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**100% Effective Natural Hormone Treatment**  
**Menopause, Andropause And Other Hormone Imbalances**  
**Impair Healthy Healing In People Over The Age Of 30!**

**Incontinence Products**

**By Michael Jason**

Incontinence refers to the inability of a person to control excretory functions such as urination or defecation. Urinary Incontinence (UI) is the state when unwanted loss of urine takes place in a person. It effects more than 15 million Americans. Women constitute two third of the percentage affected with incontinence. About \$28 billion is spent every year in providing care for urinary incontinence afflicted people.

Incontinence is among the major reasons why aging parents are pushed into old age homes or nursing homes. It is one of the most distressing and embarrassing problems that a person suffers from. It can cause isolation and depression in a person. It even puts a burden on the whole family.

Incontinence can cause great embarrassment to a person. Leakage of urine and frequent visits to the bathroom makes a person feel like an outcast. They become self-conscious socially and avoid the public places to avert embarrassment. Incontinent plastic pants really help them to fight that feeling of embarrassment. Vinyl plastic pants are among the best buys for incontinence sufferers.

**Vinyl Plastic Pants** These plastic pants are leak proof and are made to fit and cover an adults diaper cloth. This provides double protection against urinary leakage and is highly recommended for night use. These plastic pants are very good for side sleeping as it prevents leaks at waist and legs. These plastic pants are made up of fully heat welded side seams.

**Plastic Pants Flannel Lined Pull-On or Snap-On** These plastic pants are made up of leak proof designs. These are delicately crafted with enhanced appearance of lined vinyl plastic pants. These incontinence plastic pants are made for a comfortable fitting, and a wide crotch area. This is best for accommodating insert pads, cloth diapers and underwear. These are also among the best buys for trouble-free nights.

**Plastic Pants Pull-On High Back** These plastic pants are best at eliminating the sound of urination. These are soft, quiet and waterproof. These add extra wetness protection with its high cut waist. A person won't feel wetness at the waist.

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These plastic pants are rustle-free and soft. They have an extra 3 inch higher waistline, which provides the incontinence sufferer that extra protection than the regular plastic pants. These plastic pants are excellent leak proof pants. These can be tucked over your cloth diapers. This prevents a person from night time bedwetting embarrassment. It provides clean hygiene and can be used during the daytime too.

**Plastic Boxer Shorts** These plastic pants provide great comfort in warm weather. These pants allow circulation of air and help the person to stay dry. These pants can be worn over adult cloth diapers. These pants eliminate the problem of tube kinking when used with a catheter and urine leg bag.

**Pull-On Vinyl Plastic Pants** These plastic pants are among the best buy when a person suffering from incontinence is looking for plastic pants. These pants provide the person with softest plastic and a non-wicking waistband along with enclosed leg bands. This provides ultimate comfort and silence, two very important elements. These plastic pants are made with concealed elastic leg bands and waist

bands and offers a wide crotch area and forward facing leg openings. Pull-On Vinyl Plastic Pants offer comfort and quality fitting.

Incontinence plastic pants can help you live a normal life as they allow you to go about your daily routine without anyone knowing you suffer with incontinence.

Michael Jason writes articles on a number of different topics. For more information on Incontinence please visit

<http://www.incontinence-guide.org/plastic-pants.html>

and for additional Incontinence

articles please visit the following article page

<http://www.incontinence-guide.org/incontinence-articles/>

### **Common Causes Of Stress Incontinence**

**By Kathryn Whittaker**

Incontinence can be caused by several medical problems which includes diabetes or weak pelvic muscles. For women, drying and thinning of the skin in the vaginal area or the urethra causes incontinence especially after menopause. For men, the enlarging of the prostate gland or some prostate surgeries may be the main cause of incontinence. Although incontinence can affect both genders it mostly affects women.

If the pelvic muscles are weakened, a person will be prone to incontinence. This has been the cause of incontinence for many people. There are also some medicines that may cause or trigger incontinence.

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Consult with your doctor before taking any over-the-counter medicines. Certain medications and antibiotics can cause unwanted side effects such as incontinence.

The build-up of stool in the bowel may also affect a person thus causing incontinence. If a person is unable to move around freely, he may experience incontinence. A simple urinary tract infection may lead to incontinence. Also those people who have high calcium levels and problems such as diabetes are candidates for incontinence.

It is mostly adults who experience incontinence. This occurs when the bladder contractions have overcome the muscles that are forming a ring around the urethra in order to keep it closed. Defects in the nerves of the brain might lead to incontinence developing. These nerves control the bladder activity and if they are not functioning properly there is a knock on effect to other areas in the body. This situation can be caused by a stroke, Parkinson's disease, or from other conditions that damage the brain.

If the bladder is irritated, it might cause spasms which are not normal. This happens frequently with bladder stones, bladder cancer, and tract infections. This can also be caused by the blockages and tumors found in the colon which pushes it up through the bladder.

If the normal reflexes are lost, the motion of emptying the bladder could be impaired. This can be experienced by those who are experiencing problems with the nerves that lead through the bladder. Also from the damages due to the tumors and spinal cord that presses on the nerves. The loss of the normal voiding reflex can be affected.

The most frequent situation in older adults is unrestrained contractions of the bladder that build up without other serious fundamental illness or cause.

It is important to understand the causes of incontinence so that you can identify them and try to avoid them. Incontinence may be quite difficult to cure so the proper actions should be practiced. Since women are more prone to incontinence, they should be especially watchful for the first signs of incontinence.

Kathryn Whittaker has an interest in Health related topics. To find out how you can get more information please visit this Incontinence

<http://www.understandingincontinenceguide.com>

related site.



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