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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How To Make Your Own Hair Loss Treatment Formula

By Willie Jones

In ones lifetime it is normal to lose about 100 hairs per day, but under normal conditions these hairs grow back. When you start to experience more loss than that, then thinning of the hair begins and does not stop unless you do something about it.

Hair loss for men and women can come about for many different reasons. It can be a hereditary condition known as Androgenic Alopecia. Basically this means that testosterone levels are too high. (note* bald men are generally more sexually active because of high testosterone levels) Many families that have a parent that is partially or fully bald may or may not inherit this condition.

Other reasons for hair loss can come about due to poor diet, excessive perms or dyeing the hair or long use of poor quality shampoos and rinse that can clog the pores. Hormonal imbalances, aging, radiation, illness and toxicity may also be contributing factors.

There are different treatment options that a doctor can prescribe or you can go to your local drug store and get over the counter medications, and for some, hair transplants may be the way to go.

But if you are like the growing number of people that want a safe, workable alternative to medications, then this homemade salve may be just the thing for you.

The ingredients for this salve are;

1 tbsp warmed olive or jojoba oil 1 tbsp honey Several drops of liquid herbal saw palmetto, sage and (rosemary if you have dark hair) (lemon for light hair) 1 tsp of cinnamon

1)Warm the mixture like a hot oil treatment, and massage into scalp where hair is thinning (double batch for whole scalp). 2)Leave on for 15 minutes. For best results, use a shower cap to keep the scalp warm and to prevent drips. Saran wrap also works well. 3)Rinse and then use a gentle shampoo to get all the mixture out of your hair.

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You should notice right away how soft your hair is, like you've just done a professional hot oil treatment.

Olive oil taken on a daily basis has been shown to produce silky hair and soft skin. According to Adele Davis, a well known nutritionist, people on low or no fat diets, such as models, need the good fat such as olive oil to change dry hair and skin into being soft and beautiful. This is because olive oil is very high in monounsaturated fat and low in saturated fat. It also contains vitamins A, D and E. It can be used to make homemade topical creams that assist in softening skin and are helpful in healing wounds. Taken orally or topically, olive oil is beneficial.

Honey is one of nature's pure gifts. Not only is it a natural sweetener but has beneficial nutrients such as B vitamins, vitamin C, calcium, potassium, iron, sodium but it also has enzymes and amino acids. Honey does not go bad. In a recent archeological dig, a 2000 year old clay jar was found with honey in it that was just as fresh as the day it was put in. It was also discovered that viruses, bacteria, germs in general, do not survive in honey and it is therefore a fantastic anti-microbial. Honey converts to a food

grade hydrogen peroxide and when applied to the skin, in combination with any body fluids and the other ingredients, will oxygenate the skin.

Saw Palmetto, Sage and Rosemary are herbs that also assist in preventing hair loss and possible regrowth. As a matter of fact, Saw Palmetto is a natural ingredient that is found in many prescription or over the counter hair growth products. Saw Palmetto is also an herb that is widely used to assist the prostate and ovarian health.

Internal feeding is every bit as important and probably more than topical treatments alone. A diet high in vegetables, fruits, whole grains, proteins such as fish, eggs and chicken and good oils will have an overall better health benefit for you. Regular exercise and a once or twice a week and natural hot oil treatments should do wonders for your hair and scalp.

Willie is a freelance writer, researcher and artist who is dedicated in bringing information on health related issues and other topics.

<http://www.drrobertjoneshaircare.com>

Female Hair Loss Treatment And Information

By Paton Jackson

Did you know that female hair loss is part of the lives of more than 25 million women in the United States alone? Most of them are not using any female hair loss treatment and only few are aware of the existing hair loss treatments. In almost all the cases Female hair loss could be avoided, stopped and new hair growth could be stimulated.

Female pattern hair loss is similar to what is known as the "male pattern hair loss" for men. It is caused

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by an increasing amount of a chemical called DHT which usually occurs in the menopause age. As opposed to men, women usually suffer from thinning hair around the forehead and crown of their scalp, and not a complete baldness.

There are several available treatments for female hair loss of this kind:

Natural female hair loss treatment - There are several natural products that showed good results in stopping female hair loss like Advecia and Revivogen. These products are made up of hair growth vitamins, herbs and minerals and have no side effects.

Female hair loss products - The most popular hair loss product for women is Rogaine. Rogaine is the only FDA approved female hair loss treatment. Its' main component is called Minoxidil which is a DHT inhibitor.

Other less common female hair loss treatments like wigs, hair thickeners and hair transplants are not recommended.

Another kind of female hair loss is a temporary hair loss. This kind could be a result of metabolic problems during pregnancy, a severe stress condition, chemotherapy, high fever or infections. The treatment in these cases would be stopping the medical problems as soon as possible. This would also result the hair regrowth.

If you do not suffer from female hair loss we congratulate you and advice you to use regularly a shampoo, a conditioner and moisturize and to maintain a healthy diet. If you start losing your hair do not ignore it. You can stop your hair loss. Good luck.

911 corp. has executed a research to find the best female hair loss product. Find the results only on

<http://www.911stophairloss.com/Female%20hair%20loss.htm>

– All about female hair loss



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