

If You're Not Where You Want To Be In Life, It's Your Own Fault

This Free E-Book is brought to you by Natural-Aging.com.

100% Effective Natural Hormone Treatment
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!

If You're Not Where You Want To Be In Life, It's Your Own Fault

By Kevin Thompson

If You're Not Where You Want To Be In Life, It's Your Own Fault

by: **Kevin Thompson**

Have you ever wondered why you're not where you want to be in life?

Fact is, we both have at one time or another.

I know I certainly have.

And while I still haven't achieved all of my goals, and probably never will (cause I keep setting bigger ones), I sure have come a long ways.

And you know what happens?

Once you make progress and have some success in your life, your mind opens to what you're capable of accomplishing.

And that's where I'm at right now. I've had what many would consider a great amount of success, yet I keep pushing forward.

Some people ask me why I don't just kick back and relax for awhile, but that's just not on my agenda, and here's why.

My good friend and successful business owner Chet Rowland puts it this way, "You know what you want once you've had a taste of success? You want more, that's what you want."

And that's the truth, we want more.

We want more money, more happiness, more love, more time, heck, we want more of everything.

If You're Not Where You Want To Be In Life, It's Your Own Fault

And believe me, there's nothing wrong with that.

The desire for something more and something better is what keeps this world going around.

It's certainly what keeps me going.

Cause the fact is, in the past I've had it both ways, and I'll tell you what, more is better.

Now, before you start judging me, let me tell you this, I don't believe that our creator intended for us to be poor. Being poor never helped anyone.

I believe that our creator intended for us to have the very best of everything. Our creator also gave us the means to make this a reality.

Yet many people still don't know how to go about getting everything they want from life.

But I'm going to let you in on the secret right now, and show you how to magnetically attract to yourself the very best that life has to offer.

It all comes down to asking yourself the right questions, yet the truth is, most people truly suck at this.

In fact, they're continually asking themselves the wrong questions.

They ask questions like...

Why am I always broke?

Why can't I be at my ideal weight?

Why can't I meet the right woman (or man)?

Why do I have to get up and go to this job I hate every day?

The problem with asking yourself questions like this is that your subconscious mind will immediately get to work and come up with answers for you.

Now, if you've never had any experience with this, you might be thinking to yourself, "Uh oh, here he goes with that positive thinking stuff."

And you would be dead wrong.

This has absolutely nothing to do with positive thinking.

But it has everything to do with asking yourself the right questions.

If You're Not Where You Want To Be In Life, It's Your Own Fault

So, let's see how we can automatically put your mind to work for you by re-phrasing the questions above.

How can I make an extra \$500.00 this month without working more hours?

How can I get to my ideal weight by only making small changes that I can actually live with for the long haul?

How can I go about finding that special woman (or man) to share my life with?

What is it that I really enjoy doing (sometimes called unique abilities) and how can I go about finding a job that will allow me to use these unique abilities?

Are you starting to get the idea?

By asking yourself the right questions, your mind will automatically go to work and come up with the answers for you.

Believe it or not, you've already done this before, probably without even realizing it.

Let me explain.

Think back to the last time someone asked you a question that you knew the answer to, but couldn't remember right off the top of your head.

Maybe they asked you about the name of a song, who sings it, the name of an actor in a movie or the name of a restaurant.

You start to think about it, and it even frustrates you a little, cause you know the answer.

You might even say something like, "It's right on the tip of my tongue".

A while later the answer comes to you. It may take a few minutes, a few hours or even a day, but sooner or later the answer came to you.

The reason why? Because you asked your sub conscious mind for the answer.

I use my mind just like this on a daily basis. Here's how...

As you know, I write a daily health update for you.

How in the heck do you think I come up with all the content for these things?

It's certainly not cause I'm an accomplished writer. In fact, I've had virtually no experience at writing, and I certainly never went to school for it.

If You're Not Where You Want To Be In Life, It's Your Own Fault

This is how I do it (and this is a secret I learned from another good friend, Matt Furey) ...

Each night before I go to bed I ask myself this question: "What can I write tomorrow morning that will convey my thoughts in the most sincere way, and have the most positive impact on everyone who reads it?"

Then, I go to bed. And during the night, as I'm sleeping and my body is re-energizing itself, my sub-conscious mind is working to come up with the answer for me.

Sometimes I wake up in the middle of the night with the answer. Sometimes it comes to me in the morning.

But most the time I have to get up in the morning, come down to my home office, sit in front of my computer and start writing.

Sometimes I'll start writing without having a clue what I want to talk about, but then it comes to me.

Just to get myself going, I may start out with something like this, "I don't really know what I'm going to write about this morning, and I kinda feel a little overwhelmed at the moment... hey, that reminds me of a time when..."

And just like that, it comes to me, and I go with it.

The action of putting my hands to the keyboard and plunking away forces my mind to go to work and give me something good to write about.

I write the daily updates in Microsoft Word and they're typically 1½ to 2 pages long. But because I feel so strongly about this particular subject, and wanted to convey my feelings to you, here I find myself at almost four pages.

Your mind is powerful tool, and when you know how to put it to work for you, you can accomplish anything you desire, easier and faster than you ever thought possible.

You can loose the weight you want to loose.

You can improve your health.

You can find the relationship you desire.

You can have the rewarding career that you'll enjoy.

You can have more income and live the lifestyle of your choosing.

All you've gotta do is ask yourself the right questions.

Get your free subscription to Health Articles & News Update service. You'll get instant access to the world's most respected and sought after health experts in 70 categories, including Men's Health, Women's Health and Children's Health just to name a few. Find out how this free service is changing people's lives and how you too can live a longer, healthier and more prosperous lifestyle... beginning today. Go to

The Divorce Blame Game

By Christina Rowe

We all begin the divorce process convinced that everything is the other spouse's fault. All of the pain is a direct result of their bad behavior. Your ex is acting in complete disregard for your feelings. If your ex would only behave the divorce would go more smoothly. That you might have a part in this mess doesn't even occur to you. No, your spouse is to blame. He is one who cheated, lied, and betrayed you. How could you be responsible?

But when the dust settles you may start asking yourself some difficult questions. Was it really all your ex's fault? Was there anything you might have done or not done that could have contributed to this divorce?

This is where it gets tough. No one likes to think that they were responsible in any way for the failure of their marriage. It just has to be your ex's fault. Don't you have that long list of sins?

How could anyone draw a different conclusion?

Chances are that in most ways you are right, and your ex is wrong. Some of his actions might seem unforgivable. So, after all of the stress, heartache, and pain, why bother to accept any blame? If you look inward instead of outward, you will be able to take control. With this power you will emerge from your divorce with greater insight, and valuable lessons for any future relationship.

Only a victim looks at an ex-spouse and says: "Because of you I do not trust anyone. Because of you my life is empty. Because of you I am in pain." In doing that, the victim gives her ex-husband a controlling power over her behavior. You are making your ex responsible for your life. In saying:

"It's not my fault," you are holding yourself back from the hard work of recovery. The longer you harbor this victim mentality, the longer you will deny yourself a chance at the life you deserve to live.

Don't hide from yourself. Dig deep into the memory of your past actions. Look at them, learn from them, and let them go. Forgive yourself. Until you do that you won't find forgiveness for anyone. Once you do it you might be pleasantly surprised that the anger you feel for your spouse is diminishing.

The willingness to let go of the past, and truly move on to a better place, is the key to peace and happiness.

Christina Rowe is the author of the new book *Seven Secrets To A Successful Divorce—What Every*

If You're Not Where You Want To Be In Life, It's Your Own Fault

Woman Needs To Know . Find out the survival skills that will save you time, money and heartache during your divorce.For your free Secrets of Divorce newsletter go to

Related Content:

Read more Content at

Related Products:

: A genuine resource center for Quality Ebooks and Softwares



This Free E-Book has been brought to you by Natural-Aging.com.

[100% Effective Natural Hormone Treatment](#)
Menopause, Andropause And Other Hormone Imbalances
Impair Healthy Healing In People Over The Age Of 30!