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100% Effective Natural Hormone Treatment
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How To Teach Your Children To Cook

By Geoffrey Cook

If you're ready to teach your children how to cook, here are some simple tips for teaching them the basics, and giving them skills that will last them a lifetime!

First of all, think safety. Any child that has to stand on a stool or chair in order to reach the stove is too young to cook. Start younger children off by letting them help set and clear the table, gathering ingredients, and stirring, mixing or adding ingredients.

Next, set rules about handling knives and other sharp instruments and handling hot pans or boiling ingredients. Some parents start teaching their children to cook by showing them how to make things that don't require cooking first, and then graduating to letting them make food in the microwave.

Create a relaxed atmosphere that is fun when teaching your kids to cook. Remember what it was like when you were learning to cook? Chances are, you made a few messes and broke a few dishes. It happens. Learning to cook should be fun, not drudgery, although there are certain responsibilities that go along with the privilege, such as cleaning up as you go along, and leaving the kitchen clean when you're finished.

Start with the basics. Show your kids what the different utensils are used for, and the right way to use them. Teach them about herbs and spices, and using the right ingredients for the right dishes. Cooking is a great way to learn fractions and chemistry, and your kids might not even realize they're learning while they're having fun!

Begin with simple recipes. There are some great cookbooks for kids on the market today, that include step-by-step instructions and pictures so kids can see what something's supposed to look like while they're assembling the recipe...let success build on success.

Give your kids a chance to shine. As they learn to cook more complicated recipes, let them be responsible for planning -- and cooking lunch or dinner one night. Letting your kids plan the meal -- and even shop for the ingredients will help them to realize and appreciate the effort that goes into cooking.

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As your kids become more skilled, begin including foods from different cultures. Many recipes such as French crepes or Italian lasagna are not difficult to make, and your kids will develop an appreciation for many different kinds of food.

Especially for younger children, having tools that are their own size not only make cooking more fun, but make it easier for them to participate. Kid-sized kitchen utensils can be found at many department or specialty stores.

Make sure you take plenty of pictures — you may not realize it now, but you're making memories that someday will be as delicious as that batch of chocolate chip cookies you're baking now!

You too, can manoeuvre in the unfamiliar waters of gourmet cuisine, with just a few well-learned techniques that are easy to master, and build a repertoire of literally hundreds of dishes and deserts. Let Geoffrey set you on the path today, to gastronomical delights!

<http://www.free-recipe-books.com>

How To Make Home Schooling Your Children Fun

By James Masterson

Seeing your children go to school and learn things can be fun. It makes you feel that you have, in a way, imparted them the most treasured gift that you can give them — EDUCATION.

However, with many influences that lurk in school, you might even wonder if sending them to school is the best gift, indeed. Many parents are worried how children are getting their behaviors changed whenever they are in school.

That's why homeschool had been created in order to provide a feasible option for parents who wish to educate their children in a way where they can supervise personally. They want to find a way where they can instill in them the values that they want their children to have.

All of these things are contained in homeschooling. In this manner, parents are able to control and instigate the kind of education they want their children to learn. They can manage their children's behavior and impart in them the values that they want their children to learn.

However, what people do not know is that the very important aspect why homeschooling is a great alternative to traditional schooling is based on the fact that both the parents and the children can have fun learning things.

With homeschooling, parents can make their children's learning process more fun and less rigid compared to the traditional school system.

Here's a list on how to make homeschooling your children fun:

How To Teach Your Children To Cook

1. Make reading more fun

The best way to teach a child is to make things easier for him or her to understand and learn. The best way to do this is to incorporate fun in the setting.

For instance, if you want to teach your children to read, it would be better if you will read to them just to have some fun. Let them enhance their imagination by generating life in the characters included in the story. In this way, they will be able to learn things with lots of fun.

Create a connection with their books and not instill in them the norms and standards set by the typical school system.

2. Make learning comfortable

If the children or the students are comfortable with the program, then homeschooling can be more fun. It will generate more enthusiasm compelling the children to participate in the process.

The point here is that in order to make homeschooling more fun is that parents should never be constrained on the idea of teaching itself. They should teach by example. That is, indeed, a fun way of learning things.

It doesn't matter if you just want to explore home schooling possibilities or have made the decision and are looking for a guide to point you in the right direction, "The Parents Guide to Home Schooling" will provide you with the information you require.

<http://www.free-online-course.com/homeschool>



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