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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**IT'S MY PARTY**

**By Arleen M. Kaptur**

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Parties range from quick get-togethers to very elegant, formal affairs. If you are the host/hostess, the bulk of the responsibility lies on your shoulders. So make an impression that will knock the socks off of all your guests. You are not a professional caterer – you don't have to be. A few simple tricks or tips and you are an entertainment specialist.

Mix crisp pieces of cooked bacon, crumbled, with your buttery string beans or use the bacon as a garnish on top of egg salad, deviled eggs, tomato slices, or potato salad.

Serving steaks or roast beef? Whip butter with your favorite herb (such as garlic, scallions, basil, etc.) in a mixer. Using a small scoop, serve a "ball" of this seasoned butter with your meat entree. You can even use your little treasures on top of hot vegetables. Elegant, indeed!

Serving just plain ole' potato chips? Try using melted grated cheese (cheddar is great or even pepperjack for a bit more bite), or buy the salt-free and add a seasoned salt. Your guests will be pleasantly surprised.

Serving soup? Try tiny cream cheese balls that you have rolled in parsley or chopped chives. Place a few in the steaming bowl of soup and you have soup par excellence!

When using place cards for your dinner guests, try a very considerate

approach. If not everyone at your party knows each other, print the guest's name on both sides of the standing place card. This way the

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guests across the way can become acquainted with everyone at your table and not just to the few people around them. Very considerate!

Looking for a vegetable idea:

Choose tender, young carrots in full length (peeled, but not sliced). Cook until soft, but far from mushy. Using the green tops of scallions, take three beautiful and colorful carrots and tie them together with the top of the scallion. You can use two or three tops and you have a very pretty vegetable bundle to set on the side of the main meat or fish entree.

Serving hot rolls? Take your prepared hot roll mix and make a figure-eight, or tie a knot, or even shape a letter. Be creative, a basket of different shapes also adds an added appeal to your table.

Using just a few decorative touches to your meal and Viola! you are a very good host/hostess and people will beg to come to your parties. When you use special touches, your guests will feel "catered" to.

Enjoy!

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Arleen has written a novel, e-cookbooks, and numerous articles. Her website is RusticLiving <http://www.rusticliving.info> and <http://www.webspawner.com/users/rusticliving>

## **Party Planning For Dummies**

**By Patty Illomia**

Planning for a party is no small stuff. It can be really hard to plan for any kind of party and the more important your party is the more stress you are bound to be under. It is a good thing for you that I am here to write this spectacular party planning article to help you to plan the perfect party for any occasion.

Party planning needs to start with a budget. You cannot just go out and start purchasing things willy-nilly without a budget and a plan. SO begin your party planning with making up a good budget. How much money do you have to spend on your party? Decide on a reasonable amount and then break this party planning budget down into sections.

Your party planning sections should look something like this, food, decorations, party favors, and plates, cups and napkins. Once you have this stage of your party planning finished you can then start filling in the columns. How many dishes will you need? Is this the kind of party that requires party favors? This is one of the most important aspects of party planning and it is what will make your shopping for your party much, much easier. Once you have a defined list you can go out and start your

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shopping. Party planning can be stressful, sure, but it should also be fun. After all you are planning for a party, so enjoy it!

The food that you choose for your party is important to the entire event. You will have to take into consideration what kind of party it is that you are having in the party planning stage. For example, is your party planning being done for a birthday, or an anniversary? Is your party planning being done for a theme party? These types of things matter when you are trying to choose the foods that will suit your party to perfection. IF you are having a themed party then have foods that suit it. If you are having a luau themed party have Hawaiian foods and drinks or if you are having a Christmas party then have Christmas themed foods. This is just smart party planning and it will make your party all the more fun for everyone.

Patty Illomia owns and operates Instan Party Planning Ideas at

. You'll find many options and Ideas for Party Planning that

are right for you.



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