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How to Prevent a Custody Battle After Divorce.

By Barbara Rose

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I recently marked the six-year anniversary of my custody battle. I have learned vital lessons that I want to share with all parents.

Divorce yourself emotionally from your former spouse.

Mind your own business. Their life is no longer married to yours.

Our children are not to be fought over like property. Children are not property, and parents do not own them.

The issue is not custody. It is loving the children, sharing parental responsibility for their physical needs, and maintaining open communication between the parents for the sake of the children.

If you file a custody suit out of bitterness, or to get personal revenge, or to avoid sharing parental responsibility with open communication, you commit a crime against your children.

No matter how much you may despise your former spouse, your children are as much a part of their other parent as they are of you.

No matter how much you may dread sharing open, healthy communication with your former spouse, you must do it to provide a role model of healthy adult communication for your children; they will need this vital resource when they become adults.

Psychologically healthy divorced parents show courtesy and respect to each other. Their children then internalize the message that they are respected. Through open dialogue with each other, parents teach their children to speak their truth rather than sacrifice it to please one parent or blame the other. Such parents give their children an invaluable gift.

When parents stop blaming and start to look within, they take personal responsibility for their thoughts, feelings, and actions. The parents heal their issues, and their children are spared great pain.

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I ask you, if you are a parent, to look to the source of your pain. It is not with your former spouse. It is within you. Look closely at the areas you vehemently guard. If you don't want open communication, do it anyway. Your children need to learn how to communicate.

If you don't want to pay child support, pay it anyway. Your children are entitled to be raised with the financial resources of both parents. They deserve the best life they can possibly have.

Do everything you do not want to do. Do it for your children. If you do, your children will be by your side in your old age. If you do not, you will find yourself alone when you are old.

Many laws have changed in the last thirty–five years: child support enforcement laws and custody

regulations. But the courts cannot enforce healthy, open communication between the parents. And the courts cannot impose on us the one thing that will make all the difference for each of us. It comes from the inside. It is love.

Love and heal your self. Love and honor your children. Then and only then will you and your children know peace.

If your former spouse is not fulfilling their court ordered obligations, let it go. Stop trying to enforce what they are not willing to adhere to. You have no control over them.

Focus on being the best parent to your child when you are with them.

Never speak negatively about the other parent, show the other parent disrespect in front of the children, or cause the children to feel they should take sides.

Allow the children their birthright to express love to both parents.

Be grateful for whatever the other parent contributes to the lives of your children, and stop seeking to get more.

You will find that when your energy is spent on genuinely accepting, and sharing parental responsibility with your former spouse, for the sake of your children, rather than continuing a war, your children will thrive emotionally. They will bear no psychological scars. They will learn the gifts of open dialogue, rather than receive pain as they witness a silent war between the two parents they are a part of.

As divorced parents, do everything you can to create a pleasant atmosphere with your former spouse for your children. This may be an unwilling sacrifice for you, but it is a gift for your children.

In her nationally praised seminars and workshops, Author, public speaker and columnist Barbara Rose shares the secrets of turning tragedy into triumph. Her books; *Individual Power: Reclaiming Your Core, Your Truth, and Your Life*; and *If God Was Like Man* (Publication Date April, 2003) share profound, inspiring insight. Please visit her website <http://www,borntoinspire.com>

Get It Solved With Indiana Child Custody Lawyer

By Low Jeremy

Divorce cases have been arising in the state of Indiana. Child custody cases have also increased because it goes after finishing the process of a divorce. When the parents have decided to move in different states, they should consult an Indiana child custody lawyer to solve the child issues.

If a parent has moved in another state, a bigger issue arises as to which state they are going to apply and practice the jurisdiction. If both parents decide to get an Indiana child custody lawyer, it will not be a problem because they can handle cases properly and fairly.

An Indiana child custody lawyer carefully studies the situation and observes carefully the behavior of both parents. He will also have to look into the historical background of the parents because he might find some offensive behavior which is done in the past of an even bitter past.

He will also try to see which parent is psychologically healthy and is emotionally healthy. Sometimes, a psychological test is being applied to either parents or a parent who is doubted to have some behavioral problems.

An Indiana child custody lawyer also looks at the behavior of the child. He can make some research and questions to the child regarding his parents. An Indiana child custody lawyer can be able to ask the child his choice of parent. However, if the child decides to live with the mother, a lawyer will still have to look at the potential of the mother. For example – the environment that they will live in and the financial stability of the mother are looked upon. If the mother is not employed but the father is, chances will happen that the father will win the child custody case. The court will make sure that all the needs of the child is provided and that he will have a good accommodation as he grow up.

After the court decides, an Indiana child custody lawyer will fix the schedules such as visitation and also some of the relocation issues. When the child lives with the mother, the father will definitely have time for his child during the weekends or as to how long he may request to be with his child.

An Indiana child custody lawyer will look at the request and see if it can be approved depending on his reason and intent. An Indiana child custody lawyer makes sure that the child does not get abused by his parents. This is a major offense to the parent.

If the court finds out that a parent is beating the child, he will not surely win the custody of the child. If you are planning to get a divorce, think it out first because your children are the ones who suffer. If there's really no way around, then get a good Indiana child custody lawyer so that your child is in good hands.

An Indiana child custody lawyer cares for the children and makes sure that they get what they deserve when it comes to love and affection. Also, an Indiana child custody lawyer sees to it that both parents have good communication with their child because it's their right.

An Indiana child custody lawyer will also make sure that the child will have a good future by respecting

joint decisions of the parents.

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