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How to Avoid the Dangers of Paget's Disease of The Breast

By Alfred Jones

Many of you will have heard of Paget's Disease, which is a serious bone disease, but many of you will not have heard of Paget's Disease of the breast, so I am hoping that the ladies out there reading this article will take notice of the content, because they could come in touch with this disease at some time in their life.

What Is Paget's Disease Of The Breast?

It is an eczema type change in the skin of the nipple, and most women that develop it, will have an underlying breast cancer.

Paget's Disease occurs in about 1 or 2% of women that have breast cancer, it appears firstly as a scaly, red rash affecting the nipple and the areola. It can be very sore, may bleed and it will not go away.

The disease can be difficult to diagnose, because it can be very similar to other skin problems like eczema or dermatitis, but this disease usually affects the nipple first then spreads to the areola, whereas the other skin problems usually start in the surrounding areas, first before spreading to the nipple.

I have been asked to include the following in this article, it is taken from an actual case, where the person with the disease wanted this message passed on by you, to all the ladies in your life, Mothers, Daughters, Sisters, Aunts and Friends.

"A lady developed a rash on her breast, similar to that of young mothers who are nursing. Because her mammogram had been clear, the doctor treated her with antibiotics for infections. After two treatments it continued to get worse, her doctor sent her for another mammogram, and this time it showed a mass.

A biopsy found a fast growing malignancy. Chemotherapy was started in order to shrink the growth; then mastectomy; then a full round of Chemotherapy; followed by radiation treatment.

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After about 9 months of intense treatment, she was given a clean bill of health. She had one year of living each day to its fullest. Then the cancer returned to the liver area. She took four treatments and decided that she wanted quality of life, not the after effects of Chemotherapy. She had 5 great months, and she planned each detail of the final days.

After just a few days of needing morphine, she slipped away saying she had done what God had sent her into the world to do."

PLEASE be alert to any thing that is not normal.

Her message is shown below:

"Paget's Disease: This is a rare form of breast cancer, and is on the outside of the breast, on the

nipple and areola. It appeared as a rash, which later became a lesion with a crusty outer edge. I would not have ever suspected it to be breast cancer, but it was. My nipple never seemed any different to me, but the rash bothered me, so I went to the doctor for that. Sometimes, it itched and was sore, but other than that it didn't bother me. It was just ugly and a nuisance, and could not be cleared up with all the creams prescribed by my doctor and dermatologist for the dermatitis on my eyes just prior to this outbreak.

They seemed a little concerned. Mine started out as a single red pimple on the areola. One of the biggest problems with Paget's disease of the nipple is that the symptoms appear to be harmless. It is frequently thought to be a skin inflammation or infection, leading to unfortunate delays in detection and care.

What are the symptoms? The symptoms include:

A persistent redness, oozing, and crusting of your nipple causing it to itch and burn. (As I stated, mine did not itch or burn much, and had no oozing I was aware of, but it did have a crust along the outer edge on one side.)

A sore on your nipple that will not heal. (Mine was on the areola area with a whitish thick looking area in center of nipple).

Usually only one nipple is affected. How is it diagnosed? Your doctor will do a physical exam and should suggest having a mammogram of both breasts, done immediately. Even though the redness, oozing and crusting closely resembles dermatitis (inflammation of the skin), your doctor should suspect cancer if the sore is only on one breast. Your doctor should order a biopsy of your sore to confirm what is going on.

This message should be taken seriously and passed on to as many of your relatives and friends as possible; it could save someone's life

My breast cancer has spread and metastasized to my bones after receiving mega doses of

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chemotherapy, twenty eight treatments of radiation and taking Tamaxofin. If this had been diagnosed as breast cancer in the beginning, perhaps it would not have spread".

TO ALL READERS: This is sad as women are not aware of Paget's disease.

As we all know, early diagnosis is so important with all kinds of diseases, so if you are in any doubt about any medical problem, for goodness sake, make an appointment to see a Physician, soon as possible.

If you would like to see more health information, that can help you, Please visit my web site.

Article by Alfred Jones, Information Advisor for

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The Ancient Health Secret

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Breast Cancer: "A Curse To Every Female Species"

By Julia Martinez

As the name suggests it's a cancer in the breast of a person. Previously only female species were observed effected by this disease but in the recent years it is found that some of the males are also falling prey to breast cancer. This disease is generally seen among matured women in the age group of 50 years and above. Every year lots of women become victim of breast cancer that ultimately leads to their death.

Our medical science has not yet reached to the roots of this disease, however during the recent years our scientists and experts in the related fields are continuously progressing in the fight against breast cancer. Today one can find many options in the treatment of breast cancer and can opt according to the stage and requirements of the disease.

Stages of breast cancer The disease of breast cancer can be divided into many stages according to the symptoms and the nature of occurrence. The measure of the tumor inside the breast also plays an important role in deciding the stage of the disease. The different stages can be described into three parts as follows:

– Early stage– The early stage of breast cancer can be subdivided into these three different stages:

1. Stage 0– in this stage there is no evidence of cancer cells breaking through the normal tissue.
2. Stage I– In this stage the cancer cells are seen breaking through or invading the neighboring tissue

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and in this stage the tumor measure upto 2 cm.

3. Stage II– In this stage the tumor measure at least 2cm or upto 5cm and the cancer start spreading in the lymph nodes under the arm on the same side of the cancer.

– Lower stage– The lower stage of breast cancer is divided into sub stages described as under:

1. Stage III A– In this stage the tumor measures more then 5cm and the cancer spread through the lymph nodes and the nodes are sticking to the surrounding tissues.

2. Stage III B– In this stage a tumor of any size start spreading in the breast skin, lymph nodes and includes inflammatory breast cancer.

– Advanced Stage– the advanced stage known, as the stage IV is the most crucial stage of breast cancer where the tumor spreads beyond the breast, underarm, and internal mammary lymph nodes. The tumor can also spread to lungs, liver, bones or brains ultimately leading to death of the person.

Symptoms and diagnosis

There are many symptoms showing the occurrence of breast cancer, listed as under:

– Inverted nipple – Nipple discharge – Nipple rash – Cysts – Breast pain

The above symptoms if observed the person should immediately consult a doctor and should discuss about the required treatment. The best treatment of breast cancer is the early detection of the disease. However now days one can choose from much diagnosis available namely surgery, radiotherapy, tomoxifen drug, chemotherapy etc and can easily get rid of this disease and can even prevent it from occurrence in the near future.

Julia is a Cancer researcher and author. Her blog is online at

<http://www.cancerblogonline.com>

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