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How To Share Romance In Your Relationship

By Codrut Turcanu

If someone asks you "What's the best thing about romance in a relationship?", what would you

answer? In my opinion, the best thing about romance in a relationship is that it is shared. While one partner may initiate it, both end up enjoying any romantic effort. Romance is a relationship activity and cannot work if both partners aren't participants.

When you decide that romance is the way you want to go in order to improve your marriage or even work towards having an outstanding marriage, start planning your romance in advance with both you and your partner in mind. Even if you are giving a gift to your partner, keep in mind how it will affect you when you present it to him or her. I'm not kidding, some gifts are actually meant for both of you although it is presented to only one partner (ex. Massage oil). Both of you must enjoy the romance in order for it to be effective in your relationship.

While being romantic often draws to mind gifts and planning outings together, you don't have to spend money in order to be romantic! You can plan a day where you are completely at your spouse's disposal. Devote yourself entirely to your spouse for an entire day. He or she can ask you to do chores, rub their feet, give them a massage, watch a movie you normally wouldn't watch together or try an interest of his or hers that you haven't tried. Your spouse may also decide that you are best put to use in the bedroom!

When you want to do something extra special, take your spouse on a local 'honeymoon' trip! Find a local hotel that has a honeymoon suite and book it for one night. Do it up right and make sure it is stocked with champagne, strawberries and whipped cream. Have flowers and your song available to play in your room. For her, have new lingerie laid out on the bed. For him, have new lingerie laid out on the bed. For an extra special twist, pack a bag for your spouse, hire a sitter if necessary and tell him or her that you're going out for the evening. Blindfold your spouse and lead him or her to your honeymoon suite.

Find an affordable card shop or see if your local greeting card store offers any type of multiple card purchase discounts. Buy as many cards for your spouse as you can. Store the cards and send them to your spouse intermittently. You can choose to send them every few months, every month, every

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week, each day or every waking hour!

Take the time to create your own loving edible baked goods for your spouse! Make heart shaped cookies, a heart shaped cake or make your own heart shaped chocolates. Find a heart shaped bowl, pop popcorn to serve in the bowl and spend the entire day watching romantic movies together.

No matter which one of these ideas you will use for special occasions, always remember that it doesn't really matter when or how you do something romantic as long as you do it together.

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Five Ways to Refresh Your Relationship

By Rinatta Paries

Five Ways to Refresh Your Relationship by Rinatta Paries

A relationship is like a delicate rose bush. If you care for it, it will bloom year after year with unsurpassed beauty. If you don't, you might end up with a dull, lifeless entity that is struggling to survive.

Below are five ideas to keep your relationship in bloom for years to come.

If you are single, read these tips with an eye on what you will want to do in a long-term relationship. If you are in a relationship, pick one or two of the five ideas and integrate them into your relationship now. You will be amazed at how many nice feelings you can create quickly by taking a few simple steps.

1. Make time for your relationship week after week.

Take time for each other every single week. For most couples, it is a good idea to have a standing date night. Communicate to your friends, kids, everyone, that this night is reserved especially for the two of you. Keep the date every week, no matter what. Make it your priority.

2. Do fun, pleasurable things together.

Sharing fun and pleasure fosters intimacy. Intimacy is what relationships are all about. Share good meals, share play time, share jokes and funny movies, share outdoor activities. What matters most is that the activity is fun and pleasurable for each of you.

3. Do long-term activities as a couple.

Do something long-term together. Learn about investments, take dance lessons, refinish the furniture,

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reach your fitness goals. Do some long-term activity that will enrich and interest each of you, together. By doing this you will stay connected to each other and foster common ground in the relationship. Make sure that this is above and beyond child rearing.

4. Resolve conflict quickly.

It is hard to say you are sorry in the heat of an argument. In some ways it is easier to have a fight and go into your separate corners. But unresolved conflict, or conflict that lingers, fosters long-term hurt and resentment. It's ok to disagree. But it's important to find a resolution quickly.

5. Keep the romance alive.

In a long-term relationship, romance is not something that happens automatically most of the time. Everyday pressures and time constraints have a tendency to rob us of spontaneity. Romance needs to be consciously created. Remember that romance will keep your relationship fresh and exciting and will keep the two of you close. Take turns creating romance intentionally.

Your Relationship Coach,

Rinatta Paries

www.WhatItTakes.com

(c) Rinatta Paries, 1998–2002. Do you know how to attract your ideal mate? Do you know how to build a fulfilling relationship, or how to reinvent yours to meet your needs? Relationship Coach Rinatta Paries can teach you the skills and techniques to attract and sustain long-term, healthy partnerships. Visit www.WhatItTakes.com where you'll find quizzes, classes, advice and a free weekly ezine. Become a "true love magnet(tm)!"

Having coined the phrase "relationship coach," Master Certified Coach Rinatta Paries works with singles to help them attract their ideal relationship, and helps couples create more love and fulfillment in their existing relationships. Visit her web site at www.WhatItTakes.com or e-mail her at coach@WhatItTakes.com.



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