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Impair Healthy Healing In People Over The Age Of 30!

How to benefit from the 12 Days of Christmas

By Jeanette Cates

How to benefit from the 12 Days of Christmas

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When you see all of the wonderful gifts being offered by the 12 Days of Christmas special offer program you may feel overwhelmed. But don't worry. If you follow this easy plan, you'll feel like you're in control of the valuable items you're about to receive.

Use this approach to maximize your investment of time.

1. First, create a new 12days folder to hold all of your goodies. You can create it on the desktop or in your My Documents folder. Just remember where you put it. You'll be using it a lot in the next few days!
2. Next print the list of gifts. Just use the File, Print command in your browser. You'll use this list to check off those offers that you have already completed.
3. Now save that same page in your new folder (File, Save as...) You'll use this in the future when you come back to this folder. It makes it easier and faster to find a specific item again.
4. Now you're ready to start picking up your gifts. Follow each link. Some will ask you to fill out a short form before you get to the download page. Go ahead and do that. Then download the gifts into your special 12days folder.
5. Many of the newsletters and special offers will ask you to confirm your email address. Do that as the emails arrive. It only takes a minute.
6. Check your junk mail folder once a day for the next week. If your email service doesn't recognize your new friend's email address, it may put it into the junk folder. So just open and make sure you're not missing anything.

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7. Over the next couple of weeks you will receive an increased volume of email. If you don't have time to deal with all of it as it arrives, set up a new folder in your email program and put all of the newsletters into that folder.

8. At least once a day, read one or two of the new subscriptions you're receiving. There is some *great* information in there, so you'll definitely want to take advantage of it.

9. Never be afraid to unsubscribe to a series. We are all short of time. If a series is not relevant to you within the first couple weeks, stop it for now. You can always pick it up later.

10. Communicate with those who offered the 12days gifts. We are all glad to answer questions about our products and services. And we've all been in your shoes – at whatever stage you find yourself. Know that we are fellow travelers and welcome your ideas, comments and suggestions.

My holiday wish for you is that you find exactly the right thing among the "gifts" we're offering through the 12 Days program. Now, enjoy your gifts!

Dr. Jeanette Cates, The Technology Tamer, is the creator of the Online Success System and one of the contributors to the 12 Days of Christmas at

<http://www.tamertips.com/12days.htm>

She works with

independent professionals who are ready to turn their knowledge and their websites into gold.

What Do You Want This Year?

By Angie Dixon

Christmas is all around us, and many people are making up wish lists. Those who aren't doing that are busy setting down their New Year's Resolutions already. But this is a good time to sit down and do some serious introspection.

What do you want from the holidays this year? Do you want to rush around, spend a lot of money you don't have, and yell at the kids for not playing with all twenty of the toys they asked for—at the same time? Is that really how you want to spend Christmas?

We talk about "Christmas spirit," and mostly we mean giving. Giving of ourselves, giving to people who need it. That's great, that's Christmas spirit.

But I think there's another aspect to "Christmas spirit." I think it's spiritual. And don't close your screen on me because I said spiritual. I didn't say religious, because it's not. I think it comes from our souls.

How to benefit from the 12 Days of Christmas

I think deep down, each of us has a spirit that wants to be expressed. And I think at Christmas, when we're naturally thinking of others, that spirit is more easily expressed. I think if you want to, you can have a spiritual Christmas. You can feel loving, caring, generous. You can feel like a kid at Christmas, just by opening up to your spirit.

So what do you want this year?

Angie Dixon helps small business owners get their acts together. She is a personal development coach specializing in helping people integrate their home and work lives so they feel less stretched and more balanced. Get her FREE EBOOK on balance at

<http://www.discoveringtruenorth.com>

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to discover how coaching can change your life, contact Angie at

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. Thank you.

What Do You Want This Year?

Need To Recapture The Magic Of Christmas? Try Inspirational Christmas Stories!

What Do You Want for Christmas?

Low Carb Christmas!

Christmas Party Theme

Christmas Happy Package

The Big Book Of Cookie Recipes

120 Lip-Smacking Good Jam Recipes

Brew Your Own Beer

COCKTAILS - How to Make and Enjoy them



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