, one coming off, by having your manicure as late as possible. If you are not inclined toward colored polishes or long fingernails, make sure they are neatly trimmed, filed, polished, and buffed. Your hands will be a focus of attention when showing off that new wedding ring and for photos!

Makeup is the last thing you'll need to worry over, and that comes on the big day, itself. Don't try to transform yourself into a different person with dramatic eye makeup or garish lipstick. Make the real you look better!

Use a slightly heavier hand than with your usual daytime makeup so your photos won't have you appearing washed-out looking, but don't overdo it. And if your wedding is at night, with more subtle lighting, apply makeup as though you were going to a club or restaurant at night - a little heavier than daytime, but not much! Avoid deep red lipstick as well as too-pale pink. Frosted eyeshadows or lipsticks are definite no-nos.

Buy fresh mascara to avoid clumping. Also, if you have sensitive skin, this is NOT the time to try a new brand. The last thing you want to do is head for the altar with blotches or zits thanks to an allergic reaction.

The night before your wedding is not the time for partying so get eight hours of restful sleep. If you're having a rehearsal dinner, or a bachelorette bash, make sure that it ends early. Drink moderately or, better yet, not at all. Bloodshot eyes and a banging hangover will not make for a fun wedding.

Don't gorge yourself the night before because we all know that there are strange forces at work which will try to make your wedding gown just a wee bit snug in the morning. To overcome excitement and nerves, try taking a long walk – it can help with pre-nuptial jitters. A relaxing bath with soothing background music, a cup of herbal tea, and you should be ready to doze off with images of a happy future marriage in your dreams.

With these tips, you're sure to have the perfect wedding day. May this day be the beginning of a lifetime of joy and happiness!

Melanie Mendelson will help you lose weight fast for your wedding day. Learn more about her at

Important Steps In Your Wedding Program

By Ken Donald

You have probably heard of others who have used one. A wedding program. Do you really need one to manage your upcoming wedding? It all depends on how big a wedding you are planning. A regular wedding has thousands of things and stuff who needs to be taken care of on the right moment. If each thing is not done at the proper time and place, the whole wedding can get side tracked and course a lot of trouble.

You need to take care of wedding invitations in good time before the wedding. The invitation of your guests is very important to get done early in your preparations. Things like wedding flowers for decoration, the wedding dress for the bride, ordering a wedding band perhaps, etc.. The list goes on and on. Planning your wedding can be difficult on a piece of paper. You really need a plan where every aspect has been thought of.

You also have to think about wedding favors, wedding rings and wedding accessories. Not to forget your honeymoon? Where should you go on this special occasion?

You have to think ahead. Try a search on the internet for wedding programs. You can find information in abundance. It is all out there on the internet online: wedding music, wedding photographers, wedding ideas and wedding cakes, etc.

With the wedding process written down on paper step by step, you are in control of the situation. And you know that you can relax and even enjoy the process from beginning of planning and all the way to your grand wedding day.

If your budget is a bit tight and your wedding program must save money where it is possible, you can make your own wedding invitations, and perhaps you know someone who can make the wedding flowers for example. The wedding party could be held at a less expensive place. The great thing about doing many things yourself is the personal touch you wedding will get. Great idea for creative people.

A wedding program is the most important step to stay on track from start to finish. Planning a wedding is no easy task to manage. Get a wedding program, and make that special wedding day perfect.

Thank you for your time.

You can find more wedding information and mostly about wedding programs at

. Check it out!



This Free E-Book has been brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!