

This Free E-Book is brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

## How To Select A Safe Teeth Whitening System

By Maxine Schel

We've all seen the commercials, read the advertisements and wondered if it really works. The latest craze in teeth whitening products has the world eager to sink their teeth into something new. Everyone wants to have a nice and white, sparkling smile. The problem that many face is the expense of repeated dental visits, lack of dental insurance or simply an absence of time.

Some of the world's most well-known teeth whitening experts, who currently manufacture toothpaste, have released gel products, teeth whitening strips and even teeth molds that are believed to help in the fight against discoloration. Teeth stains are a part of life, whether it be the result of age, drinking soda or coffee, smoking cigarettes or simply not brushing properly. Regardless, the most popular teeth whitening system has always been an afternoon in the dentist's chair. Thankfully for many, especially those who fear the dentist, teeth whitening systems are now available for the independent do-it-yourselfer.

Teeth whitening systems are designed for home use, but that doesn't mean that they are not without risk. Anyone who has particularly sensitive gums or any type of lesion should consult their dentist prior to using any teeth whitening strip or gel product. In addition, each product is different and features various instructions. The manufacturer's provide these instructions for the purpose of maintaining the effectiveness of their teeth whitening system, while promoting a safe use of their product. It is important that, prior to using any teeth whitening product, consumers carefully read the outside and inside package and/or directions for instructions and any warning labels.

A dentist can professionally clean and polish your teeth in the office, which takes approximately 30 minutes or more if excessive cleaning is required. During the visit, a patient may also ask the dentist about his/her own recommendation for a teeth whitening product. Many professionals recommend a gel product, which is used with a custom mold of the patient's teeth. The dentist can typically create a mold of the patient's mouth in the office and provide the take-home kit the same day.

The information in this article is to be used for informational purposes only. It should not be used in place of, or in conjunction with, professional dental advice. Before using a teeth whitening product or system, individuals should consult their dentist to ensure that the use of these products will not worsen

their condition or create a new problem.

Want to learn more about teeth whitening? Make sure you visit our site at:

<http://www.teethwhiteningguide.info>

for access to additional teeth whitening tips and information.

### **Beverly Hills Tooth Whitening – How Come All The Stars Have White Teeth?**

**By Oliver Turner**

Tooth whitening at present has become a popular program in cosmetic dentistry. In the Beverly Hills area, renowned cosmetic specialists claim to provide its clients with perfecta teeth whitening. Beverly Hills teeth whitening treatment is a wonderful way of dealing with the horrible consequences of yellow teeth. According to a local media, the professional Beverly Hills teeth whitening system has discovered amazing innovations in their teeth whitening products. through intelligent and science driven research. Beverly Hills teeth whitening treatments are famous in the world of cosmetic dentistry, and their bleaching spas' offers the renowned Brite Smile teeth whitening treatment.

In the BriteSmile procedure, a tooth whitening gel is applied and the blue light is set in place and the whole procedure takes an hour to get that perfecta teeth whitening. All the Beverly Hills teeth whitening or bleaching spas' are well equipped with TV and a set of headphones, etc for its customers to enjoy while the treatment is on. The American Dental Association published a journal that stated that the BriteSmile tooth whitening system is gentle on the teeth and therefore it is safest and effective and its results last for years.

The professional dentists of Beverly Hills teeth whitening system use both in-office and at-home whitening system to achieve that perfecta teeth whitening. In the in-office system, four to six shades of color change are noticed in the teeth almost within an hour. In At-home systems, results are noticed in one to two weeks. The cost of in-office Beverly Hills teeth whitening ranges between \$500 and \$1100, and the At-home systems cost ranges between \$400-\$800.

Media news have telecasted that participants of the hit television shows like Extreme Makeover™ and other stars come to Beverly Hills and do their teeth whitening from the leading cosmetic dentists. The innovative methods adopted by the Beverly Hills teeth whitening system are attracting numerous people to perform their tooth whitening from the cosmetic dentists in order to achieve that brite smile.

We have made a research to find the best teeth whitening products. Find it only on

[http://www.leandernet.com/Teeth\\_whitening/Teeth\\_whitening.php](http://www.leandernet.com/Teeth_whitening/Teeth_whitening.php)

. All about teeth whitening on

LeanderNet –

<http://www.leandernet.com>



This Free E-Book has been brought to you by [Natural-Aging.com](http://Natural-Aging.com).

**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**