

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

How to Create an Emotional Bond with Your Child

By Anthony Kane, MD

How to Create an Emotional Bond with Your Child

by: **Anthony Kane, MD**

One of the most powerful tools that parents have for raising their children is the natural emotional bond that exists between them and their child. Children who feel close to their parents will have a strong desire to obey them. No child with this type of connection to his parents will want to risk hurting that connection by disobeying them. When such a relationship exists, the mere look of dissatisfaction on the face of a parent will usually be enough to curb inappropriate behavior. This bond is so strong and so potent that it lasts even through adolescence when most of the disciplinary tools at our disposal are ineffective. Often, it is the only tool we have in guiding our teenage children. Parents who do not have such a connection with their children have lost a vital resource necessary for successful parenting.

In addition, this bond is essential for the child's emotional stability. A recent psychology experiment studied people in their forties, whose parent were emotionally distant from them. These people were often depressed and lacked a sense of emotional well being. They had more difficulty in adjusting to the work environment and new social situations.

How do you develop this type of loving bond with your child? It begins in your child's infancy and is built by giving your child the love and affection that he needs.

Many well-meaning mothers are completely unaware that their own children are suffering from the lack of physical touch. There are many reasons for this. Most people associate deprived children as those who are neglected, abused, or chronically ill. However, the truth is that many of our children who come from good homes are not getting the physical warmth and love that they need. In our two-income society, unaffectionate caretakers, who provide for the child's physical needs with as little warmth and contact as possible, often raise children. Also, many of us did not receive enough physical love and warmth as children. As a result, it is not natural to us to cuddle, coo, kiss, and love our children affectionately. In addition, some children naturally need more physical warmth. These touch-deprived children fill our schools. They are the ones who often look sad and depressed, suffering from not getting their physical needs for contact.

How to Create an Emotional Bond with Your Child

The United States is one of the richest countries in the history of the world. Yet, our children in general are touch starved. We are busy with our lives and our careers. We often raise our children in broken homes. We as parents are suffering under the burden of so much physical and emotional stress, that we are often just glad to make it through the day without hitting or screaming at our children. Who has time to give them affection? Yet, this is what our children crave most from us. We fill our houses with toys and things for our children, but it is us that they really need.

There is much talk about the generation gap. We all know that adolescents naturally rebel. Sometimes we look at our little children and wonder what is going to be in ten years when this cute little four-year-old turns fourteen. Will he be one of the children who abuses drugs? Is he going to steal? Is he going to do worse? What is going to be?

You need to take the time now, and give your child the physical warmth and love that your child needs.

If you build strong bonds of love with your child now, while he is still young, then all these problems that you read about, will be just that; things that you read about. You will not experience these problems in your own home, because you have developed a strong relationship with you child.

Anthony Kane, MD is a physician, an international lecturer, and director of special education. He is the author of a book, numerous articles, and a number of online programs dealing with ADHD (

) treatment, ODD, parenting issues (

), and education. You may visit his website at

. To sign up for the free ADD ADHD Advances online journal send a

blank email to:

Good Cat Care Means A Happy Cat

By Douglas Rogers

Cat care is the most important part of keeping your cat healthy and happy. The more you know about cat care, the better you will be able to meet your feline's physical and emotional needs. The stronger your cat's health and the better your cat's attitude are, the more you will be able to enjoy your cat's unique personality. Good cat care will make your cat more affectionate, and can dramatically reduce any behavior problems that your cat may be displaying. If you want a richer and fuller relationship with your cat, try improving your cat care.

Having a cat is a two way street. The better the level of cat care that you can provide for your pet, the more energetic, affectionate, and well behaved it will be. By giving your pet with optimum cat care, you will make it more agreeable to the training and gentle behavior modification techniques that can take the headaches out of pet ownership. Good cat care often translates into a good cat that will take

How to Create an Emotional Bond with Your Child

commands more willingly than a cat who does not receive enough attention, affection, and care. The more you learn about how to care for your cat, the better the level of health you will be able to bring your feline friend to. The healthier your cat is, the stronger the emotional bond between you and your pet will be, and that bond often serves as the core of obedience training.

By educating yourself about cat care and practicing the best, scientifically tested cat care techniques to provide your cat with optimum attention, you can make sure that your cat is as happy as possible. The happier your cat is, the happier it will be able to make you. A cat that is well cared for is a cat that will be interested in active playtime and in calm relaxation. The better your cat care abilities are, the more fully you will be able to sharing time with your cat doing all of you pet's, and your, favorite activities together. Great cat care provides a strong foundation for your bond with your cat. Good cat care can help you grow closer with your beloved pet by making sure that he or she is always up for spending time with you. This is why cat care is an important part of your emotional relationship with your cat.

If your cat isn't getting the right kind of care, from the best kind of diet to the ideal grooming schedule, your cat may develop behavior issues that can make your pet feel like a problem child. However, the positive side of this equation is that conscientious and responsible cat care can help your cat overcome issues ranging from constant mewling to weight issues to destructive tendencies. Good cat care means a happier pet, and even a problematic cat who receives enough of the right kind of care can become a pleasant companion.

For more Cat Care information please visit "The Cat Care Compendium" Located at:

This Blog created by Doug Rogers shares with readers helpful cat care information for all cat lovers.

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!