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How to Reorganize Your Divorce Life for Happiness?

By Ruben Francia

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Do your dreams, hopes and ambitions shattered by your own divorce? Do you feel completely worn out of your desire to go on with your life? Do you feel you have no more purpose or inspiration for life's achievements?

You must not let yourself think along these lines. Be positive. Divorce is said to be emotionally painful and recovery from it is terribly hard, but it should not be taken as an end of your world. Accept it, learn from it and look at it as an opportunity for a new beginning for building a better you.

Wake up and control your mind. Don't allow yourself to get overwhelm by your woes. If you cry and feel sorry for yourself, it will only bog down your ability to think clearly.

Don't allow yourself to engage reconciliation fantasies. Let it end and put it to rest. Nothing you do will change it. Instead, build your life to what you want it to be from this moment onward.

One of the first steps you need to do is to analyze your present situation. Grab a paper, write about your present situation, list down your problems and for each problem, list down your options and possible solutions. Don't worry about finding a solution for everything all at once. These activities will not right away change your present situation but will let you see clearly what your next step ought to be.

Focus and don't waste time. You must quickly regain control of your life and get on with attaining all your ambitions. You must reorganize your life for happiness after divorce.

You do this by leaving the past behind and learned from it, analyzing your present situation, and making post-divorce plan for your life. You have to decide what you want out of your life and how you intend to get what you want. Set realistic goals and target dates for attainment.

Happiness in life comes from the feeling of inner satisfaction on what you feel with whatever you do. It doesn't come from harboring grudges, by being alone or by revenge but by forgiveness and by working

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together for the common good.

Indeed, happiness comes from your association and inner-action with other people. Thus, following a divorce, you must immediately begin mingling with other people and not only be empathetic relative to ways in which you can help them, but also interested in them as people. The more you reach out to help others, the more help you'll receive in return; and at the bottom line, the greater your own personal happiness.

So, for you to attain happiness after a painful divorce, you must leave the past and learn the lessons they bring; make an assessment of your present situation; have a post-divorce plan for what kind of life you want to have; take actions to achieve your ambitions; help others and love your life.

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If you do have children of divorce must that you have to reorganize your post-divorce life quickly. Your children's happiness and success rest on your shoulder. Never allow your divorce to ruin the life of your children. Come to think that children generally fare best when they have the emotional support and ongoing involvement of both parents. So, if you have difficulty relating to your former spouse then read your free copy of my ebook "8 Essential Steps to Cooperative Parenting and Divorce." Just visit my website and get the said ebook for free.

Your happiness will be complete when you see your children grow successful. But post-divorce situation posts a different parenting challenge. To be able to raise successful divorced children you must equip yourself learning appropriate divorce parenting practices. It will be a great help if you have on your side a divorce parenting guide. If you want to discover how to raise happy, healthy and successful divorced children, visit my website and get a copy of "101 Ways to Raise Your Divorced Children to Success" ebook.

Again, it's a matter of getting on with your life, forgetting about the past and moving positively towards the things that you want in life.

With the above information, I hope you will reorganize your post-divorce life for your happiness and your children's success.

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Ruben Francia is an author of an indispensable divorce parenting guide ebook, entitled "101 Ways To Raise Your 'Divorced' Children To Success". Get his other ebook for FREE, "8 Essential Steps to Cooperative Parenting and Divorce." Visit his web site at

"Divorce Advice: Getting Divorce Advice From the Right Source"

By Karl Augustine

Getting the right type of divorce advice depends on what type of divorce advice you want and what you want to use it for. When looking for advice about divorce, it is smart to clearly define what you are seeking the advice for so you can be sure to look in the right places.

Seems simple enough right?

Yes, but...lots of people who are deciding about divorce and seeking divorce advice lump the categories of divorce advice into one, and that's a big mistake. You should seek divorce advice from different types of places for the different types of advice that you need. Certainly there's more types of divorce advice categories, but here's a partial list:

Divorce advice type 1: Legal advice for getting a divorce when you are sure that you want a divorce, no matter how tough it will be to get that divorce. When asking for this type of divorce advice while meeting with an attorney, you may be asked if you're certain that you actually do want a divorce...if you do, don't waver, stick to your decision. It makes sense to have a good idea of all of the parts of your life, family and materials, that could be affected or sought after. You want to have your facts, account names, timelines, etc., in mind when meeting with the attorney so that your discussion is maximized.

Divorce advice type 2: Legal advice for getting a divorce when you are almost sure that you want a divorce, but want to make sure that the financial considerations are in order or that health of your children won't suffer in the long run. When asking for this type of divorce advice, you may want to consider seeking the advice of an attorney or financial planner for the financial considerations and a counselor experienced in family matters for the impact that a divorce might have on your children. The point is, split the two concerns up so that you get the chance to speak to 2 different people who specialize in each area so that you will get the appropriate divorce advice.

Divorce advice type 3: Legal advice for getting a divorce in a case that is relatively simple and will be a clean break, no financial or other family considerations to take into account for the divorce. This is perhaps the easiest type of divorce advice to get because it infers that you have already made the decision from an emotional standpoint and really don't have any other considerations of deep concern. When seeking this type of divorce advice, you most likely have limited financial considerations, a prenuptial agreement, or the situation itself as amenable to everyone and you just need someone to do the paperwork.

Divorce advice type 4: Legal and/or counseling advice regarding whether or not divorce is right for you from a psychological, emotional and financial perspective. When asking for this type of divorce advice, you may want to consider seeking the advice of an attorney or financial planner for the financial considerations and a counselor experienced in Clinical Psychology and "personal-life" coaching for the impact that a divorce might have on you. Again, the point is, split the two concerns up so that you get a chance to speak to 2 different people who specialize in each area so that you will get the appropriate

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divorce advice.

Divorce advice type 5: Counseling for emotional support when deciding whether or not you really want a divorce or are just unhappy in your marriage. This type of divorce advice is crucial to your happiness because when you're in an emotional state, it is tough to make lucid and rational decisions. And, if you're wrestling with deciding whether or not to get a divorce (purely from an emotional perspective), you should do all you can to make a logical decision because how you approach this decision and the affects afterwards can be long lasting and far reaching. If you're are struggling with finding divorce advice, you may want to talk to friends, counselors, even other family members.

But, my divorce advice to you is, do it yourself.

I'm not saying don't talk with friends, counselors, and possibly family. What I am suggesting is that you reach the final decision of whether to get a divorce on your own, you have to live with it, no one else. The answer is inside you, you just have to get it out in a logical manner.

Whatever type of divorce advice you need, be sure that you're directing your energies in the right direction. If you don't separate the emotional aspects from the legal aspects of divorce advice, you might end up confused and unable to get the most out of any meeting you may have with an attorney or marriage counselor. At the end of the day, you should control your own destiny and make a smart decision based on logic, controlled emotion, and forward thinking.

Karl Augustine Author, "A Practical Guide To Deciding Whether Or Not To Get A Divorce".
A resource recommended by marriage counselors to their clients. Proven "Action Items" to help you make the right decision based on what YOU want!

"Divorce Advice: Getting Divorce Advice From the Right Source"

The Essence Of True Wedding Is To Flow Together Harmoniously!

"Divorce and Children: Things To Consider When You're Staying Married Only For Your Children"

Surviving Divorce: What To Think About To Ensure Surviving Divorce

Divorce Articles: How To Get The Most From A Divorce Article

The Forum List

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