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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**How to Be A Good Guest at Thanksgiving Or Any Other Time**

**By Susan Dunn**

**How to Be A Good Guest at Thanksgiving Or Any Other Time by Susan Dunn, The EQ**

**Coach**

1. When you get an invitation, R.S.V.P.
2. Arrive 10–15 minutes after the invitation time (but no later). This gives your host and/or hostess those last few minutes to prepare.
3. Check and see if children are invited. If they aren't, don't bring yours. Nor should you expect your host and hostess to solve the babysitter dilemma for you.
4. Don't arrive empty-handed. A bottle of wine, a bouquet of flowers, a packet of printed cocktail napkins, a little inspirational book ...
5. Offer to help in the kitchen, offer to help with the dishes. You may be told "no," but at least you asked.
6. Participate! It's up to you to make it a party. Talk to someone who's alone, mix and mingle, make good conversation, make it a point to talk with everyone there at some point, do your part.
7. Don't overstay your welcome — no matter how much you're enjoying yourself. Use your intuition. You may've been told 2–5, or just "come around 8", but your host and/or hostess will give off nonverbal signals when it's time for you to go home. Why leave? You had a nap, got your nails done, watched the football game. They've been cooking and cleaning for days.
8. Pitch in in an unobtrusive way. Empty some ash trays, clear off the coffee table of used dishes, whisk your hosts' kid off to the bathroom, pass around a plate of hot hors d'oeuvres.
9. Say good-bye. Even if it's a large gathering, seek out the host and/or hostess and tell them good bye, and thank them!

10. Send a written thank-you note afterwards. It's just a nice thing to do!

Susan Dunn is a professional coach who helps clients get their lives going!

Mailto:sdunn@susandunn.cc for free ezine. Visit her on the web at [www.susandunn.cc](http://www.susandunn.cc).

## **Thanksgiving Holiday History**

**By Mrs. Party Gail Leino**

**Thanksgiving Holiday History by**

**... Gail Leino**

America celebrates Thanksgiving every year by festive family gatherings, traditional holiday meals and offering thanks for all good fortunes. The

has a

history that dates back to early American settlers. These settlers were known as the Pilgrims and they were the first to have a

.

The Pilgrims came to America to escape religious persecution in England. They were granted free passage on the Mayflower on September 6th, 1620 as long as they would work in exchange for the next seven years. Unfortunately, the winter was so harsh that over half of the pilgrims didn't make it to the spring. Less than fifty Pilgrims survived the brutal winter out of 110, but poor health improved with the good spring to come.

The local native Americans taught the pilgrims about growing crops such as corn and what plants could be used for medicinal purposes. With The Native Americans help the Pilgrims had a good harvest in October. The Pilgrims invited local Native Americans and settlers to all feast in thanks for there bountiful harvest. They celebrated and feasted for three days and this became known as the first Thanksgiving in America.

President Lincoln would later declare Thanksgiving a National Holiday to be celebrated every fourth Thursday in November in 1863. We as Americans can all take pride and give thanks by enjoying this rich American tradition of a

with all our family and friends.

Mrs. Party... Gail Leino is the internet's leading authority on giving the best possible

## How to Be A Good Guest at Thanksgiving Or Any Other Time

, using proper

etiquette and manners while also teaching organizational skills and fun facts.

Thanksgiving Holiday History

How to Become a Woman of Thanksgiving

Decorating For Thanksgiving – Budget Friendly Decor For The Holiday

Thankfulness In Times Of Trouble

Thanksgiving Traditions of Gratitude

Wonderful Wedding Favors and Wedding Gifts

COCKTAILS - How to Make and Enjoy them

600 Recipes For Chili Lovers

HIV/Aids Healed by the Power of God

120 Lip–Smacking Good Jam Recipes



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