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**Menopause, Andropause And Other Hormone Imbalances**  
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**Important Points To Consider When It Comes To Drug Testing**

**By Stephen White**

For people who want to have a loved one undergo drug testing or for anyone who just wants to go

through a drug testing, here are some highly important points to take note of when it comes to drug testing and substance abuse. It really is high time for people all across the United States, even the entire world, to really put some greater importance on the life threatening risks that are involved when it comes to drugs and various other substance abuses.

Some general information about the detection of drug abuse from drug testing: as compared to having a drug testing wherein they will take samples of the patient's blood, it is highly recommended that the medical technicians just use the patient's urine as the urine has been proven to be actually more reliable when it comes to the detection of any drug abuse. Unfortunately, it also a more expensive kind of drug testing. However, even if it is fairly easy for medical technicians to see whether or not a person has taken in some harmful drugs into one's system.

A urine drug testing, as goes with the blood drug testing, would not be able to provide the medical technicians with other relevant information with regards to the drug testing. Whether or not the patient is under the influence of the drug at a specific time is most unlikely to be determined by the urine drug testing.

Blood testing, however, in spite of being the lesser choice when it comes to drug testing will actually be able to help the medical technicians to obtain some more relevant information on whether or not the individual is actually under the influence of drugs during the time that he or she went through the drug testing. Although some experts say that this may tend to not be conclusive in all cases.

Another drug testing technique nowadays is through hair testing which is actually not recommended because a lot of laboratories are actually finding some difficulty with regards to the reliability of the results especially, as most often than not, drug testing through the hair usually poses "positive" results for the patient. A lot of people don't buy into this kind of drug testing since with the simple act of washing one's hair as well as being subjected to other hair "contaminants" can the patient actually saves his or herself from being detected with any substance abuse.

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The laboratories that usually perform this kind of drug testing do not really have the ability to confirm the reliability as well as the accuracy of their hair testing's results. This can actually put lawyers who are defending a person who is said to have been under substance abuse in a precarious situation wherein the evidence to be presented in court may really not be that reliable. The urine drug testing's accuracy is also highly dependent on how the drug testing procedure has been carried out by the medical technician.

It is important to note that drug testing will only be extremely reliable and accurate if and only if every aspect of the drug testing process are done with much care. When mishandling happens, there is the great chance that the results of the drug testing may actually be inaccurate and unreliable. This is why when it comes to drug testing, the people who are going through with it should be fully aware of how the drug testing process should be appropriately done as well as exercise one's assertiveness by demanding that the clinic which is conducting the drug testing has to do it properly and according to the systems standards.

Unfortunately, most especially during this time wherein more and more people are getting lured into doing drugs as well as other substance abuse, a lot of the clinics that are conducting drug testing all over the United States are not really capable of providing the reliable results that people need due to the rampant mishandling and as well as the improper way that some clinics conduct their drug testings. Therefore, the top three most reliable aspects that people should need to look for in a drug test for it be considered as reliable: strict collection procedures, proper testing procedures and random notification.

For more great drug testing info and advice check out:

<http://www.drugtestinghq.com>

### **How To Find Out If Your Child Is Doing Drugs – Home Drug Testing Kits**

**By Stephen White**

Are you concerned that your son, daughter, or family member is doing drugs? Is the prospect of having to bring them to a clinic too horrible for you to even contemplate? You should take time to consider another option. Why not try home drug-testing as an alternative?

#### 1. Why Home Drug Testing?

Looking at it from an objective point of view, home drug-testing provides a lot of advantages for people who value their privacy among other things. It is also cheaper to buy a do-it-yourself drug testing kit than to go to a drug testing facility and have the examination there. It is less hassle and less worry on your part. It provides anonymity that keeps the sense of privacy surrounding your family intact.

#### 2. Choose Wisely

There are a lot of do-it-yourself drug test kits available in the market today. Some examples of these

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tests include: urine tests, blood tests, saliva drug tests, etc. By knowing beforehand what kind of test you are pondering to take, you will save on your precious time. The most effective type of drug testing kit is actually the hair testing kit. This can tell you not only if your child has drugs in their system at the time of the test, but over the entirety of the past four months as well!

### 3. What Can Drug Tests Detect?

– Amphetamines – Barbiturates – Cocaine – Marijuana – Methamphetamines – Opiates

These multi-drug tests are very handy as they will screen your loved ones for a wide range of drugs, not just Marijuana. You no longer need to buy a single tester for every type of drug that you fear your children might using. These pose savings for you and again, less hassle.

### 4. Talk Openly With Your Children

It is critical that you talk openly with your children during the testing process. Let them know that you are doing this because you care so much about them. If you are especially quiet, you can perform a drug test on your child or loved one while they are sleeping – simply clip approximately 40 hairs from them approximately one and one-half inches from the base of their root, and this will suffice for the very effective hair drug test kit. Often, children will be rebellious and feel a lack of trust if you bring up the subject of having a drug test conducted. Let them know that regardless of the result, the main objective isn't to make things harder on them, but to simply put your mind at ease.

### 5. Use The Internet

There are are countless websites and companies that offer home drug-testing kits. Look and compare. Find out if there are reviews for the testing kit you are considering to buy. This will be beneficial on your part since you will be able to learn more about the product you are planning to buy as well as comparisons with other products out in the market. Your choices will increase and you will be able to buy the best the market has to offer.

For more great drug testing kit related articles and resources check out

<http://www.finddrugtesting.com>



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