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How to Fish Spring Trout Streams

By Frank Faldo

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Fishing spring creeks isn't easy. Don't expect large quantities of catches, but do expect a challenging experience which has a certain mystique about it. Catching just a few trout, will give you a feeling of accomplishment.

First, keep in mind that your fishing excursions will be more successful, and you will get many more bites if you use

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Spinfishing is illegal on most spring creeks, but you can use a variety of flyfishing methods such as sight casting to "rooters" burrowing in aquatic plants for scuds, nymphs and sow bugs. You can slap out chunky streamers to tease big fish from deep, dark pools. You can fish terrestrials during no-hatch periods, or you can wait patiently for mayfly emergences, when trout rise furiously all around you.

Delicate presentations are important, so keep your tackle light. Use an eight to nine foot rod taking a No. 4 to 6 weight-forward or double-taper floating line, plus an eight to 14 foot knotless leader tapering to a 4X to 7X tippet is perfect.

Keep in mind that your casting positions can be critical in determining whether your fly is snatched up boldly or ignored on spring creeks. Try different deliveries from several different locations to find which is best. Try quartering upstream across a downstream casts until you get just eh right float to fool a particularly difficult trout.

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Know what stage of insect the trout are consuming. This can vary from fish to fish and from minute to minute as the hatch progresses. When the first mayflies appear, most trout feed on the emerging insects drifting in the surface film as they struggle to free themselves from their nymphal skins. Always carry a good supply of emerger imitations when fishing a spring creek hatch.

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Make Your Own Fish Bait to Catch More & Bigger Trout, Catfish, and Carp.

Trout Species - Rainbow Trout and Brown Trout

By Brett Fogle

Rainbow Trout: Few freshwater fish can match the fighting spirit and beauty of a Rainbow Trout.

The Rainbow Trout is a well-traveled species of fish. Originally, the Rainbow Trout was found in the coastal rivers in the United States on the west coast but today, Rainbow Trout are found throughout the United States, as well as in the cold-water streams of South America, Europe, New Zealand and even Australia.

The reason for the wide range of Rainbow Trout in the U.S. is that Rainbow Trout are relatively easy to transplant. Virtually all areas that Rainbow Trout now inhabit are due to environmental transplants - both intentionally or unintentionally.

Regardless, Rainbow Trout are the most popular types of trout found in the world today, and are also the most sought after trout by fly fishermen.

The Rainbow Trout is equally famous for its acrobatic aerial displays and very long runs to avoid being caught.

Rainbow Trout are also well-known for being highly selective in what they eat. While at other times, they seemingly gorge themselves on just about everything in sight.

Rainbow Trout are easily distinguished by the red stripe that travels the length of the fish, from the gill plates to the tail. Rainbow Trout also have hundreds of black spots that cover the dorsal of the body (the dorsal part of the body of a trout refers to the "back side" of the fish).

Brown Trout : Brown Trout are the "smartest" of the trout family, frequently frustrating beginners and professionals alike.

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Brett Fogle is the publisher of Fly Fishing Secrets, an insiders guide to flyfishing tips and techniques of the pros. To sign up for free flyfishing tips and other articles, please visit

Trout Fishing Secrets Revealed – How to Catch A Trout Everytime: When Spinner Fishing Your Favorite Stream Or River!

Trout Species - Rainbow Trout and Brown Trout
Trout Species - Brook Trout
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