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How to Dowse or Water Witch

By Stephanie Yeh

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Description: Article from the Esoteric School of Magic and Shamanism on using water witching or dowsing as a form of divination.

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"Water Witching." The term sounds so delightful, mystical, and wonderful, doesn't it? Water witching is the art of using a magical tool, such as a pendulum or dowsing rods, or psychic abilities to find underground sources of water. People, including some plumbers, have been practicing water witching and dowsing for centuries.

Dowsing is actually a specific form of divination, which is the art of accessing information not available to the five senses. Other forms of divination include the tarot, water bowls, scrying in chalices, and Rune stones.

According to Polly Cady, a master dowser of 14 years, one of the easiest ways to get started with water witching or dowsing is to start with a pendulum. You can make a pendulum from almost any lightweight object suspended on a chain, string or thread. Lightweight objects you can use include paper clips, small rocks, earrings, hairpins, pendants, small medallions, crystals and talismans. If you choose to use a crystal, use an amethyst because other kinds of crystals become too easily contaminated.

To find underground water with a pendulum, here's a quick lesson from the American Society of Dowsers.

"The dowser usually seeks flowing underground veins suitable for drilling and pumping. The veins can be large and deep or small and shallow. You can discriminate by focusing on a need, real or imaginary. Ask mentally, either successively or all at once, for a 'vein of good drinking water, less than twenty feet in depth, which will flow uninterrupted at the rate of 5 gallons a minute or more.' Thus when you receive a reaction, you will know that it is not a pipe, a polluted vein or a source that might otherwise

be too deep or seasonally unreliable for the purpose at hand. When the dowsing reaction takes place, mark the spot and approach it from the opposite direction. If the two points do not coincide, the mid-point between them should be the center of the vein."

According to Polly, a left-to-right pendulum swing indicates a "no" while a back-and-forth swing (to and away from you) indicates a "yes." As with all magical techniques, practice makes perfect.

Stephanie Yeh, co-founder of the Esoteric School of Shamanism and Magic (<http://www.shamanschool.com>), helps clients learn magical and shamanic techniques. Her current project, a free teleconference series on a variety of magickal and shamanic topics with guest speakers, is designed to share information and promote interaction between people of varying spiritual practices.

The Chronicles Of Narnia – The Lion, The Witch And The Wardrobe Review

By Alice Flegel

One of the great children's classics by C.S. Lewis, is brought to the screen in *The Lion, the Witch and the Wardrobe*. Set in wartime England, its plot has the four Pevensie children sent out of London for their safety. They end up in the country house of the eccentric Prof. Digory Kirke, and like all children removed from their usual source of fun and amusement, they're bored, bored, bored.

Then one day, Lucy begins poking into things, and one of them is the very odd wardrobe of the professor's. What she sees inside, is not the professor's clothes, but a world encased in snow. The others of course, don't believe her, since they haven't found anything half so interesting. But eventually they give in to their own curiosity, and all enter the wardrobe to find themselves transported to the world of Narnia, where an evil White Witch has created an eternal winter, that will never see a Christmas.

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Meeting up with the kind and caring lion Aslan who rules the strange land, the children begin their trek towards defeating the witch. But along the way, one will fall behind and join the very forces of evil they are trying to defeat. Amongst the mysteries of talking animals, mythical creatures and magic spells, the children must free Narnia from the perilous cold, and one of their own, from dangers that could destroy them.

This movie was extremely engaging from beginning to end, even at a long 2 hour and 20 minute running time. Perhaps, it's because it was one of my favorite novels growing up, but the young actors were quite engaging and Tilda Swinton was superb as the White Witch.

Just one note of caution to parents: The movie was rated "Parental Guidance Suggested" and parents should be aware. The movie definitely has numerous violent scenes and it's certainly not for little ones.

Director: Andrew Adamson Producers: Perry Moore, Philip Steuer, Andrew Adamson Starring: Tilda Swinton, James McAvoy, James Cosmo, Jim Broadbent, Elizabeth Hawthorne

Alice Flegel, movie fanatic, reveals exactly which movies are living up to the hype & which are better left for DVD. Check her movie & DVD reviews at

before you

lay down cold-hard cash at the movie theatre or video store. Already seen The Chronicles of Narnia? Write a review at



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