

How to Jumpstart your Next Writing Session.

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**How to Jumpstart your Next Writing Session.**

**By David Parton**

**How to Jumpstart your Next Writing Session. by David Parton**

I have always enjoyed writing. Sometimes it's a problem for me to just sit down and write something. There are days when I choose "procrastinating" over "proactive." Putting things off is common with everyone. I am very gifted in this area. ;)

Here are 4 areas to focus on to jumpstart your next writing session.

- \* Concentration
- \* Preparation
- \* The First Word
- \* Use your notebook

Concentration:

There are way too many distractions. Cell phones ringing, blaring car alarms and unexpected visitors are just a few things that can disrupt your concentration. It then becomes easier to justify not writing today.

The best thing to do to encourage creative writing is to make it a ritual. Find a nice spot to write, maybe, in a quiet room in your home where you will be left undisturbed for a period of time. Set a time to work; a scheduled time to write. Stick to it.

Keep reference books and materials close to hand.

## How to Jumpstart your Next Writing Session.

Focus on one idea at a time.

View your next writing session as an opportunity; an opportunity to do something you enjoy. It can be fun. And when you are having fun nobody ever has to tell you to "concentrate!"

### Preparation

Once you have your topic: Google it. Read everything you can online and offline related to your idea. Search the net for testimonials, reviews and articles about your topic. Brainstorm related sub-topics.

Give it a rest. Let your subconscious mind percolate and play with the information you provided. Get

some exercise. Some of my best ideas come to me while I am out walking around in the evening.

### Getting Started

Where to begin? That blank page staring back can be intimidating.

Just dive right in there!

Type the word "The."

Type the next word (the first thing that pops into your mind) and the next word.

At this point, quality is not important. You just want to create a "flow" where the words come easily.

Don't stop to edit. Save all your corrections for the second draft. Resist the impulse to rewrite. That will only interrupt the flow and is another way to avoid the task at hand.

If you are like me you will have a 2nd, third and fourth draft. You have to get your first draft completed before you have anything to rewrite! Stay focused.

### Carry a Notebook

As a creative writer, you will be "hit" by odd ideas and notions in the oddest of places.

Maybe you are stuck in traffic or brushing your teeth when inspiration strikes.

You could wake from a dream and have a killer idea.

"I'll remember that." We say to ourselves, but when next we write there is no access to that memory file.

Just use a notebook. Jot those things down as they come to you. It only takes a moment.

## How to Jumpstart your Next Writing Session.

Capture all your of your ideas as they transpire. Who knows? One of them may be the "Next Big Thing!"

### **How To Get Started on Writing Killer Articles**

**By V. Berba Velasco Jr., Ph.D.**

#### **How To Get Started on Writing Killer Articles by V. Berba Velasco Jr., Ph.D.**

I once wrote an article in which I offered the following tip on how to speak eloquently in public: Talk about something that you're passionate about. When we speak about matters that are dear to our hearts, we often find wellsprings of eloquence from which we can draw.

I offer similar advice to anyone who wants to learn how to write with flair and style. Start by writing about something that you feel deeply and passionately about. The same hearty emotions that lend eloquence to an orator can also provide a jumpstart to an aspiring writer. What's more, we are likely to be well-informed about matters that we hold dear, and we are likely to have spent many hours pondering their significance in our minds.

Of course, this is no magic bullet. An aspiring writer still needs to master the mechanics of proper composition, as well as develop his own style. Still, these skills can only come about through practice—and if you're going to practice, it helps to start with topics that we can launch into with great passion and aplomb.

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