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100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How To Successfully Transplant Your Potted Tree

By Gabriel Adams

The biggest challenge when working with potted plants is repotting them. Eventually your plants will outgrow whatever pot they are in and will need a bigger home. What were going to do is offer you some tips that will help you better transplant your plant from one pot to another without killing it.

One of the biggest mistakes that people make when repotting is not just planting their plant. Some plants do better when planted outside and are in the ground. Before repotting you should research what type of environment your tree thrives in and see if it would be better just to go ahead and plant it outside.

When you first buy a new pot make sure to get one that is deeper and wider than the pot you already have. This will give your plant lots of room to grow and not restrict its root system. Remember, if the roots have no room to grow your tree can't take in nutrients and won't have a good grip in the ground.

The next step is to prep your pot for the replanting. First put some potting soil in your pot then dig out an area in the center where you can plant your tree. When you finally transplant it is good to also put some of the soil from the original pot in the new one because of the nutrients it will have already stored in it.

When you pull your plant out of its original pot take care not to tangle the root system. If the roots are already tangled then you should go ahead and untangle them. If they are in a big ball you can use a knife to cut them up and separate them out. Even though this isn't the best approach it can be the only way to save the tree if the roots are a real mess.

After you have done all this you place your plant in the new pot and cover it up with dirt. You want to make sure the dirt covers the roots but doesn't cover any of the trunk of the tree. You should then fertilize and water your plant. A newly repotted plant will usually take more water until it gets its root system settled.

Don't have a potted tree yet? Grow your own from our tree seeds!

<http://www.mishobonsai.com/>

Permanent Hair Transplant Method

By Oliver Turner

Most of the people think that baldness is a hereditary problem and there is no way to check hair loss. A non balanced diet, insufficient intake of vitamins and minerals, and UV radiations are the most probable causes of hair loss. However, the basic method of preventing hair loss is to take care of your hair. If you are suffering from baldness you can consider going for a permanent hair transplant with consultation of an expert.

What is permanent hair transplant?

Permanent hair transplant is one of the most popular surgical ways to restore hair. In the process of permanent hair transplant surgeons take a required quantity of hair from the back and sides of your head and implant them on the area of your head where hair loss is most severe.

Different methods of permanent hair transplant:

1. Strip method of Follicular Unit Transplantation: This is the most popular method of permanent hair transplant because it is the least expensive method. In a strip method a small piece of skin is removed from that region of head where hair growth is rich. Then, this area is sutured. After this, the donor strip is divided in small individual hair groups. Thousands of small slits are made in the bald area and unit hair groupings are placed into them. Vitamin supplements and volumizing shampoos are recommended. You can use creams to remove rash from the donor area of head. The hair transplant cost is comparatively high in this case.

2. Follicular Unit Extraction method of Permanent Hair Transplant: Follicular units are extracted from tiny puncture holes of the donor area. After this, the extracted tiny follicles are placed in the bald area of the head. After a few months new hair start growing from the transplanted area. Follicular unit extraction method is an affordable hair transplant method. In this process hair transplant cost is comparatively less. Often, 3 to 5 transplant sessions are required, with the cost ranging from \$4000 to \$1000. Curly and wavy hair looks denser and requires less hair transplant session to achieve a cosmetically acceptable look.

We have made the most comprehensive research on permanent hair transplants. Find the results only on

<http://www.stopshairloss.info>

. All about hair loss on

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